

BREAKFAST
7:30am – 9:00am

LUNCH
11:30am – 1:00pm

DINNER
4:30pm – 6:00pm



Gaby Chavez
Dining Services Director

July 9th – July 15th
2018

Breakfast

Lunch

Dinner

MONDAY, July 9th

<p>Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice Coffee Cake</p>	<p>Swedish Meatballs – ground beef meatballs in a white sauce served over egg noodles with a vegetable</p> <p>BBQ Pork Patty – BBQ pork rib patty served on sesame seed bun with baked beans and coleslaw</p> <p>Dessert – Random Frozen Desserts</p>	<p>Chicken stuffed with Broccoli- Breaded chicken stuffed with broccoli and cheese served with roasted potatoes and a vegetable</p> <p>Poached Cod – Poached cod with parsley sauce served with roasted potatoes and vegetable</p> <p>Dessert - Hawaiian Cheesecake Fluff</p>
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TUESDAY, July 10th

<p>Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice Muffin</p>	<p>Chicken Breast – Simply seasoned chicken breast served with a twice baked potato and a vegetable</p> <p>Italian Sub – Salami, pepperoni, ham, and cheese served on a toasty hoagie bun served with cucumber salad</p> <p>Dessert – Cherry Strudel with Icing</p>	<p>Runza – Ground beef, onion and cabbage with Swiss cheese inside of a puff pastry served with tater tots and fresh vegetables</p> <p>Breakfast Sandwich – Sausage patty topped with egg and cheese served on a croissant with tater tots and fresh fruit</p> <p>Dessert – Jell-O Poke Cake</p>
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WEDNESDAY, July 11th

<p>Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice French Toast Casserole</p>	<p>Lasagna – layers of red sauce, ground beef, pasta & cheese baked then served with a Caesar salad & bread stick</p> <p>Lemon Garlic Chicken – Chicken thighs seared and marinated in a lemon garlic sauce served with roasted potatoes and a vegetable</p> <p>Dessert – Oreo Cream Pie</p>	<p>Ham Sandwich – Ham & Swiss on bread served with broccoli salad & chips</p> <p>Ranch Crusted Tilapia – Tilapia coated with bread crumbs and ranch baked and served with au gratin potatoes and a vegetable</p> <p>Dessert - Cookies</p>
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Kitchen Ext. 508

Breakfast

Lunch

Dinner

THURSDAY, July 12th

Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice Sour Cream Donuts	Tomato Basil Salmon – Salmon filet topped with parmesan cheese, tomato and basil served with asparagus and wild rice Chicago Dog – beef frank, yellow mustard, chopped onions, sweet pickle relish, dill pickle spear, tomato slices, pickled sport peppers and a dash of celery salt with fries Dessert – Caramel bread pudding	Chicken Parmesan – parmesan breaded chicken breast, topped with mozzarella cheese, marinara & served with pasta & a vegetable Roast Beef Sandwich – served with sliced tomato and onion rings Dessert – Brownie
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FRIDAY, July 13th

Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice Raisin Toast	Shrimp Scampi – Sautéed shrimp in a butter garlic sauce over the top of angel hair pasta with a vegetable Patty Melt – Beef patty on toasted rye bread with caramelized onions and Swiss cheese served with potato wedges Dessert – Ice Cream Bar / cups	Ceska Buchta – Shredded pork, sauerkraut, and cheese on a hoagie bun served with tomato slices Chicken Pesto Bake – Seared Chicken Breasts topped with at pesto spread, tomatoes and mozzarella cheese served with a vegetable blend and baked potato Dessert – Tapioca Pudding
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SATURDAY, July 14th

Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice Pancakes	Beef Florentine – Ground beef, egg noodles, spinach, sauce and cheese mixed together and baked served with a vegetable Ham & Scallop Potato – ham, sliced potato baked with white cheese sauce & served with a vegetable Dessert – Apple Crisp	BBQ Pork Sliders – Shredded BBQ Pork on a slider bun served with potato salad and three bean salad Open Faced Turkey Reuben – Turkey piled on rye with sauerkraut, 1000 island dressing & Swiss cheese served with apple slices Dessert – Sherbet
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SUNDAY, July 15th

Eggs to Order Hot Cereal/Cold Cereal Bacon or Sausage Toast, English Muffins Choice of Fruit & Juice Cinnamon Roll	Roast Beef – served with mashed potatoes, gravy green bean casserole & roll Oven Fried Chicken – served with mashed potatoes, gravy, & green bean casserole Dessert – Coconut Cream Pie	Corn Dogs – served with macaroni salad and fresh vegetables Chef's Salad – ham, egg, tomato, cucumber, cheese, & bacon served over mixed greens with a bread stick Dessert – Chocolate Cake
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Thank you for dining with us!