

Fun Facts for a Festive Fourth

Do you know your U.S. history? Here are some Fourth of July facts to ponder and share:

- Three presidents died on July 4: Thomas Jefferson and John Adams in 1826, and James Monroe, in 1831. Calvin Coolidge was the only president born on July 4, in 1872.
- The Massachusetts General Court was the first state legislature to recognize July 4 as a state celebration, in 1781.
- The first recorded use of the name "Independence Day" occurred in 1791.
- The U.S. Congress established Independence Day as an unpaid holiday for federal employees in 1870. They changed it to a federal paid holiday in 1931.
- The Declaration of Independence was approved in a closed session of the Second Continental Congress on July 2, 1776, but most of the delegates didn't sign it until Aug. 2. Although John Adams expected Americans would celebrate July 2, the date on the publicized copies of the document was July 4, which became the day Americans have commonly observed.

Happy Birthday

Josie T.....7/5



Welcome

Celia V.
Jeanette Z.

Aaron S.
Debra S.
Carol R.

Irene B.
Donna S.



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The HarborChase Wire: A Monthly Publication of HarborChase Tamarac

July 2018

*Celebrating
Senior Living*

Support Group

Having the ability to share our hearts and burdens with each other is often a source of great comfort. We are HarborChase would like for you to know that you are not alone on this journey and invite you to join us on the following days in July for our Community

Support Group:

Wednesday, July 11th & 25th at 10:00 am.

July 4th BBQ

Join us as we celebrate Independence Day with a delicious BBQ with all the fixings.
Wednesday, July 4th @ 12:00 pm

The Flag

Michelle Selby

Red for the blood shed in the name of Freedom,
for which we fought, united
Blue for the oceans of time we have crossed,
remaining the land of the free
White for the peace we wish to share,
all men created equal
Stars to remember those who fought throughout the
night, bravely for our land
Stripes to remind us of the lashings taken by the
Prisoners of War
With a seal, in God we trust
We each are one of many, in which we stand united in
Brotherhood
A symbol of Pride
A salute to those who died in the fight
A blanket to cover us in times of need
Waving high to show we are still here, undefeated
With honor you are presented to the world

