




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 3:00 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM) Canada Day	1 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Music with Flemming (SM) 3:30 Bingo (RSC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	2 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Horseshoes/ Bocce Ball (PS) 1:30 After Lunch Activity (SM) 2:30 Music with Iris (SM) 3:30 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	3 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Music & Movement with Tricia (PSM) 12:00 4 th of July BBQ (SM) 1:30 After Lunch Activity (SM) 2:00 Bingo (SCL) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 6:00 Movie Time/ After Dinner Activity Independence Day	4 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Balloon Toss (P) 1:30 After Lunch Activity (SM) 2:00 Word Mining (SC) 3:30 Happy Hour (S) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	5 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Pictionary (SC) 1:30 After Lunch Activity (SM) 2:00 Bowling League (PSL) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	6 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Ring Toss (P) 1:30 After Lunch Activity (SM) 2:00 Storytime and Independent Reading (SC) 3:30 Karaoke Sing along (SML) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
8 9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 3:00 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	9 9:30 Morning Activity (SM) 10:00 Rise and Sing (SM) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Sit & Be Fit (P) 2:45 Word Game (SC) 3:30 Bingo (RSC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	10 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:30 SpiritCare with Rev. Tom (SM) 1:30 After Lunch Activity (SM) 2:00 Horseshoes/ Bocce Ball (PS) 3:00 Trivia (SC) 3:30 Storytime and Independent Reading (SC) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	11 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Music & Movement with Tricia (PSM) 1:30 After Lunch Activity (SM) 2:00 Bingo (SCL) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	12 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Balloon Toss (P) 1:30 After Lunch Activity (SM) 2:00 Word Mining (SC) 3:30 Happy Hour (S) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	13 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Arts and Crafts (SC) 3:30 Bowling League (PSL) 4:30 Relaxing Music Time (SM) 6:00 Movie Time/ After Dinner Activity	14 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Ring Toss (P) 1:30 After Lunch Activity (SM) 2:00 Music with Al (SM) 3:30 Karaoke Sing along (SML) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
15 9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 3:00 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	16 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:30 Music with Angel (SM) 1:30 After Lunch Activity (SM) 2:00 Conversation Cards (SC) 3:30 Bingo (RSC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	17 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Basketball Hoops (P) 1:30 After Lunch Activity (SM) 2:00 Music with Starlite Strings (SM) 3:30 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	18 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Music & Movement with Tricia (PSM) 1:30 After Lunch Activity (SM) 2:00 Bingo (SCL) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	19 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Balloon Toss (P) 1:30 After Lunch Activity (SM) 2:00 Word Mining (SC) 3:30 Happy Hour (S) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	20 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Pictionary (SC) 1:30 After Lunch Activity (SM) 2:00 Bowling League (PSL) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	21 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Ring Toss (P) 1:30 After Lunch Activity (SM) 2:00 Storytime and Independent Reading (SC) 3:30 Karaoke Sing along (SML) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
22 9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 3:00 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	23 9:30 Morning Activity (SM) 10:00 Rise and Sing (SM) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Sit & Be Fit (P) 2:45 Word Game (SC) 3:30 Bingo (RSC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	24 9:30 Morning Activity (SM) 10:00 Hole in One-Golf Class (PSL) 11:00 Current Events (SC) 1:30 After Lunch Activity (SM) 2:00 Storytime and Independent Reading (SC) 3:15 Karaoke Sing along (SM) 4:00 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	25 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Music & Movement with Tricia (PSM) 1:30 After Lunch Activity (SM) 2:00 Bingo (SCL) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	26 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Balloon Toss (P) 1:30 After Lunch Activity (SM) 2:00 Word Mining (SC) 3:30 Happy Hour (S) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	27 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Pictionary (SC) 1:30 After Lunch Activity (SM) 2:00 Bowling League (PSL) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	28 9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Ring Toss (P) 1:30 After Lunch Activity (SM) 2:00 Storytime and Independent Reading (SC) 3:30 Karaoke Sing along (SML) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
29 9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 3:00 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	30 9:30 Morning Activity (SM) 10:00 Rise and Sing (SM) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Sit & Be Fit (P) 2:45 Word Game (SC) 3:30 Bingo (RSC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	31 9:30 Morning Activity (SM) 10:00 Hole in One-Golf Class (PSL) 11:00 Current Events (SC) 1:30 After Lunch Activity (SM) 2:00 Resident Birthday Party (SM) 2:30 Karaoke Sing along (SM) 3:30 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	 <p>July 2018</p> <p>Mission Villa's Life Enrichment Program- 1st Floor.</p>			

