

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>9:30 Lawrence Welk Tribute (TV)</p> <p>9:30 Rides to Church Pt 1 (SIL)</p> <p>10:00 Rides to Church Pt 2 (SIL)</p> <p>1:30 Chair Yoga and Meditation w/Gail (AR)</p> <p>2:00 I Love Lucy Tribute (TV)</p> <p>3:30 Arts &Crafts: Painting (AR)</p> <p>Canada Day</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Arthritis Exercise (MAR)</p> <p>10:30 Coffee Talk (MAR)</p> <p>11:00 "You Be the Judge" (MAR)</p> <p>1:30 PRIZE BINGO (AR)</p> <p>3:00 Wine Tasting Social (AR) and Happiness Advantage Discussion (AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Shopping Outing Walmart Pt 1 (SIL)</p> <p>10:30 Shopping Outing Walmart Pt 2 (SIL)</p> <p>1:30 Sing-A-Long (AR)</p> <p>2:00 Balance Clinic(AR)</p> <p>2:30 Centennial Movie Viewing Part 9 of 12 (TV)</p> <p>3:00 Arts &Crafts: Cooking Cupcakes for Cupcake Month (AR)</p> <p>Independence Day</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 WALK CLUB (L)</p> <p>10:30 Ring Toss and Ladder Ball (TV)</p> <p>11:00 Fourth of July BBQ with Mid-Day Sparklers (AR*)</p> <p>1:30 Prize Candy Trivia (AR*)</p> <p>2:00 Monopoly (AR)</p> <p>3:00 5Cent Card Games (AR)</p>	<p>Staff Game Day</p> <p>10:00 Ladder Ball (TV*)</p> <p>10:30 Coffee Talk with <i>Wild Life Month Discussion</i> (MAR)</p> <p>1:30 Balloon Game (AR)</p> <p>2:30 Happy Hour Featuring 6 String Daisy (MDR)</p> <p>3:30 Catch and Toss (MDR*)</p> <p>3:30 KINGS CORNER CLUB (AR)</p>	<p>10:00 Sit & Be Fit (TV)</p> <p>10:30 Coffee Talk (MAR)</p> <p>10:30 Catholic Communion (AR)</p> <p>11:00 Horse Shoes (MAR)</p> <p>1:30 Arts &Crafts w/ Shanel (AR)</p> <p>2:00 Centennial Movie Viewing Part 10 of 12 (TV)</p> <p>2:30 M&M Game w/ Shanel (AR)</p> <p>3:30 WII BOWLING CLUB (TV)</p>	<p>10:00 WALK CLUB (L)</p> <p>10:30 Coffee Talk with Reminiscence Discussion for <i>Getting To Know You Month Part 1</i> (MAR)</p> <p>11:00 Shuffle Board (MAR)</p> <p>1:30 Resident Run BINGO (AR)</p> <p>2:00 <i>Tour De France</i> Begins (TV)</p> <p>3:00 Card Games (AR)</p> <p>5:30 Table Top Games (AR)</p>
<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>9:30 Lawrence Welk Tribute (TV)</p> <p>9:30 Rides to Church Pt 1 (SIL)</p> <p>10:00 Rides to Church Pt 2 (SIL)</p> <p>1:30 Chair Yoga and Meditation (AR)</p> <p>2:00 I Love Lucy Tribute (TV)</p> <p>3:30 Arts &Crafts: Watercolors (AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Kids at Heart Ceramics Class (AR)</p> <p>11:00 Nature Walk (AR)</p> <p>1:30 PRIZE BINGO (AR)</p> <p>2:00 Ice Cream on Wheels (*)</p> <p>3:00 Advanced Exercise (AR)</p> <p>3:30 Cell Phone and Computer Help Class for Cellphone <i>Courtesy Month</i> (AR)</p>	<p>10:00-11:15 Morning Scenic Drive w/ Trip to Master's Donuts (SIL)</p> <p>1:30 Sing-A-Long (AR)</p> <p>2:00 Balance Clinic(AR)</p> <p>2:30 Centennial Movie Viewing Part 11 of 12 (TV)</p> <p>3:00 Arts &Crafts: Lady Bug Month Craft (AR)</p> <p>4:15 ADVENTUROUS EATERS CLUB *please sign up in lobby*(SIL-MAR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 WALK CLUB (L)</p> <p>11:15-1pm Ladies Luncheon *please sign up in lobby*(SIL-AR)</p> <p>1:30 