Administrative List

Erica Cohen

Executive Director

Marie Celestin

Director of Memory Care

Norma Grant

Director of Resident Care

Eduardo Fernandes

Director of Hospitality

Lacey Platt

Business Office Manager

Rohan Isaacs

Director of Maintenance



www.HarborChase.com/Tamarac.htm



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 Tax Bill Talk 9:30 Bodyrock 10:00 CORNHOLE 11:00 Christ Church Live 1:00 Over The Net 2:00 Pokeno 4:00 Card Sharks 6:30 Jeopardy 7:00 A Little Sinatra	7:00 Catching Up 9:15 Mind And Body 10:00 Ball Bridge 10:30 Chasing Chase 1:00 Our Time 2:00 Piece Of Cake/ 300 Restaurant 3:00 The Glam Team 4:00 Let's make a Deal 7:00 Beyond The Decor 8:00 Movie/Some like it Hot	7:00 The Daily Habit 9:30 Get In The Groove 10:00 Gardening W/Marie 11:00 Hores Racing 1:00 Open Mic On The Main 3:00 Show your Skills 6:00 Shut The Box 7:00 Music To Remember 8:00 Movie/ It Happend One Night	7:00 Tell All 9:30 Tai Chi Our Way 11:00 Declaration Of Independence Trivia 11:45 4th Of July Barbecue 2:00 4th Of July Celebration on The Main W/Live Music & Refreshments 4:00 American Art 6:00 Movie/The Patriot 8:00 Movie/ Independence Day	7:00 Fresh Daily 9:30 Yoga W/Georgie 10:15 Creamy Creations 1:00 On this Day Trivia 2:00 Chair Volleyball 3:00 Dominoes & Dice 4:00 Giant Jenga 6:00 The Fireplace Ccircle 8:00 Movie/Rear Window	7:00 The Tamarac Scoop 9:30 Use-it-Or-Lose-It 10:00 The 300 Club Bowling 1:00 Your Greatest Stories 2:00 Shabbat Services 3:00 Bistro Happy Hour W/Mooocktails and Appetizers 4:00 Creative Drawing to Music 6:00 Let's Put It Together 8:00 Movie/ All About Eve	7:00 New World Everyday 9:30 Get a Jump on Your Day 10:00 In Touch With Nature 11:00 Scrabble on the Wall 1:00 Bingo For Chocolate 2:00 Party W/ Rich Live! On The Main 3:00 Open Mic 4:00 Wheel of Fortune 8:00 Movie/ Reble Without a Cause
7:00 Slow Down, Breathe 9:30 Bodyrock 10:00 CORNHOLE 11:00 Christ Church Live 1:00 I can't Believe it's not Gutter 4:00 Card Sharks 6:00 Let's Go To France 6:30 Let's make a Deal 7:00 Buddy Holly / Music hour	7:00 In the Know 9:15 Mind And Body 10:00 the 14th Amenment /Trivia 10:30 Get Chase 1:00 Our Stories 2:00 Show Your Drive 3:00 The Glam Team 6:00 Outdrive your Competition 8:00 Movie/ Night Of Te Hunter	7:00 Look and Listen 9:30 Get in Get Fit 10:00 Gardening W/Marie 10:15 The Cake Corner 2:00 Over the Net 3:00 Dance Marathon 4:00 High Rollers 6:00 Are You Joking 8:00 Movie/ A Street Car Name Desire	7:00 Tell All 9:30 Tai Chi Our Way 11:00 Outdoor Adventure 11:45 Out To Lunch Japanese Style 1:00 Cron Hole 3:00 Spa Day Your Way 4:00 John Quincy Adam/ Trivia 6:00 Fireplace Circle 7:00 Music W/ Elvis	7:00 Hustle For Mucle 9:30 Yoga W/Georgie 10:00 The Mix-UP 1:00 Lets Go To Germany 2:00 Open Mic 3:00 Dominoes & Dice 4:00 Woodworking 6:00 Card Sharks 8:00 Movie/ Gentlemen Prefer Blondes	9:30 Nature Walks 10:00 Let's Go to Ohio 11:00 Happy Paws 1:00 Reading in the Library 2:00 Shabbat Services 3:00 Happy Hour Mocktails & Apetizers/ at the Bistro 4:00 All About Us 6:00 The Gentlemen's Club/ Game Area 8:00 Movie/ The Searchers	7:00 News You Can Use 9:30 Jump On Your Day 10:00 GIANT JENGA 11:00 Butterfly Gazing 2:00 Live Violin Music W/Asy On The Main 3:00 Family Circle Social 4:00 Let's take a Trip To Greece 7:00 Fireplace Talk 8:-1 Movie/12 Angry Men
