



St Augustine Plantation Assisted Living and
Memory Care

Jul 1	2	3	4	5	6	7
Soup Du Jour Green Salad <i>and</i> Beef Cabbage Rolls Seasoned Fried Chicken <i>or</i> Baked Macaroni Cheese <i>or</i> Caramelized Turnips Fresh Cornbread Lemon Meringue Pie	Soup Du Jour Green Salad Smothered Chicken Breasts Baked Beef Vegetable Stew Seasoned Black-Eyed Peas Jasmine Rice California Normandy Blend Baked Roll	Soup Du Jour Green Salad Crispy Pork Chops Slow Roasted Turkey Breast Baked Yams Stewed Tomatoes Baked Roll Chocolate Eclairs	Soup Du Jour Green Salad BBQ Pork Ribs BBQ Chicken Leg Potato Salad Baked Beans Creamy Coleslaw Baked Roll Watermelon	Soup Du Jour Green Salad Fresh Chicken Pot Pie Crispy Pork Chops Parsley Rice Caribbean Blend Baked Roll German Chocolate Cake	Soup Du Jour Green Salad Tilapia/Savory Herb Butter Pepper Smothered Steak Seasoned Brown Rice Green Beans Baked Roll Soft Oatmeal Raisin Cookie	Soup Du Jour Green Salad Beef Rigatoni Bake Herb Roasted Turkey with Gravy <i>or</i> Bread Stuffing Brussels Sprouts Crusty Garlic Bread Boston Cream Pie
8	9	10	11	12	13	14
Soup Du Jour Green Salad <i>and</i> Honey Glazed Ham Perfect Fried Chicken <i>or</i> Lyonnais Potatoes Seasoned Cabbage Baked Roll Apple Pie Ala Mode	Soup Du Jour Green Salad Chicken Rice Pilaf Casserole Grilled Marinated Shrimp Ranch Mashed Potatoes Mixed Vegetables Fresh Biscuits Chocolate Chip Cookie	Soup Du Jour Green Salad Baked Meatballs/Gravy Turkey Florentine Pasta Parsley Egg Noodles Bacon Sauteed Lima Beans Baked Roll German Chocolate Cake	Soup Du Jour Green Salad Grilled Chicken Legs Classic Stuffed Bell Pepper Savory Rice Sauteed Zucchini Baked Roll Red Velvet Cake	Soup Du Jour Green Salad Salisbury Steak/Gravy Chicken Parmesan Red Potatoes Garlic Pasta Roasted Carrots Baked Roll Southern Style Bread Pudding	Soup Du Jour Green Salad Cornmeal Breaded Catfish BBQ Saint Louis Beef Ribs Baked Beans Sweet Slaw Baked Roll Chocolate Ice Cream Cup	Soup Du Jour Green Salad Deluxe Hamburger Pork and Sausage Jambalaya <i>or</i> Potato Salad Delicious Rice Cream Peas Baked Roll Fruit Cobbler
15	16	17	18	19	20	21
Soup Du Jour Green Salad <i>and</i> Pot Roast of Beef Southern Fried Chicken <i>or</i> Red Skin Mash Oven Roasted Broccoli Baked Roll Fresh Coconut Cream Pie	Soup Du Jour Green Salad BBQ Chicken Leg Veal Piccata Beans, Corn and Rice Green Beans/Bacon Fresh Biscuits Butterscotch Fruit Pudding	Soup Du Jour Green Salad Roasted Pork Pepper Steak Smashed Sweet Potatoes Oven Brown Rice Spinach with Almonds Baked Roll Brownies	Soup Du Jour Green Salad Classic Lasagna Turkey Cutlets/Pan Gravy Bread Stuffing Oven Roasted Cauliflower Baked Roll Mandarin Oranges	Soup Du Jour Green Salad Skillet Chicken Strips Beef Chili Cream and Cheese Potatoes Corn on the Cob Fresh Cornbread Berry Cobbler	Soup Du Jour Green Salad Tropical Tilapia Ham/Pineapple Sauce Delicious Rice Chef's Steamed Vegetable Baked Roll Peaches	Soup Du Jour Green Salad Brown Sugar Meatloaf Seasoned Chicken Wings <i>or</i> Cheesy Rice Green Beans Baked Roll Cake Chocolates
22	23	24	25	26	27	28
Soup Du Jour Green Salad <i>and</i> Prime Rib Roast/Horseradish Seasoned Fried Chicken <i>or</i> Fresh Mashed Potatoes Corn Collard Greens <i>or</i> Fresh Cornbread Strawberry Pie	Soup Du Jour Green Salad Four Cheese Ziti Chicken Thigh Bake Cheesy Broccoli Brown Rice Steamed Broccoli Baked Roll Red Velvet Cake	Soup Du Jour Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce Creamy Cheese Grits Assorted Fruit Green Beans Italian Baked Roll Pound Cake	Soup Du Jour Green Salad Homestyle Turkey/Gravy Breaded Veal Patty Smashed Sweet Potatoes Baked Seasoned Squash Baked Roll Apple Cobbler	Soup Du Jour Green Salad Ranch Chicken Homestyle Salisbury Steak Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Soft Brown Sugar Cookie	Soup Du Jour Green Salad Teriyaki Meatballs Cod/Tomato Cream Sauce Parsley Rice Glazed Baby Carrots Baked Roll Chocolate Peanut Butter Pie	Soup Du Jour Green Salad Chicken Alfredo Pasta Veal Parmesan <i>or</i> Savory Rice Grilled Asparagus Baked Roll Banana Cream Pudding

29	30	31	Aug 1	2	3	4
Soup Du Jour Green Salad <i>and</i> Roast Beef au Jus Seasoned Fried Chicken <i>or</i> Rice/Gravy Okra and Tomatoes Baked Roll Pecan Pie	Soup Du Jour Green Salad Country Fried Steak/Gravy Beef Brisket Fresh Mashed Potatoes Sauteed Mushrooms Boiled Cabbage Fresh Cornbread Cinnamon Bread Pudding	Soup Du Jour Green Salad Chicken/Pineapple Mango Salsa Kielbasa/Peppers Rice Pilaf Corn O'Brien Baked Roll Apple Cobbler				