Prize Candy Trivia (AR*)</p> <p>2:00 Traveling the Globe (TV)</p> <p>3:00 RESIDENT RUN Resident Council Meeting (AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Sit-Exercise (AR)</p> <p>10:30 Beautification Hour w/ Shanel (AR)</p> <p>1:30 Balloon Game (AR)</p> <p>2:30 Happy Hour Featuring Don (MDR)</p> <p>3:30 KINGS CORNER CLUB (AR)</p> <p>3:00 Massage Touch Therapy w/ Gail & Shanel (AR)</p>	<p>10:00 Sit & Be Fit (TV)</p> <p>10:30 Coffee Talk (MAR)</p> <p>10:30 Catholic Communion (AR)</p> <p>11:00 Horse Shoes (MAR)</p> <p>1:30 Arts &Crafts:: <i>Ice Cream Month Homemade Ice Cream Craft</i> (AR)</p> <p>2:30 Travel Discussion w/ Shanel (AR)</p> <p>3:30 WII BOWLING CLUB (TV)</p>	<p>10:00 Exercise w/ Shanel (MAR)</p> <p>10:30 Coffee Talk with Reminiscence Discussion for <i>Getting To Know You Month Part 2</i> (MAR)</p> <p>11:00 Shuffle Board (MAR)</p> <p>1:30 BOOK CLUB (AR)</p> <p>2:00 <i>League of Their Own</i> Movie for <i>Ladies Initiated into Baseball Day</i> (TV)</p> <p>3:30 Card Games (AR)</p> <p>5:30 Table Top Games (AR)</p>
<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>9:30 Lawrence Welk Tribute (TV)</p> <p>9:30 Rides to Church Pt 1 (SIL)</p> <p>10:00 Rides to Church Pt 2 (SIL)</p> <p>1:30 Chair Yoga and Meditation (AR)</p> <p>2:00 I Love Lucy Tribute (TV)</p> <p>3:00 Wine Tasting Social and Arts &Crafts: Painting for Color Your World Month (AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Karaoke Party with Mimosa's (CR)</p> <p>11:00 "You Be the Judge" (MAR)</p> <p>1:30 PRIZE BINGO (AR)</p> <p>3:00 What is Self-Care Discussion (AR)</p> <p>3:30 Cell Phone and Computer Help Class for Cellphone <i>Courtesy Month</i> (AR)</p>	<p>10:00 Lend a Heart Dog Visit (L-CR)</p> <p>10:00 Shopping Outing Target Pt 1 (SIL)</p> <p>10:30 Shopping Outing Target Pt 2 (SIL)</p> <p>1:30 MLB All-Star Game (MAR)</p> <p>2:30 Centennial Movie Viewing Part 10 of 12 (TV)</p> <p>5:30-6:30 NAVIGATOR SUPPORT GROUP (CR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 WALK CLUB (L)</p> <p>10:30 Ring Toss and Ladder Ball (TV)</p> <p>1:00-2:15pm Scenic Drive with Ice Cream (SIL)</p> <p>1:30 Prize Candy Trivia (AR*)</p> <p>2:00 MOVIE WITH A MENU Featuring(AR*)</p> <p>3:00 5Cent Card Games (AR)</p>	<p>Staff Game Day</p> <p>10:00 Noddle's and Balloons (TV*)</p> <p>10:30 Coffee Talk with <i>Man on the Moon Discussion</i> (TV*)</p> <p>1:30 Balloon Game (AR)</p> <p>2:30 Happy Hour Featuring Carl Johnson (MDR)</p> <p>3:30 Catch and Toss (MDR*)</p> <p>3:30 KINGS CORNER CLUB (AR)</p>	<p>10:00 Sit & Be Fit (TV)</p> <p>10:30 Coffee Talk with Cheese Day Discussion (MAR)</p> <p>10:30 Gone Fishing Outing (SIL)</p> <p>10:30 Catholic Communion (AR)</p> <p>11:00 Horse Shoes (MAR)</p> <p>2:00 Centennial Movie Viewing Part 10 of 12 (TV)</p> <p>3:30 WII BOWLING CLUB (TV)</p>	<p>10:00 WALK CLUB (L)</p> <p>10:30 Coffee Talk with <i>Junk Food Day Discussion</i> (MAR)</p> <p>11:00 Shuffle Board (MAR)</p> <p>1:30 BOOK CLUB (AR)</p> <p>2:00 Movie of The Month (TV)</p> <p>3:00 Card Games (AR)</p> <p>5:30 Table Top Games (AR)</p>
