



Heatherwood Retirement Community

Jul 1	2	3	4	5	6	7
Salad Bar Beef Stroganoff Roasted Cabbage Chef's Steamed Vegetable <i>and</i> Baked Roll Buttermilk Pie	Salad Bar Chicken/Pineapple Mango Salsa Steamed Red Potatoes Sautéed Zucchini Chef's Steamed Vegetable <i>and</i> Baked Roll Homemade Chocolate Cake	Classic Waldorf Salad BBQ Pork Patty Baked Yams Sautéed Spinach Chef's Steamed Vegetable <i>and</i> Baked Roll Raspberry Crumb Bars	American Hamburgers Potato Salad Carrot Celery Cucumber Salad Baked Lima Beans <i>and</i> Baked Roll Apple Pie Snickerdoodle Bar	Salad Bar Classic Lasagna Broccoli Chef's Steamed Vegetable <i>and</i> Crusty Garlic Bread Assorted Desserts	Apple Broccoli Salad Cajun Catfish Beans, Corn and Rice Roasted Squash Chef's Steamed Vegetable <i>and</i> Baked Roll Cheesecake	Salad Bar Ham Sandwich Cucumber Fruit Salad Chef's Steamed Vegetable <i>and</i> Baked Roll Chocolate Chip Cookie
8	9	10	11	12	13	14
Feta Garbanzo Bean Salad Honey Glazed Ham Cheesy Scalloped Potatoes Cauliflower Broccoli Salad Chef's Steamed Vegetable <i>and</i> Baked Roll Brownies	Salad Bar Oven Fried Chicken Penne Pasta Salad Garlic Spinach Chef's Steamed Vegetable <i>and</i> Fresh Biscuits Oreo Cheesecake	Summer Sun Salad Baked Meatballs/Gravy Parsley Egg Noodles Sweet Sour Beets Chef's Steamed Vegetable <i>and</i> Baked Roll Cream Puffs	Salad Bar Lime Tarragon Turkey Cutlet Boiled Red Potatoes Green Beans with Fresh Tomatoes Chef's Steamed Vegetable <i>and</i> Baked Roll Homemade Carrot Cake	Cucumber Fruit Salad Salisbury Steak/Gravy Fresh Mashed Potatoes/Gravy Roasted Carrots Chef's Steamed Vegetable <i>and</i> Baked Roll Assorted Desserts	Salad Bar Cod/Garlic Herb Sauce Onion Rings Coleslaw Chef's Steamed Vegetable <i>and</i> Baked Roll Bread Pudding/Vanilla Sauce	Carrot Raisin Salad Cuban Marinated Steak Tomato Cilantro Rice Peas Chef's Steamed Vegetable <i>and</i> Baked Roll Fresh Peach Cobbler
15	16	17	18	19	20	21
Fresh Fruit Salad Pot Roast of Beef Fresh Mashed Potatoes Broccoli Chef's Steamed Vegetable <i>and</i> Baked Roll Apple Nut Squares	Salad Bar BBQ Chicken Leg Beans, Corn and Rice Green Beans/Bacon Chef's Steamed Vegetable <i>and</i> Baked Roll Raspberry/Blueberry Crisp	Cabbage Waldorf Salad Sweet Pear Pork Chop Baked Yams Creamed Cheese Spinach Chef's Steamed Vegetable <i>and</i> Baked Roll Chocolate Peanut Butter Pie	Salad Bar Classic French Dip Sandwich Sweet Potato Fries Apple Coleslaw Chef's Steamed Vegetable <i>and</i> Baked Roll Sweet Lemon Tart	Vegetable Medley Salad Melt In Your Mouth Chicken Cream and Cheese Potatoes Corn on the Cob Chef's Steamed Vegetable <i>and</i> Baked Roll Assorted Desserts	Beet Salad Seafood Newburg Delicious Rice Fresh Cooked Carrots Chef's Steamed Vegetable <i>and</i> Baked Roll Citrus Cake	Avocado Salad Meatloaf Baked Potato Fresh Green Beans Chef's Steamed Vegetable <i>and</i> Baked Roll Banana Chocolate Split Dessert
22	23	24	25	26	27	28
24-Hour Fruit Salad Country Fried Steak/Gravy Baked Potato Sautéed Summer Squash Chef's Steamed Vegetable <i>and</i> Baked Roll Apple Pie Snickerdoodle Bar	Wilted Spinach Salad Honey Roasted Chicken Thigh Cranberry Sage Dressing Steamed Broccoli Chef's Steamed Vegetable <i>and</i> Baked Roll Orange Cream Squares	Salad Bar Spaghetti/Marinara Meat Sauce Green Bean Blend Italian Chef's Steamed Vegetable <i>and</i> Crusty Garlic Bread Brownies	Fresh Fruit Salad Sweet and Sour Pork Jasmine Rice Zesty Veggie Stir Fry Chef's Steamed Vegetable <i>and</i> Baked Roll Pear Cobbler	Salad Bar Italian Sub Sandwich Penne Pasta Salad Marinated Tomatoes Chef's Steamed Vegetable <i>and</i> Baked Roll Assorted Desserts	Coleslaw Baked Haddock/Dill Sauce Potato Wedges Broccoli Chef's Steamed Vegetable <i>and</i> Baked Roll Assorted Cookies	Salad Bar Beef and Dumplings Fresh Mashed Potatoes/Gravy Fresh Cooked Carrots Chef's Steamed Vegetable <i>and</i> Baked Roll Boston Cream Pie
29	30	31	Aug 1	2	3	4
Sour Cream Cucumber Salad Smothered Pork Chop Roasted Yams Chef's Steamed Vegetable Fresh Green Beans <i>and</i> Baked Roll Best Pecan Bar	Salad Bar Mediterranean Turkey Casserole Roasted Cauliflower Chef's Steamed Vegetable <i>and</i> Baked Roll Ice Cream Sandwich	Black-Eyed Pea Salad Meatloaf Baked Macaroni Cheese Corn on the Cob Chef's Steamed Vegetable <i>and</i> Baked Roll Strawberry Pie				