7:00 Feels Like Sunday 9:30 Body Motions 10:00 BINGO For Chocolate 11:00 Christ Church Service 2:00 Show Some Love/ Making Cards For The Troops 4:00 Bridge Belles 6:00 National Geographic Trips 7:00 Billy Graham Hour 8:00 Movie/Singing in the Rain	7:00 What's Happening Today 9:30 Building Muscles 10:00 Living on a Spare 11:00 Wagging Tails 1:00 Dance moves 2:00 Golfing Pros 3:00 Apollo 11Lumar Landing Mission/Trivia 4:00 Checkers & Chess 8:00 Movie/ Gone With the Wind	7:00 The Scoop 9:30 Tai Chi W/Geogie 10:00 CORNHOLE 10:15 Bread Dressing 11:00 Circle of Friends 1:00 Dance Classes 4:00 Dominoes & Dices 6:00 Google It/ The Hub 7:00 Oldies But Goodies 8:00 Movie/ King Kong	7:00 The Happenings 9:30 Why Put It Off 10:00 Hands in Dirt 11:00 Heels To Heal 11:30 Out For Some Thai 1:00 This is Me 2:00 Social at the Bistro 3:00 Sip and Paint 4:00 Mandala Magic 6:00 Fire Place Circle 8:00 Movie/ Wizard Of Oz	7:00 In the Know News 9:30 Nature Walks 10:15 Baking/ Sugar Booger 11:00 Theatre Arts 1:00 Open Mic 2:00 Chair Volleyball 3:00 Womens Right To Vote Trivia 4:00 Price is Right 7:00 Family talk 8:00 Aroma Circle/300	7:00 In the Know 9:30 Butterfly Garden stroll 10:00 Pinball contest 11:00 Chase's Tricks 2:00 Shabbat Services 3:00 Happy Hour at The Bistro / Mocktail and Appetizers 4:00 Scrabble on the Wall 6:00 Lives Stories 8:00 Movie/ It Happend One Night	7:00 A Close Look 9:30 Commit To Be Fit 10:00 Golf Strong Go Long 11:00 Jewelry Lovers Class 1:00 Dance Moves on the Main 2:00 Party On The Main Live Music W/John Daily 4:00 Things You Know 6:00 A Trip Through Time 8:00 Movie/ City Light
7:00 Sunday Spirituals 9:30 Gain More Muscles 10:00 CORNHOLE 11:00 Christ Church Live 1:00 Play an Instrument 3:00 Masterpiece Makers 4:00 Bowling is Right Up My Alley 8:00 Movie/ Ninotchka	7:00 Tamarac News 9:00 Get In The Groove 9:30 Smell the Flowers 11:00 Puppy Love W/ Chase 1:00 Art in Living Color 2:00 Volleyball For Fun 3:00 Can You See It? 4:00 Recipe Swap 6:00 The Circle 8:00 Movie/ Top Hat	7:00 Gotta Make Time 10:15 Grandma's Kitchen 11:00 Kitty Cat Watching W/ Florence 12:00 Pizza Lunch at The Bistro W/Florence 2:00 Shuffle Table 6:00 The Cure/ Florence Favorite Rock Band 8:00 Florence's Favorite Back To The Future	7:00 Good As The Truth 9:30 Live Butterfly Gazing 10:30 Casino Hour 11:30 Let's Go For Italian 1:00 Open Mic/ on The Main 2:00 Putt Pirates/ 100 Greens 3:00 Charcoal & Chalk 4:00 Art On Canvas 6:00 1909 World's First Airplane Flight/ Trivia 8:00 Movie/ The Thin Man	7:00 Strat Where You Are 9:30 Move It Or Lose It 10:15 Nutty Creations/ 300 Dining 11:00 Gardening on the Edge 1:00 Keep Calm and Craft On 2:00 The Beginning Castro's Cuba/Trivia 4:00 The Bigger Putters 7:00 The Circle 8:00 Movie/ Stagecoach	7:00 Nature Walk 9:30 Mind And Body 10:00 Fabric Printing 11:00 Happy Paws 1:00 Hang-Man 2:00 Shabbat Services 3:00 Happy Hour at Bistro/ Wine & Cheese Tasting 4:00 Bowl-O-Rama 7:00 Amazing Aromas 8:00 Movie/ Ben-Hur	7:00 The Grapevine 9:30 Get in the Groove 10:00 BINGO BLAST 11:00 The Kennedy's/ Trivia 2:00 Live Music OnThe Main W/Susan Rose 4:00 Jeopardy 6:00 Evening Tea Talk 7:00 Circle By The Fireplace 8:00 Movie/ Sunset Boulevard
7:00 Inform Your Opinions 9:30 Tai Chi W/ Georgie 10:00 CORNHOLE 11:00 Christ Church Live 1:00 Strong Art 2:00 Pin Your Interests 3:00 Scrabble on the Wall 4:00 Travel with Friends/ 6:00 Musical Instruments 7:00 Lets TalkAbout You 8:00 Movie/The Thing	7:00 Local Stories 9:30 Get a Jump On Your DAY 10:30 Henry Ford Car/Trivia 11:00 Word Game 1:30 Chair Volleyball 3:00 Putt-Putt-Away 4:00 Family Fued 6:00 American Masters 8:00 Movie/ City Lights	3:00 Knitter's Nook 7:00 Tell You What I know 9:30 Strat Where You Are 10:00 BINGO For The Sweets 10:15 The Tamarac Bakers 11:00 Chicken Soup for the Soul 1:00 Take Me Home 2:00 Shuffle Table 4:00 Black Jack Buddies 7:00 Music Hour W/Dean Martin	<div>★INDEPENDENCE DAY★ ★JULY 4TH★</div>			<div>KEY</div> <div>B/PBistro / Pub</div> <div>CRCoca-Cola Room</div> <div>PPatio</div> <div>FPFront Porch</div> <div>TTheater</div> <div>LLobby</div> <div>BPBeauty Parlor</div> <div>DRDining Room</div>

