


July 2018 Memory Support

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|---|--|--|---|--|--|
| 9:30 PE Chair Exercise 1 11:00 SS Hymns & Songs 2:30 Brain Games 3:30 Sunday Bingo & Cards 4:00 Sunday Afternoon at the Movies (with popcorn) | 9:30 PE Chair Exercise 2 10:00 Brain Games 10:30 LL Baking with Theresa 2:00 CC Sing-a-Long with AL! 3:00 CE Taste & Tell 4:00 Table Games | 9:30 PE Chair Exercise 3 10:00 Brain Games 10:30 Table Games 1:00 PE Hand Massage 2:00 Sing-a-Long! 3:00 Snack Time 3:30 Aromatherapy | Independence Day 4 9:30 PE Chair Exercise 10:00 Brain Games 10:30 Nail Care 12:00 July 4th Family BBQ 2:00 Sing-a-Long! 3:00 Remember When? 4:00 Tabletop Bowling | 9:30 PE Chair Exercise 5 10:00 Brain Games 11:00 Picnic on the Patio (includes lunch) 1:30 AE Art 2:00 Sing-a-Long! 3:00 PE Hand Massage 4:00 Dancing with Margo! | 9:30 PE Chair Exercise 6 10:00 Brain Games 10:30 LL Baking with Theresa 11:30 Puzzle Time 2:00 Sing-a-Long! 3:00 LL Happy Hour 4:00 Story Time 5:00 SS Shabbat Service | 9:30 PE Chair Exercise 7 10:00 Brain Games 10:30 Bingo 2:00 Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 Name That Tune | |
| 9:30 PE Chair Exercise 8 10:00 Brain Games 11:00 SS Hymns & Songs 2:30 Brain Games 3:30 Sunday Bingo & Cards 4:00 Sunday Afternoon at the Movies (with popcorn) | 9:30 PE Chair Exercise 9 10:00 Brain Games 10:30 LL Baking with Theresa 2:00 CC Sing-a-Long with AL! 3:00 CE Taste & Tell 4:00 Table Games | 9:30 PE Chair Exercise 10 10:00 Brain Games 10:30 Table Games 1:00 PE Hand Massage 2:00 Sing-a-Long! 3:00 Snack Time 3:30 Aromatherapy | 9:30 PE Chair Exercise 11 10:00 Brain Games 10:30 Nail Care 2:00 Sing-a-Long! 3:00 Remember When? 4:00 Tabletop Bowling | 9:30 PE Chair Exercise 12 10:00 Brain Games 11:00 Picnic on the Patio (includes lunch) 1:30 AE Art 2:00 Sing-a-Long! 3:00 PE Hand Massage 4:00 Dancing with Margo! | 9:30 PE Chair Exercise 13 10:00 Brain Games 10:30 LL Baking with Theresa 11:30 Puzzle Time 2:00 Sing-a-Long! 3:00 LL Happy Hour 4:00 Story Time 5:00 SS Shabbat Service | 9:30 PE Chair Exercise 14 10:00 Brain Games 10:30 Bingo 2:00 Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 Name That Tune | |
| 9:30 PE Chair Exercise 15 10:00 Brain Games 11:00 SS Hymns & Songs 2:30 Brain Games 3:30 Sunday Bingo & Cards 4:00 Sunday Afternoon at the Movies (with popcorn) | 9:30 PE Chair Exercise 16 10:00 Brain Games 10:30 LL Baking with Theresa 2:00 CC Sing-a-Long with AL! 3:00 CE Taste & Tell 4:00 Table Games | 9:30 PE Chair Exercise 17 10:00 Brain Games 10:30 Table Games 1:00 PE Hand Massage 2:00 Sing-a-Long! 3:00 Snack Time 3:30 Aromatherapy | 9:30 PE Chair Exercise 18 10:00 Brain Games 10:30 Nail Care 2:00 Sing-a-Long! 3:00 Remember When? 4:00 Tabletop Bowling | 9:30 PE Chair Exercise 19 10:00 Brain Games 11:00 Picnic on the Patio (includes lunch) 1:30 AE Art 2:00 Sing-a-Long! 3:00 PE Hand Massage 4:00 Dancing with Margo! | 9:30 PE Chair Exercise 20 10:00 Brain Games 10:30 LL Baking with Theresa 11:30 Puzzle Time 2:00 Sing-a-Long! 3:00 LL Happy Hour 4:00 Story Time 5:00 SS Shabbat Service | 9:30 PE Chair Exercise 21 10:00 Brain Games 10:30 Bingo 2:00 Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 Name That Tune | |
| 9:30 PE Chair Exercise 22 10:00 Brain Games 11:00 SS Hymns & Songs 2:30 Brain Games 3:30 Sunday Bingo & Cards 4:00 Sunday Afternoon at the Movies (with popcorn) | 9:30 PE Chair Exercise 23 10:00 Brain Games 10:30 LL Baking with Theresa 2:00 CC Sing-a-Long with AL! 3:00 CE Taste & Tell 4:00 Table Games | 9:30 PE Chair Exercise 24 10:00 Brain Games 10:30 Table Games 1:00 PE Hand Massage 2:00 Sing-a-Long! 3:00 Snack Time 3:30 Aromatherapy | 9:30 PE Chair Exercise 25 10:00 Brain Games 10:30 Nail Care 2:00 Sing-a-Long! 3:00 Remember When? 4:00 Tabletop Bowling | 9:30 PE Chair Exercise 26 10:00 Brain Games 11:00 Picnic on the Patio (includes lunch) 1:30 AE Art 2:00 Sing-a-Long! 3:00 PE Hand Massage 4:00 Dancing with Margo! | 9:30 PE Chair Exercise 27 10:00 Brain Games 10:30 LL Baking with Theresa 11:30 Puzzle Time 2:00 Sing-a-Long! 3:00 LL Happy Hour 4:00 Story Time 5:00 SS Shabbat Service | 9:30 PE Chair Exercise 28 10:00 Brain Games 10:30 Bingo 2:00 Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 Name That Tune | |
| 9:30 PE Chair Exercise 29 10:00 Brain Games 11:00 SS Hymns & Songs 2:30 Brain Games 3:30 Sunday Bingo & Cards 4:00 Sunday Afternoon at the Movies (with popcorn) | 9:30 PE Chair Exercise 30 10:00 Brain Games 10:30 LL Baking with Theresa 2:00 CC Sing-a-Long with AL! 3:00 CE Taste & Tell 4:00 Table Games | 9:30 PE Chair Exercise 31 10:00 Brain Games 10:30 Table Games 1:00 PE Hand Massage 2:00 Sing-a-Long! 3:00 Snack Time 3:30 Aromatherapy |  <p>Symphony Square Assisted Living & Memory Care</p> | | | 35 Old Lancaster Road Bala Cynwyd, PA 19004 610-660-6560 | |
| | | | AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support | | Healthy Snacks & Hydration offered throughout each day! | | |