



Jul 1	2	3	4	5	6	7
Green Salad Tarragon Chicken Seasoned Meatloaf <i>or</i> O'Brien Potatoes Chef's Steamed Vegetable Baked Roll Poppy Seed Cake	Green Salad Dijon Honey Roasted Chicken Lemon Parsley Catfish <i>or</i> Seasoned Mushroom Rice Sauteed Zucchini Baked Roll Chef's Dessert	Green Salad Crispy Pork Chops Slow Roasted Turkey Breast <i>or</i> Baked Yams Stewed Tomatoes Baked Roll Rainbow Cake	Green Salad BBQ Chicken Breast Baked Ham/Peach Sauce <i>or</i> Baked Potato Mixed Vegetables Baked Roll American Apple Pie	Green Salad Coconut Curry Chicken Garlic-Herb Pork Roast <i>or</i> Lemon Pasta Caribbean Blend Baked Roll Pear Crisp	Green Salad Tilapia/Savory Herb Butter Pepper Smothered Steak <i>or</i> Garlic Mashed Potatoes Roasted Squash Baked Roll Lemon Cream Cake	Green Salad Ground Beef Stroganoff Marinated Turkey <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake
8	9	10	11	12	13	14
Green Salad Honey Glazed Ham Baked Beef Vegetable Stew <i>or</i> Best Noodles Chef's Steamed Vegetable Baked Roll Angel Food Cake	Green Salad Baked Tilapia/Dill Sauce Chicken/Citrus Sage Sauce <i>or</i> Lemon Rice Mixed Vegetables Baked Roll Banana Sheet Cake	Green Salad Baked Meatballs/Gravy Turkey Cutlet/Tarragon Sauce <i>or</i> Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Chocolate Marshmallow Cake	Green Salad Roasted Rosemary Pork Grilled Chicken Legs <i>or</i> Savory Rice Peas and Pearl Onions Baked Roll Sweet Potato Pie	Green Salad Salisbury Steak/Gravy Bruschetta Chicken Bake <i>or</i> Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Green Salad Tilapia Florentine Beef Brisket/Vegetables <i>or</i> Brown Rice Lemon Buttered Broccoli Baked Roll Homemade Carrot Cake	Pickle Relish Plate Turkey Breast/Lemon Thyme Sauce Apricot Brown Sugar Ham <i>or</i> Cornbread Dressing Cream Peas Baked Roll Apple Cake Kuchen
15	16	17	18	19	20	21
Five Fruit Salad Pot Roast of Beef Parmesan Cod Fillets <i>or</i> Red Skin Mash Winter Squash Baked Roll Fresh Coconut Cream Pie	Green Salad BBQ Chicken Leg Roasted Rack of Lamb <i>or</i> Beans, Corn and Rice Green Beans/Bacon Fresh Biscuits Peach Crisp	Green Salad Sweet Pear Pork Chop Pepper Steak <i>or</i> Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	Green Salad Classic Lasagna Turkey Cutlets/Pan Gravy <i>or</i> Mushroom Rice Mixed Vegetables Baked Roll Marble Cake	Green Salad Melt In Your Mouth Chicken Pork/Apricot Glaze <i>or</i> Cream and Cheese Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Blueberry-Lemon Parfait	Green Salad Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Green Salad Brown Sugar Meatloaf Turkey Cutlet/Cheese Sauce <i>or</i> Mashed Potato Casserole Green Beans Baked Roll Homemade Carrot Cake
22	23	24	25	26	27	28
Greek Salad Sour Cream Chicken Prime Rib Roast/Horseradish <i>or</i> M'Potatoes/Chix Gravy Corn Baked Roll Strawberry Pie	Wilted Spinach Salad BBQ Pork Steak Quiche Florentine <i>or</i> Twice Baked Potato Steamed Broccoli Baked Roll Homemade Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Green Beans Italian Mozzarella Garlic Bread Snickerdoodle Brownie	Four Bean Salad Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Cranberry Sage Dressing Baked Seasoned Squash Baked Roll Pear Cobbler	Peach Spring Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Peanut Butter Cake	Coleslaw Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parsley Rice Baked Baby Carrots Baked Roll Frozen Sherbet Dessert	Cucumber Corn Salad Lemon Grilled Chicken Sweet Corned Beef <i>or</i> Herb Roasted Red Potatoes Boiled Cabbage Baked Roll Banana Cream Pudding
29	30	31	Aug 1	2	3	4
Green Salad Marinated Pork Roast Herbed Beef Burgundy/Noodles <i>or</i> Roasted Yams Mixed Vegetables Baked Roll Chef's Dessert	Green Salad Meatloaf Turkey Roast/Zesty Rub <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Chocolate Sour Cream Cake	Green Salad Chicken/Pineapple Mango Salsa Penne Pasta and Sausage <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler				