

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|--|--|---|--|--|
| S-9a.m.-9:30a.m.- Gospel Music <b>1</b><br>P-10a.m.-10:30a.m.- Walk with Friends Group<br>S-1:30p.m.- 2:30p.m. Devotional Hour<br>S-3p.m.-4p.m.- Sunday Matinee<br>S-6p.m.-7p.m.- Church Visits Canada Day      | P-10a.m.-10:30a.m.- Sit & Be Fit <b>2</b><br>S-10:45a.m.-11:15a.m.-Piano with Ed<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>M-3p.m.-4p.m.- Puff & Polish<br>M-4p.m.-4:30p.m.- Hangman<br>S-6p.m.-7p.m.- Music, Snacks, & Movies                  | P-10a.m.-10:30a.m.- “What’s in The News” <b>3</b><br>S-11a.m.-11:30a.m.- Exercise<br>S-1:30p.m.-2:30p.m.- Bingo<br>S-2:30p.m.-3:30p.m.- Bible Discussion<br>P-3p.m.-4p.m. Firecracker Craft<br>M-6p.m.- 7p.m. Movie/Sorting/Crosswords                                 | C-10a.m.-11a.m. Pine Grove Church <b>4</b><br>P-11a.m.-11:30a.m.- Sit & Be Fit Fourth of July Lunch<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>S- 2:30p.m.-3:30p.m. Homemade Ice Cream/Sundaes<br>S-4p.m.-4:30p.m. - Independence Day Trivia<br>M-6p.m.-7p.m.- Crosswords with Lorena/Movie Independence Day                 | National Apple Turnover Day <b>5</b><br>P-10a.m.-10:30a.m- “What’s in The News”<br>S-11a.m.-11:30a.m.- Piano w Janet<br>M-1:30p.m.-2:30p.m.- Bingo Blast<br>S-3p.m.-4p.m.- Apple Turnovers<br>S-4p.m.-4:30p.m. Room Visits<br>6p.m.-7p.m.- Movie Night/Snacks   | <b>6</b><br>M-10a.m.-10:30a.m.- Current Events<br>P-11a.m.-11:30a.m.- Exercise<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>O-2p.m.-3:30p.m.- Trip to Walmart<br>S-4p.m.-4:30p.m.- Happy Hour<br>M-6p.m.-7p.m.-Puzzles with Lorena/Movie/Snack & Chat. Puzzles/Crosswords/Movies/Snack   | National Strawberry Ice Cream Day <b>7</b><br>M-9:30a.m.-10a.m.- Teays Church<br>P-10a.m.-10:30a.m.- Fitness Ball<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>S-3p.m.-3:30p.m. Homemade Strawberry Ice Cream<br>S-6p.m.-7p.m.- Evening News/Checkers with Lorena                                    |
| C-10a.m.-10:30a.m.- Walk with Friends Group (Meet in Lobby) <b>8</b><br>S-11a.m.-11:30a.m.- Reading Hour<br>S-1p.m.-2p.m.- Bancroft Church<br>S-3p.m.-4p.m.- Sunday Matinee<br>S-6p.m.-7p.m.- Church Visits     | P-10a.m.-10:30a.m.- Sit & Be Fit <b>9</b><br>S-10:45a.m.-11:15a.m.- Piano w Ed<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>S--3p.m.-4p.m.- Puff & Polish<br>M-4p.m.-4:30p.m.- Hi-Low Cards<br>S-6p.m.-7p.m.- Snack & Chat/Movies/Picture Books    | P-10a.m.-11a.m.- Piano with Barbara/Favorite Hymns <b>10</b><br>S-11a.m.-11:30p.m.- Exercise<br>S-1:30p.m.-2:30p.m.- Bingo/Prize<br>P-2:30p.m.-3:30p.m.- Bible Discussion<br>S-3p.m.-4p.m.- Cooking with Alice/Fried Green Tomatoes<br>M-6p.m.-7p.m.-Movie/Snacks      | National Blueberry Muffin Day <b>11</b><br>C-10a.m.