



Sage Desert Senior Living

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| Jul 1 Sour Cream Carrot Salad Bacon Meatloaf Leg of Lamb <i>or</i> O'Brien Potatoes Spinach Polonaise Baked Roll Lemon Meringue Pie | 2 Pineapple Cucumber Salad Bourbon Chicken Braised Pork <i>or</i> Seasoned Mushroom Rice California Normandy Blend Baked Roll Homemade Cherry Cobbler | 3 Classic Waldorf Salad Slow Roasted Turkey Asian Beef Lettuce Wraps <i>or</i> Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake | 4 Carrot Celery Cucumber Salad Hamburger Steak/Onions BBQ Beef Hot Dog <i>or</i> Baked Potato Mixed Vegetables Baked Roll Pineapple Cream Pie | 5 Green Salad Grilled Chicken Garlic-Herb Pork Roast <i>or</i> Cheesy Potato Rounds Caribbean Blend Baked Roll Blueberry Cream Angel Dessert | 6 Juicy Fruit Salad Tilapia/Savory Herb Butter Grilled Steak Salad Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake | 7 Jello Salad Beef Tips Au Jus Marinated Turkey Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake |
| 8 Caesar Spinach Salad Honey Glazed Ham Grilled Tri Tip <i>or</i> Fresh Cooked Yams Seasoned Cabbage Baked Roll Apple Pie Ala Mode | 9 Feta Garbanzo Bean Salad Oven Fried Chicken Grilled Marinated Shrimp <i>or</i> Lemon Rice Garlic Spinach Fresh Biscuits Oreo Cheesecake | 10 Summer Sun Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake | 11 Zesty Cucumber Salad Roasted Rosemary Pork Roasted Rack of Lamb <i>or</i> Savory Rice Sweet Sour Beets Baked Roll Mixed Berry Crisp | 12 Orange Grapefruit Salad Salisbury Steak/Gravy Grilled Chicken/Cucumber Melon Sauce <i>or</i> Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding | 13 Green Salad Grilled Sole Fillet Baby Back Pork Ribs Brown Rice Sweet Slaw Baked Roll Frozen Caramel Square | 14 Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Cuban Marinated Steak Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen |
| 15 Five Fruit Salad Pot Roast of Beef Lemon Pepper Salmon <i>or</i> Red Skin Mash Oven Roasted Broccoli Fresh Coconut Cream Pie | 16 Mixed Vegetable Salad BBQ Chicken Leg Eggplant Parmesan <i>or</i> Beans, Corn and Rice Green Beans/Bacon Peach Crisp | 17 Green Salad Sweet Pear Pork Chop Baked Fish/Basil Cream Sauce <i>or</i> Smashed Sweet Potatoes Spinach with Almonds Banana Sheet Cake | 18 Caesar Salad Petite Sirloin/Peppercorn Turkey Cutlets/Pan Gravy <i>or</i> Baked Potato Mixed Vegetables Marble Cake | 19 Vegetable Medley Salad Melt In Your Mouth Chicken Pork/Apricot Glaze <i>or</i> Cream and Cheese Potatoes Corn on the Cob Apricot Cobbler | 20 Sunny Fruit Salad Tropical Tilapia Ham/Pineapple Sauce Delicious Rice Chef's Steamed Vegetable Citrus Cake | 21 Avocado Salad Brown Sugar Meatloaf Turkey Cutlet/Cheese Sauce Mashed Potato Casserole Green Beans Cherry Crisp |
| 22 Vegetable Rice Soup Chicken and Corn Soup <i>or</i> Sweet Pineapple Chicken M'Potatoes/Chix Gravy Corn Baked Roll Strawberry Pie | 23 Tomato Florentine Soup Dill Cucumbers BBQ Pork Steak Quiche Florentine <i>or</i> Twice Baked Potato Steamed Broccoli Baked Roll Homemade Carrot Cake | 24 Beef Bacon Chowder Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Green Beans Italian Mozzarella Garlic Bread Snickerdoodle Brownie | 25 Italian Sausage Soup Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Cranberry Sage Dressing Baked Seasoned Squash Baked Roll Pear Cobbler | 26 Taco Soup Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Peanut Butter Cake | 27 Potato Mushroom Soup Teriyaki Meatballs Shrimp and Grits Parsley Rice Glazed Baby Carrots Baked Roll Honey Bun Cake | 28 Cucumber Corn Salad Navy Bean Soup Lemon Grilled Chicken Baked Beef Brisket Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding |
| 29 Coleslaw Marinated Pork Roast Roast Beef au Jus <i>or</i> Roasted Yams Mixed Vegetables Baked Roll Pecan Pie | 30 Layered Fruit Salad Country Fried Steak/Gravy Turkey Roast/Zesty Rub <i>or</i> Fresh Mashed Potatoes Roasted Cauliflower Baked Roll Chocolate Sour Cream Cake | 31 Green Salad Chicken/Pineapple Mango Salsa Kielbasa/Peppers <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler | Aug 1 | 2 | 3 | 4 |