(P) - Physical Wellness (R) - Reminiscent (S) - Social (C) - Cognitive (M) - Music (L) - Life Skills (O) – Outdoor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Trivia (SC) 3:00 Balloon Toss (P) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM) Canada Day	9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Music with Flemming (SM) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Music with Alligator (SM) 10:45 Horseshoes/ Bocce Ball (PS) 1:30 After Lunch Activity (SM) 2:30 Music with Iris (SM) 3:30 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Music & Movement with Tricia (PSM) 10:45 Sit & Be Fit (P) 12:00 4th of July BBQ (SM) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 6:00 Movie Time/ After Dinner Activity Independence Day	9:30 Morning Activity (SM) 10:00 Balloon Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Happy Hour (S) 3:30 Word Mining (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Pictionary (SC) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Arts and Crafts (SC) 3:30 Bowling League (PSL) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Ring Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Karaoke Sing along (SML) 3:30 Storytime and Independent Reading (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Trivia (SC) 3:00 Balloon Toss (P) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Rise and Sing (SM) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Sit & Be Fit (P) 2:45 Word Game (SC) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:30 SpiritCare with Rev. Tom (SM) 1:30 After Lunch Activity (SM) 2:00 Storytime and Independent Reading (SC) 3:00 Trivia (SC) 3:30 Horseshoes/ Bocce Ball (PS) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Music & Movement with Tricia (PSM) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	9:30 Morning Activity (SM) 10:00 Balloon Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Happy Hour (S) 3:30 Word Mining (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Deacon Lerney Religious Service (SM) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Bowling League (PSL) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time/ After Dinner Activity	9:30 Morning Activity (SM) 10:00 Ring Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Music with Al (SM) 3:30 Storytime and Independent Reading (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Trivia (SC) 3:00 Balloon Toss (P) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:30 Music with Angel (SM) 1:30 After Lunch Activity (SM) 2:00 Arts and Crafts (SC) 3:30 Conversation Cards (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Basketball Hoops (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Music with Starlite Strings (SM) 3:30 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Music & Movement with Tricia (PSM) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	9:30 Morning Activity (SM) 10:00 Balloon Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Happy Hour (S) 3:30 Word Mining (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Pictionary (SC) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Arts and Crafts (SC) 3:30 Bowling League (PSL) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Ring Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Karaoke Sing along (SML) 3:30 Storytime and Independent Reading (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Trivia (SC) 3:00 Balloon Toss (P) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Rise and Sing (SM) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Sit & Be Fit (P) 2:45 Word Game (SC) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Hole in One-Golf Class (PSL) 11:00 Current Events (SC) 1:30 After Lunch Activity (SM) 2:00 Karaoke Sing along (SM) 2:45 Trivia (SC) 3:15 Storytime and Independent Reading (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	9:30 Morning Activity (SM) 10:00 Music & Movement with Tricia (PSM) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Balloon Toss (P) 2:45 Word Game (SC) 3:30 Karaoke Sing along (SM) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	9:30 Morning Activity (SM) 10:00 Balloon Toss (P) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Happy Hour (S) 3:30 Word Mining (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Pictionary (SC) 10:45 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Arts and Crafts (SC) 3:30 Bowling League (PSL) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:30 Living Stone Ministries (SM) 1:30 After Lunch Activity (SM) 2:00 Karaoke Sing along (SML) 3:30 Storytime and Independent Reading (SC) 4:30 Relaxing Music Time (SM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)
9:30 Morning Activity (SM) 10:00 Sunday Service with Joel Osteen (SM) 10:30 Sit & Be Fit (P) 1:30 After Lunch Activity (SM) 2:00 Trivia (SC) 3:00 Balloon Toss (P) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (SR) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Rise and Sing (SM) 10:45 Parachute and Play (PS) 1:30 After Lunch Activity (SM) 2:00 Sit & Be Fit (P) 2:45 Word Game (SC) 3:30 Arts and Crafts (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time (S) 6:00 After Dinner Activity (SM)	9:30 Morning Activity (SM) 10:00 Sit & Be Fit (P) 10:45 Horseshoes (PS) 1:30 After Lunch Activity (SM) 2:00 Resident Birthday Party (SM) 2:30 Karaoke Sing along (SM) 3:30 Trivia (SC) 4:30 Relaxing Music Time (SRM) 6:00 Movie Time/ After Dinner Activity	<div>  <div> <h1>July 2018</h1> <p>Mission Villa's Life Enrichment Program- 2nd Floor.</p> </div>  </div>			

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