-11a.m.- Pine Grove Church/Blueberry Muffins<br>P-11a.m.-11:30a.m. Workout Wed.<br>S-1:30p.m.-2:30p.m. Bingo Blast<br>S-3p.m.-4p.m.- Popsicles on the Patio<br>S-4p.m.-4:30p.m.- Neighbors in Conversation<br>M-6p.m.-7p.m.- Movies/Picture Books/Puzzles with Lorena | P-10a.m.-10:30a.m- Chair Yoga <b>12</b><br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>M-3p.m.-4p.m.- Rock Painting<br>S-4p.m.-4:30p.m.- Room Visits<br>S-6p.m.-7p.m.- Checkers/Movie/ Snacks   | M-10a.m.-10:30a.m.- Cranium Crunch <b>13</b><br>P-11a.m.-11:30a.m.- Exercise<br>O-11a.m.-1:30p.m.- Trip to Outback Steakhouse<br>S-4p.m.-4:30p.m.- Happy Hour<br>M-6p.m.-7p.m.-Puzzles with Lorena/Movie/Snack & Chat. Puzzles/Crosswords/Movies/Snack   | M-9:30a.m.-10a.m.- Good News Club <b>14</b><br>S-10a.m.-10:30a.m.- Table Talk<br>O-10a.m. Ladies Day Out for Pedicures by Donna<br>P-11a.m.-11:30a.m.- Fitness Ball<br>S-1:30p.m.-2p.m.- Bingo Blast<br>S-3p.m.-4p.m.- Travel to New York/Trivia/Snacks & Fun<br>M-6p.m.-7p.m.- Saturday Movie |
| C-10a.m.-10:30a.m.- Walk with Friends Group (Meet in Lobby) <b>15</b><br>S-11a.m.-11:30a.m.- Fill in the Hymn<br>C-1p.m.-2p.m.- Devotional Hour<br>S-3p.m.-4p.m.- Sunday Matinee<br>S-6p.m.-7p.m. Church Visits | P-10a.m.-10:30a.m.- Sit & Be Fit <b>16</b><br>S-10:45a.m.-11:15a.m.- Piano w Ed<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>M-3p.m.-4p.m.- Puff & Polish<br>M-4p.m.-4:30p.m- Men’s Card Club<br>S-6p.m.-7p.m. Puzzles Fabric Squares/Movie/Snacks | P-10a.m.-10:30a.m.- What’s in The News <b>17</b><br>S-11a.m.-11:30a.m.- Exercise with Bands<br>O-11a.m.- Power Park Game<br>P-2:30p.m.-3p.m.- Bible Discussion<br>S-4p.m.-4:30p.m.- Chat w Friends<br>M-6p.m.-7p.m.- Movie Night                                       | C-10a.m.-10:30a.m. Pine Grove Church <b>18</b><br>S-10:30a.m.-11a.m.- Exercise<br>S-1:30p.m.-2:30p.m. Prize Bingo<br>S-3p.m.-4p.m. New Resident Tea<br>M-6p.m.-7p.m. Visit your Neighbor Picture Books/Movie/Snacks  | P-10a.m.-10:30a.m- Chair Yoga <b>19</b><br>S-11a.m.-11:30a.m. Piano w Janet<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>5p.m.-Family Game Night T.V. Game Show/Refreshments Family Fun   | National Ice Cream Soda Day <b>20</b><br>M-10a.m.-10:30a.m.- Cranium Crunch<br>P-11a.m.-11:30a.m.- Exercise<br>S-12p.m. Fast Food Friday<br>S-1:30p.m.-2:30p.m.- Bingo Blast With Homemade Ice Cream Soda’s<br>S-4p.m.-4:30p.m.- Happy Hour<br>M-6p.m.-7p.m.-Puzzles with Lorena/Movie/Snack & Chat. Puzzles/Crosswords/Movies/Snack | M-9:30a.m.-10a.m. Teays Church <b>21</b><br>P-11a.m.-11:30a.m. Fitness Ball<br>S-1:30p.m.-2:30p.m. Bingo Blast<br>M-3p.m.-4p.m. Resident Birthday Party<br>S-4p.m.-4:30p.m Crossword Club<br>M-6p.m.-7p.m. Saturday Movie Snacks/Picture Books/Puzzles   |
