


Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
8:45	MORNING NEWS <b>1</b>	8:45	MORNING MUSIC <b>2</b>	8:45	MORNING HUGS <b>3</b>	<b>Independence Day</b> <b>4</b>		8:45	MORNING SMILES <b>5</b>	8:45	MORNING MUSIC <b>6</b>	8:45	MORNING COMPLIMENTS <b>7</b>		
9:30	FIT HAPPENS	9:30	<b>PE</b> MOBILITY STRENGTHENING	9:30	TAP YOUR TOES	8:45	MORNING NEWS	9:30	STRETCH IT OUT!	9:30	ALIVE AND KICKEN	9:30	BUSTING OUR BONES		
10:00	<b>SS</b> COMMUNION SERVICES	10:00	<b>LL</b> HAIR CARE	10:00	MANICURE TIME	10:30	PATRIOTIC SONGS	10:00	RIDDLES AND JOKES	10:00	LAUGHTER BOX	10:30	COFFEE KLATCH		
1:00	RING TOSS	1:00	<b>AE</b> CREATIVE PLANTER	1:00	BOARD GAMES	11:40	<b>CC</b> 4TH OF JULY BBQ	1:00	CACTUS ROCKS	1:00	PUZZLETASTIC SCIENCE	1:00	WATERING THE PLANTS		
2:30	CARD CLUB	2:30	DUCK RACES	2:30	WHATS IN THE BAG	1:00	TOILET ROLL FIREWORKS	2:30	STAR PAINTING	2:30	EXPIREMENTS	2:30	<b>CE</b> NAME THOSE CAPITAL'S		
3:30	VIRTIUAL TRAVEL	3:00	HOT DOG TRIVIA	3:00	I LOVE LUCY	2:00	TASTE AND TELL	3:00	SING-A-LONG	3:00	WII GAMES	3:00	WATER PONG		
4:00	HYMN SINGING	4:00	I FORGOT DAY	4:00	PATIO BBALL	3:00	SOCK SORTING	4:00	BIRD FEEDERS	4:00	PIRATE TAILGATE	4:00	SEATED MEDITATION		
8:45	MORNING NEWS <b>8</b>	8:45	MORNING MUSIC <b>9</b>	8:45	MORNING HUGS <b>10</b>	8:45	MORNING NEWS <b>11</b>	8:45	MORNING SMILES <b>12</b>	8:45	MORNING MUSIC <b>13</b>	8:45	MORNING COMPLIMENTS <b>14</b>		
9:30	FIT HAPPENS	9:30	MOBILITY STRENGTHENING	9:30	<b>PE</b> TAP YOUR TOES	9:30	BEND AND STRETCH	9:30	STRETCH IT OUT!	9:30	ALIVE AND KICKEN	9:30	BUSTING OUR BONES		
10:00	<b>SS</b> COMMUNION SERVICES	10:00	SUGAR COOKIE FUN	10:00	MANICURE TIME	10:30	CORN SHUCKING	10:00	PASTA LIONS	10:30	STROLLING OUR MEMORIES	10:30	COFFEE KLATCH		
1:00	BALL TOSS	1:00	PARACHUTE	1:00	HOP SCOTCH	1:00	<b>AE</b> PRESSED FLOWERS	1:00	BUBBLE BLOWING	1:00	BINGO	1:00	<b>CE</b> MATH BEE		
2:30	HAWIAN SOCIAL	2:30	SPA TIME	2:30	<b>CC</b> FUN W/CARING	2:00	GETTING ACQUAINTED	2:00	JOY RIDE W/JOHN	2:00	BOWLING	2:00	WATER BALLOON TOSS		
3:00	BIRD WATCHING	3:00	WHERE DOES THAT GO	3:00	SEMENTIAL JOURNEYS	3:00	WHAT DOES NOT BELONG	3:00	STACK THOSE CUPS	3:00	MUSIC MEN	3:00	CHICKEN AND/OR EGG SAYINGS		
4:00	BIBLE STUDY	4:00	BULL'S EYE	4:00	PATIO VOLLEYBALL	4:00	ROLL A RAINBOW	4:00	LAUNDRY HELPERS	4:00	AMERICAS FUNNIEST VIDEOS	4:00	DRAW YOUR BEST SHARK		
8:45	MORNING NEWS <b>15</b>	8:45	MORNING MUSIC <b>16</b>	8:45	MORNING HUGS <b>17</b>	8:45	MORNING NEWS <b>18</b>	8:45	MORNING SMILES <b>19</b>	8:45	MORNING MUSIC <b>20</b>	8:45	MORNING COMPLIMENTS <b>21</b>		
9:30	FIT HAPPENS	9:30	MOBILITY STRENGTHENING	9:30	TAP YOUR TOES	9:30	<b>PE</b> BEND AND STRETCH	9:30	STRETCH IT OUT!	9:30	ALIVE AND KICKEN	9:30	BUSTING OUR BONES		
10:00	<b>SS</b> COMMUNION SERVICES	10:30	CLIPPING COUPONS	10:00	MANICURE TIME	10:30	WET PAPER PAINTS	10:00	MONTHLY INSPIRATION	10:30	FLOWER ARRANGING	10:30	COFFEE KLATCH		