I scream, you scream, we all scream, for ICE CREAM!

July is National Ice Cream Month

V	K	B	E	Y	F	E	S	E	I	R	R	E	H	C	S	M	E
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BANANA SPLIT

BROWNIE

CAKE CONE

CANDY

CHERRIES

CHOCOLATE

COOKIES

HARD SERVE

HOMEMADE

FLOAT

NEAPOLITAN

NUTS

PARFAIT

SANDWICH

SHAKE

SCOOP

SMOOTHIE

SOFT SERVE

SPRINKLES

STRAWBERRY

SUNDAE

SWIRL

SYRUP

VANILLA

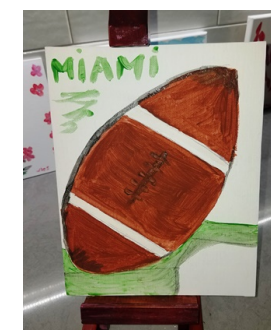
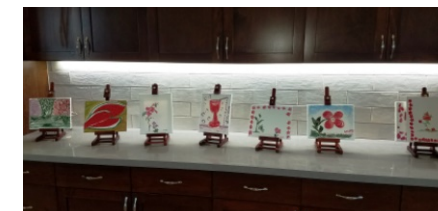
WAFFLE CONE

WHIPPED CREAM



Celebrating Senior Living!

The Gallery at HarborChase!






LET FREEDOM RING

It has now been 242 years since the adoption of the Declaration of Independence on July 4, 1776. A lot has changed in America since then! Here's some interesting items to ponder this July:

- The average age of the signers of the Declaration of Independence was 45. The youngest was Thomas Lynch, Jr (27) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was 33.
- The initial date the resolution of independence was approved in a closed session of Congress was July 2, 1776. The next day, John Adams remarked in a letter to his wife Abigail: "The second day of July, 1776, will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance by solemn acts of devotion to God Almighty."
- There were an estimated 2.5 million people living in the newly independent nation in 1776. Total U.S. population today is around 322.7 million, making it the third-most populous country in the world!
- 91% (\$3.3 million) of imported U.S. flags are from China. 97% (\$232.3 million) of imported fireworks are from China.



WORTH THE PAPER IT'S PRINTED ON

A history of the banknote

Governments print it, misers hoard it under their mattresses, rich people light their cigars with it—but where does the idea of paper money come from, anyway?

China, actually. The banknote apparently originated during the Tang Dynasty (7th century), to replace bulky copper coins carried by merchants. The coins were minted with rectangular holes in their center so they could be strung together on cords, but wealthy merchants found that lugging their coins around was difficult.



A system was born in which merchants left their coins with a trusted agent in exchange for a note stating exactly how much money was being held. The merchant could return the note at any time to redeem his or her coins, and in time paper money called "jiaozi" evolved.