| 10a.m.-10:30a.m.- Walk with Friends <b>22</b><br>S-11a.m.-11:30a.m.- Sing-Along (Favorite Hymns)<br>C-1p.m.-2p.m.- Daily Devotions<br>S-3p.m.-4p.m.- Sunday Matinee<br>S-6p.m.-7p.m.- Church Visits             | P-10a.m.-10:30a.m.- Sit & Be Fit <b>23</b><br>S-10:45a.m.-11:15a.m.- Piano w Ed<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>M-3p.m.-4p.m.- Puff & Polish<br>M-4p.m.-4:30p.m.-Test your Trivia<br>S-6p.m.-7p.m- Church Visits                      | P-10a.m.-10:30a.m.- Dan & Nan Perform <b>24</b><br>S-11a.m.-11:30a.m.- Exercise with Bands<br>S-1p.m.-1:30p.m. Communion with Mt. Vernon Church<br>S-1:30p.m.-2:30p.m.- Bring a Friend to Bingo<br>P-2:30p.m.-3:30p.m.- Bible Discussion<br>M-6p.m.-7p.m.- Movie Night | C-10a.m.-11a.m. Pine Grove Church <b>25</b><br>P-11a.m.-11:30p.m. Sit & Be Fit<br>S-1:30p.m.-2:30p.m. Prize Bingo<br>S-3p.m.-4p.m. Keith Ellison Performs<br>M-6p.m.-7p.m. Snack & Chat Movie,Color Sorting/Picture Books  | P-10a.m.-10:30a.m- “What’s in The News” <b>26</b><br>S-11a.m.-11:30a.m.- Exercise Ball<br>M-1:30p.m.-2:30p.m.- Bingo<br>S- 3p.m.-4p.m.- Remember that Commercial<br>M-4p.m.-4:30p.m.- Room Visits<br>S-6p.m.-7p.m.-Reminicing about Camping/Smores by the fire on the Patio/Camp Stories/Star Gazing/Campfire Songs w Nathaniel | M-10a.m.-10:30a.m.-Cranium Crunch <b>27</b><br>P-11a.m.-11:30a.m.- Exercise<br>O-11a.m.-1:30p.m. Picnic at Hurricane City Park/Feed the Ducks<br>S-4p.m.-4:30p.m.- Happy Hour<br>M-6p.m.-7p.m.- An Evening at the Movies,Snacks,Crosswords With Lorena   | M-9:30a.m.-10a.m.- Good News Club <b>28</b><br>S-10a.m.-10:30a.m.-Snack & Chat<br>P-11a.m.-11:30a.m.- Fitness Ball<br>S-1:30p.m.-2p.m.- Bingo Blast<br>S-3p.m.-4p.m.- Lemonade on the Patio<br>M-6p.m.-7p.m.- Saturday Movie Sorting/Coloring/Snack & Chat                                     |
| 10a.m.-10:30a.m.- Walk with Friends <b>29</b><br>S-11a.m.-11:30a.m.- Sing-Along (Favorite Hymns)<br>C-1p.m.-2p.m.- Daily Devotions<br>S-3p.m.-4p.m.- Sunday Matinee<br>S-6p.m.-7p.m.- Church Visits             | <b>30</b><br>P-10a.m.-10:30a.m.- Sit & Be Fit<br>S-10:45a.m.-11:15a.m.- Piano w Ed<br>S-1:30p.m.-2:30p.m.- Bingo Blast<br>M-3p.m.-4p.m.- Puff & Polish<br>M-4p.m.-4:30p.m.- Hangman<br>S-6p.m.-7p.m.- Church w/ Rev Baker                    | <b>31</b><br>P-10a.m.-10:30a.m.- “What’s in The News”<br>S-11a.m.-11:30a.m.- Exercise<br>S-1:30p.m.-2:30p.m.- Bingo<br>S-2:30p.m.-3p.m.- Homemade Peach/Blueberry Ice Cream<br>S-2:30p.m.-3:30p.m.- Bible Discussion<br>M-6p.m.- 7p.m. Movie/Sorting/Crosswords        | <div><p><b>July 2018</b><br/><b>AL Calendar</b></p><p>Happy Birthday Lorena Clemans 7/5, Donna Johnson 7/13, Hazel Chenoweth 7/18, Helen Naylor 7/25, Lois Cremeans 7/31, Molly Scarbro 7/31</p></div>                              |   |  |  |