1:00	BEAN BAG TOSS	1:00	SUN FLOWER CRAFT	1:00	SPELL AND TELL	1:00	CONNECT THE DOTS	1:00	<b>LL</b> MENS CLUB	1:00	FIRECRACKER ICE	1:00	<b>CE</b> FACT OR FICTION		
2:00	NATIONAL GUMMY WORM DAY	2:00	FISHING BOOTH	2:00	AFTERNOON VITALS	2:00	TASTE AND TELL W/ CORNDOGS	2:00	START AN HERB GARDEN	1:00	POPSICLES	2:00	DANCING TO POLKA		
3:00	AFTERNOON STROLL	3:00	AUCTION TIME	3:00	SCIENCE EXPIRMENTS	3:00	<b>CC</b> SNACKS W/BETHANY	3:00	SING-A-LONGS	2:00	TABLET FUN	3:00	PARACHUTE		
4:00	HYMN SINGING	4:00	HOT DOG HATS	4:00	OMNI VISITS	4:00	STORYTIME W/ LEMONADE	4:00	STRING ART	3:00	POKENO	4:00	ONE ON ONE		
4:00	HYMN SINGING	4:00	HOT DOG HATS	4:00	OMNI VISITS	4:00	STORYTIME W/ LEMONADE	4:00	STRING ART	4:00	<b>AE</b> EGG CARTON FLOWERS	4:00	ONE ON ONE		
8:45	MORNING NEWS <b>22</b>	8:45	MORNING MUSIC <b>23</b>	8:45	MORNING HUGS <b>24</b>	8:45	MORNING NEWS <b>25</b>	8:45	MORNING SMILES <b>26</b>	8:45	MORNING MUSIC <b>27</b>	8:45	MORNING COMPLIMENTS <b>28</b>		
9:30	FIT HAPPENS	9:30	MOBILITY STRENGTHENING	9:30	TAP YOUR TOES	9:30	BEND AND STRETCH	9:30	STRETCH IT OUT!	9:30	ALIVE AND KICKEN	9:30	BUSTING OUR BONES		
10:00	<b>SS</b> COMMUNION SERVICES	10:00	BREAD MAKING	10:00	MANICURE TIME	10:30	CHRISTMAS IN JULY	10:00	TOILET ROLL WINDSOCKS	10:30	COUNTING CARDS	10:30	COFFEE KLATCH		
1:00	DUCKY LAUNCH	1:00	DOMINOS	1:00	<b>LL</b> WOMENS CLUB	1:10	PIRATE TAILGATE	1:00	<b>CC</b> HOT DOGS WITH THE FAMILY	1:00	NUTS AND BOLTS	1:00	TABLE TENNIS		
2:00	BRAIN BUSTERS	2:00	POETIC TIME	2:00	<b>AE</b> PAINTING BIRD HOUSES	2:00	SHAKE LOOSE A MEMORY	2:00	JOY RIDE W/JOHN	2:00	HANGMAN	2:00	GIANT TIC TAC TOE		
3:00	FRUITLOOP TOSS	3:00	<b>CE</b> THE INVENTION GAME	3:00	TIEING A TIE	3:00	FIRESIDE CHAT	3:00	HAPPY HOUR	3:00	NAME THAT TUNE	3:00	WORD SCRAMBLE		
4:00	BIBLE STUDY	4:00	TABLE SETTING	4:00	PATIO GOLF	4:00	MATCHING OBJECTS	4:00	JEWELRY MAKING	4:00	DEB'S CHOICE	4:00	SOUNDS OF NATURE		
8:45	MORNING NEWS <b>29</b>	8:45	MORNING MUSIC <b>30</b>	8:45	MORNING HUGS <b>31</b>	 <b>Locust Grove</b> Personal Care & Memory Care 4043 Irene Street West Mifflin, PA 15122 412-461-7210						<b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support		Healthy Snacks & Hydration offered throughout each day!	
9:30	<b>PE</b> FIT HAPPENS	9:30	MOBILITY STRENGTHENING	9:30	TAP YOUR TOES										
10:00	<b>SS</b> COMMUNION SERVICES	10:30	SHELLING PEAS	10:00	<b>LL</b> MANICURE TIME										
1:00	SHUFFLE BOARD	1:00	<b>AE</b> MELTED CRAYON FUN	1:00	BURRIED TREASURE										
2:00	CROCKPOT LASAGNA	2:00	AROMA THERAPY	2:00	<b>CE</b> WHATS THAT SMELL										
3:00	NETFLIX AND CHILL	3:00	WE ARE KNOT TIEING	3:00	JULY BDAY CELEBRATION										
4:00	HYMN SINGING	5:50	EVENING MOVIE	4:00	PATIO KICKBALL										