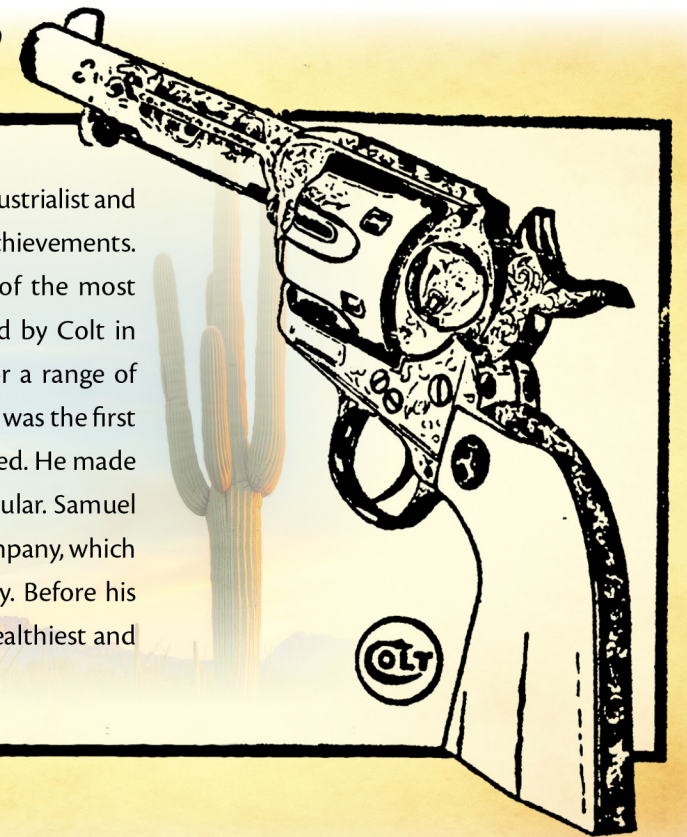
In Europe, banknotes first came into use in the 14th century. The term "banknote" derives from nota di banco. The holder of a note could redeem it for an amount of silver or gold held on deposit with a bank.

In the New World, the Massachusetts Bay Colony was the first of the American colonies to circulate its own banknotes in the early 1690s, but all 13 colonies were issuing their own notes by the early 1700s.

The First Bank of the United States, chartered by Congress in 1789 shortly after the signing of the Constitution, was authorized to issue banknotes, but the U.S. federal government didn't start printing its own paper money until 1862.

GUNS ABLAZIN'

Samuel Colt, born July 19, 1814, was an American industrialist and inventor, whose resume included a number of notable achievements. Among them was the invention of the revolver, one of the most popular gun designs in the world, which was patented by Colt in 1836. Colt's revolver was memorable and impactful for a range of reasons, but one of its major benefits was the fact that it was the first gun created that could fire without having to be reloaded. He made the concept of interchangeable parts exceptionally popular. Samuel Colt founded Colt's Patent Fire-Arms Manufacturing Company, which later became known as Colt's Manufacturing Company. Before his passing on January 10, 1862, Colt became one of the wealthiest and most influential industrialists of his era.



What Came First, the Dog or the Hot Dog?



The history of the hot dog stretches all the way back to the 9th century B.C. when sausage was mentioned in Homer's Odyssey. But honest-to-goodness frankfurters didn't roll around till the late 1600s in Germany. Some believe that the sausages were first called "dachshunds" or "little dogs" because they resembled the shape of a dachshund. We know them today as hot dogs. And this year, Americans will eat enough of them at major league ballparks to stretch from RFK Stadium in Washington, D.C., to AT&T Park in San Francisco. If that doesn't impress you, on Independence Day Americans will eat enough hot dogs to stretch from D.C. to L.A. five times over. And from Memorial Day to Labor Day—considered "hot dog season" by hot dog enthusiasts—Americans will consume 818 hot dogs every second!

—The National Hot Dog & Sausage Council