July Days

ASSISTED LIVING

Life Enrichment Program Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 Bible on CD 1:30 Dominoes 2:30 Movie: Gym "Good Will Hunting"	**2** 10:30 Balance Fitness **12:00 Root Beer Floats** 1:30 Bingo **3:00 Afternoon Scenic Drive**	**3** 9:30 Library Discussions: Independence Day 10:30 Balance Fitness **1:30 Chair Yoga With Angela** **3:45 Cocktail Hour**	**4** **9:30 Bible Study Sonshiners** **located in Memory Care** 9:30 Today in History 10:30 Balance Fitness 1:00 Movie:TBA **3:30 July 4th Party**	**5** **9:30 Say the Rosary:Parlor** 9:30 Hangman 10:30 Balance Fitness 1:30 Crafter's Corner: Q-tip Flowers **3:30 Sherry Duff plays** **the Accordion**	**6** **10:00 The Vistas** **Auction** 10:30 Balance Fitness 1:30 Yahtzee **3:45 Happy Hour**	**7** **9:30 $1.00 Stop Shop** **10:00 Story Time With Bella** 10:30 Balance Fitness 1:00 Watering Plants: Inside 1:30 UNO 3:30 Baking Group 6:30 Movie Night
8 9:30 Songs of Yester Year 1:30 Dominoes 2:30 Movie: Gym "Breakfast at Tiffany's"	**9** **10:00 RX Pets** 10:30 Balance Fitness **12:00 Milk Shake Monday** **1:30 Balance/Self Care** **Presentation** **3:00 Afternoon Scenic Drive**	**10** ***Staff Meeting 2-4*** 9:30 Biography: Thomas Jefferson 10:30 Balance Fitness **12:00 Music Medley W/Marty** 1:00 Checkers **3:45 Cocktail Hour**	**11** 9:30 Trivia & Puzzles **10:30 Balance Fitness Testing** **1:00 Manicures With Chris** 1:30 Balloon Bat: Library **2:00 Men's Group: Parlor** **2:30 Movie and Snacks:** **"I Can Only Imagine"**	**12** **9:30 Say the Rosary:Parlor** 9:30 Tea Social: Library 10:30 Balance Fitness **1:15 Walker Tune-Ups** **2:00 Crafter's Corner:** **Tie Dyed Shirts**	**13** **Enchilada Cook Off** **10:00 to 1:00** 10:30 Balance Fitness 1:30 Puzzles in the Library **2:30 Christian Communion** **in the Gym** **3:45 Happy Hour**	**14** ***9:30 $1.00 Stop Shop*** **10:00 Story Time With Bella** 10:30 Balance Fitness 1:30 UNO **3:00 Bob & Jeannie Duet:** **Playing in Memory Care** 3:30 Baking Group
15 9:30 Bible on CD 1:30 Dominoes 2:30 Movie: Gym "Kings Speech"	**16** 10:30 Balance Fitness **12:00 Root Beer Floats** **1:30 Resident Council** **Food Council Meeting** **3:00 Afternoon Scenic Drive**	**17** 9:30 Biography: Theodore Roosevelt 10:30 Balance Fitness **1:30 Shasta Historical Society:** **Faces of Shasta County** **3:45 Cocktail Hour**	**18** **9:30 Bible Study: Sonshiners** **Located in Memory Care** 10:30 Balance Fitness **1:00 Baking Cookies for WTEA** **3:30 360 Degree Band** **Dick, Nadeen and Mike**	**19** **9:30 Say the Rosary:Parlor** **9:30 WTEA Bake Sale** 10:30 Balance Fitness 1:30 Crafter's Corner: CD Art **3:30 Old Kennett String Band** **5:00 Prime Rib Dinner**	**20** 9:30 Scenic Drive 10:30 Balance Fitness **11:30 Out to Lunch Bunch:** **Kahunas's Mongolian BBQ** 1:30 Yahtzee **3:45 Happy Hour**	**21** ***9:30 $1.00 Stop Shop*** **10:00 Story Time With Bella** 10:30 Balance Fitness 1:00 Watering Plants: Inside **1:30 Pokeno** 3:30 Baking Group 6:30 Movie Night
22 9:30 Audio Book 1:30 Dominoes 2:30 Movie: Gym "Dead Poets Society"	**23** 10:30 Balance Fitness **12:00 Milk Shake Monday** 1:30 Bingo **3:00 Excursion: Wal-Mart**	**24** 9:30 Biography: Ronald Reagan 10:30 Balance Fitness **12:00 Music Medley W/Marty** **1:30 Chair Yoga With Angela** **3:45 Cocktail Hour**	**25** 9:30 Trivia & Puzzles 10:30 Balance Fitness 11:30 Signing Birthday Cards **1:00 Manicures With Chris** **1:00 Baking Cookies for WTEA** **3:00 Goodtime Jazz Band**	**26** **9:30 Say the Rosary-Parlor** **9:30 WTEA Bake Sale** 10:30 Balance Fitness 1:30 Crafter's Corner: Bird Feeders **4:00 Welcome Wagon**	**27** **10:00 The Vistas** **Salsa Competition** 1:30 Vita-Mix Smoothies **2:15 Goody Goody Band** **With Happy Hour**	**28** **9:30 $1.00 Stop Shop** **10:00 Story Time With Bella** 10:30 Balance Fitness 1:00 Watering Plants: Inside 1:30 UNO **3:00 Clover Mountain Band**
29 9:30 Songs of Yester Year **10:30 Church Services: Gym** **Pastor Coombs** 1:30 Dominoes 2:30 Movie: Gym "Schindlers List"	**30** 10:30 Balance Fitness **12:00 Root Beer Floats** 1:30 Bingo **3:00 Afternoon Scenic Drive**	**31** 9:30 Biography: Abraham Lincoln 10:30 Balance Fitness **1:30 Chair Yoga With Angela** **3:45 Cocktail Hour**				