



The Meadows

Jul 1 Sour Cream Carrot Salad Bacon Meatloaf Butter Crumb Chicken <i>or</i> O'Brien Potatoes Spinach Polonaise Baked Roll Lemon Meringue Pie	2 Pineapple Cucumber Salad Bourbon Chicken Seasoned Parmesan Haddock <i>or</i> Seasoned Mushroom Rice California Normandy Blend Baked Roll Homemade Cherry Cobbler	3 Classic Waldorf Salad Crispy Pork Chops Slow Roasted Turkey <i>or</i> Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	4 Carrot Celery Cucumber Salad Hamburger Steak/Onions Baked Ham/Peach Sauce <i>or</i> Baked Potato Mixed Vegetables Baked Roll Pineapple Pie	5 Green Salad Grilled Chicken Garlic-Herb Pork Roast <i>or</i> Parmesan Pasta Caribbean Blend Baked Roll Blueberry Cream Angel Dessert	6 Juicy Fruit Salad Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake	7 Jello Salad Beef Tips Au Jus Turkey Fricassee <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
8 Caesar Spinach Salad Honey Glazed Ham Grilled Tri Tip <i>or</i> Fresh Cooked Yams Chef's Steamed Vegetable Baked Roll Wafer Banana Dessert	9 Feta Garbanzo Bean Salad Oven Fried Chicken Grilled Marinated Shrimp <i>or</i> Lemon Rice Garlic Spinach	10 Summer Sun Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans Baked Roll Chocolate Marshmallow Cake	11 Zesty Cucumber Salad Roasted Rosemary Pork Grilled Chicken Legs <i>or</i> Savory Rice Peas and Pearl Onions Baked Roll Mixed Berry Crisp	12 Orange Grapefruit Salad Salisbury Steak/Gravy Grilled Chicken/Cucumber Melon Sauce <i>or</i> Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	13 Green Salad Grilled Sole Fillet Bacon Wrapped Pork Tenderloin <i>or</i> Garlic Herb Mashed Potatoes Sweet Slaw Baked Roll Frozen Caramel Square	14 Caesar Salad Cuban Marinated Steak Chicken Enchilada <i>or</i> Cornbread Dressing Corn Baked Roll Fruit Cobbler
15 Five Fruit Salad Pot Roast of Beef Lemon Pepper Salmon <i>or</i> Red Skin Mash Oven Roasted Broccoli Baked Roll Fresh Coconut Cream Pie	16 Mixed Vegetable Salad BBQ Chicken Leg Veal Piccata <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans/Bacon Fresh Biscuit Peach Crisp	17 Green Salad Roasted Pork Beef Tips <i>or</i> Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	18 Caesar Salad Petite Sirloin/Peppercorn Turkey Cutlets/Pan Gravy <i>or</i> Bread Stuffing Mixed Vegetables Baked Roll Marble Cake	19 Vegetable Medley Salad Rosemary Lemon Pork Chop Melt In Your Mouth Chicken <i>or</i> Cream and Cheese Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Blueberry-Lemon Parfait	20 Sunny Fruit Salad Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	21 Avocado Salad Brown Sugar Meatloaf Turkey Cutlet/Cheese Sauce <i>or</i> Mashed Potato Casserole Green Beans Baked Roll Cherry Crisp
22 Fruit Compote Sour Cream Chicken Prime Rib Roast/Horseradish <i>or</i> Tomato Cilantro Rice Corn Baked Roll Strawberry Pie	23 Wilted Spinach Salad BBQ Pork Steak Rosemary Roasted Chicken Thighs <i>or</i> Twice Baked Potato Steamed Broccoli Baked Roll Carrot Cake	24 Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Green Beans Italian Mozzarella Garlic Bread Snickerdoodle Brownie	25 Four Bean Salad Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Cranberry Sage Dressing Baked Seasoned Squash Baked Roll Pear Cobbler	26 Peach Spring Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Mandarin Orange Chiffon Pie	27 Coleslaw Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parsley Rice Glazed Baby Carrots Baked Roll Honey Bun Cake	28 Caesar Spinach Salad Lemon Grilled Chicken Sweet Corned Beef <i>or</i> Herb Roasted Red Potatoes Boiled Cabbage Banana Cream Pudding

29 Coleslaw Marinated Pork Roast Roast Beef au Jus <i>or</i> Parmesan Pasta Okra and Tomatoes Baked Roll Pecan Pie	30 Tomatoes/Cottage Cheese Country Fried Steak/Gravy Turkey Roast/Zesty Rub <i>or</i> Fresh Mashed Potatoes Sauteed Mushrooms Chocolate Sour Cream Cake	31 Green Salad Chicken/Pineapple Mango Salsa Kielbasa/Peppers <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler	Aug 1	2	3	4
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