<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>9:30 Lawrence Welk Tribute (TV)</p> <p>9:30 Rides to Church Pt 1 (SIL)</p> <p>10:00 Rides to Church Pt 2 (SIL)</p> <p>1:30 Chair Yoga and Meditation (AR)</p> <p>2:00 I Love Lucy Tribute (TV)</p> <p>3:30 Arts &Crafts: Cartoon Drawings w/ Sharon (AR)</p>	<p>10:00 Gold Country Band (CR)</p> <p>10:30 Spiritual Musical Hour (AR)</p> <p>1:30 Quarter BINGO (AR)</p> <p>2:00 Ice Cream on Wheels (*)</p> <p>3:00 Advanced Exercise (AR)</p> <p>3:30 Cell Phone and Computer Help Class for Cellphone <i>Courtesy Month</i> (AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Shopping Outing Walmart Pt 1 (SIL)</p> <p>10:30 Shopping Outing Walmart Pt 2 (SIL)</p> <p>1:30 Sing-A-Long (AR)</p> <p>2:00 Balance Clinic(AR)</p> <p>3:30 Arts &Crafts: Wheelchair and Walker Beautification Craft (AR)</p> <p>4:15 MEN'S BREW CREW *please sign up in lobby*(SIL-AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 WALK CLUB (L)</p> <p>10:30 Coffee Talk w/ "Tell Me About Your History and Genealogy" (MAR)</p> <p>1:30 I Love Lucy (TV)</p> <p>2:30 Monopoly (MAR)</p> <p>3:00 5Cent Card Games (MAR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00 Sit-Exercise (AR)</p> <p>10:30 Beautification Hour w/ Shanel (AR)</p> <p>1:30 Balloon Game (AR)</p> <p>2:30 Happy Hour Featuring Entertainment (MDR)</p> <p>3:30 KINGS CORNER CLUB (AR)</p> <p>3:00 Massage Touch Therapy w/ Gail & Shanel (AR)</p>	<p>10:00 Sit & Be Fit (TV)</p> <p>10:00 Massage Escape *limited seating* (SIL-MAR)</p> <p>10:30 Coffee Talk with Korean War Armistice Day Discussion (MAR)</p> <p>10:30 Catholic Communion (AR)</p> <p>11:00 Horse Shoes (MAR)</p> <p>1:30 Arts &Crafts w/ Shanel (AR)</p> <p>3:15- 4:30 Swing Dancing Show and Class (AR)</p>	<p>10:00 Exercise w/ Shanel (MAR)</p> <p>10:30 Coffee Talk with Chicken Soup for the Golden Soul (MAR)</p> <p>11:00 Shuffle Board (MAR)</p> <p>1:30 BOOK CLUB (AR)</p> <p>2:00 I Love Lucy (TV)</p> <p>3:00 Card Games (AR)</p> <p>5:30 Table Top Games (AR)</p>
<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>9:30 Lawrence Welk Tribute (TV)</p> <p>9:30 Rides to Church Pt 1 (SIL)</p> <p>10:00 Rides to Church Pt 2 (SIL)</p> <p>1:30 Chair Yoga and Meditation (AR)</p> <p>2:00 I Love Lucy Tribute (TV)</p> <p>3:30 Arts &Crafts: Painting (AR)</p>	<p>10:00 Arthritis Exercise (MAR)</p> <p>10:30 Coffee Talk with Elvis Presley Day (MAR)</p> <p>11:00 "You Be the Judge" (MAR)</p> <p>1:30 PRIZE BINGO (AR)</p> <p>3:00 NEW RESIDENT Welcome Orientation Social and NEW RESIDENT Wine Tasting Social (AR)</p>	<p>9:00 On This Day Daily Chronicles & Trivia (L)</p> <p>10:00-1pm Fieldtrip: Picnic Folsom Lake Park in Granite Bay (SIL)</p> <p>1:30 Sing-A-Long (AR)</p> <p>2:00 Balance Clinic(AR)</p> <p>2:30 Second-Chance Arts &Crafts (AR)</p> <p>3:00 Traveling the Globe (TV)</p> <p>5:30 Sports Viewing (TV)</p>	<p>Location Key: (AR) Cottage Activity Room (MAR) Manor Activity Room (TV) Manor TV Room (MDR) Manor Dining Room (SIL) Sign Up in Front Lobby (CR) Compass Rose (*) Location Subject to Change Outing Outside Vendor Special Day New Event Highlighting Event</p>	<p>July 2018</p> <p>Monthly Theme: Red, White, & Blue</p> 		