



The Meadows of St. George

28	29	30	31	Jun 1	2	3
				Juicy Fruit Salad Tilapia/Savory Herb Butter Pork Chops and Gravy <i>or</i> Garlic Mashed Potatoes Green Beans Baked Roll Lemon Cream Cake	Jello Salad Beef Tips Au Jus Marinated Turkey <i>or</i> Best Noodles Fresh Cooked Zucchini Baked Roll Cinnamon Coffee Cake	Caesar Spinach Salad Honey Glazed Ham Grilled Tri Tip <i>or</i> Fresh Cooked Yams Seasoned Cabbage Baked Roll Apple Pie Ala Mode
4	5	6	7	8	9	10
Salad Bar Chicken/Citrus Sage Sauce Seasoned Baked Fish <i>or</i> Lemon Rice Mixed Vegetables Baked Roll Oreo Cheesecake	Salad Bar Meatballs/Burgundy Sauce Italian Lasagna <i>or</i> Fresh Mashed Potatoes/Gravy Seasoned Cauliflower Baked Roll Cream Puffs	Salad Bar Roasted Rosemary Pork Beef Cube Steaks <i>or</i> Savory Rice Sautéed Zucchini Baked Roll Mixed Berry Crisp	Salad Bar Salisbury Steak/Gravy Swiss Chicken <i>or</i> Red Potatoes Roasted Carrots Baked Roll Southern Style Bread Pudding	Salad Bar Cornmeal Breaded Catfish Pork Ribs and Kraut <i>or</i> Onion Rings Sweet Slaw Baked Roll Fresh Blueberry Pie	Salad Bar Turkey Breast/Lemon Thyme Sauce Pepper Beef Tips <i>or</i> Fresh Mashed Potatoes/Gravy Cream Peas Baked Roll Caramel Apple Cake	Salad Bar Pot Roast of Beef Lemon Pepper Salmon <i>or</i> Red Skin Mash Oven Roasted Broccoli Baked Roll Fresh Coconut Cream Pie
11	12	13	14	15	16	17
Salad Bar Barbecued Chicken Veal Piccata/Wine Sauce <i>or</i> Beans, Corn and Rice Green Beans/Bacon Fresh Biscuits Peach Crisp	Salad Bar Sweet Pear Pork Chop Beef Tips <i>or</i> Smashed Sweet Potatoes Spinach with Almonds Baked Roll Banana Sheet Cake	Salad Bar Classic Lasagna Cube Swiss Steak <i>or</i> Baked Potato Oven Roasted Cauliflower Baked Roll White Poke Cake	Salad Bar Pork/Apricot Glaze Country Fried Steak/Gravy <i>or</i> Fresh Mashed Potatoes/Gravy Corn on the Cob Baked Roll German Chocolate Cake	Salad Bar Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Salad Bar Brown Sugar Meatloaf Teriyaki Chicken <i>or</i> Cheesy Rice Green Beans Baked Roll Cherry Crisp	Salad Bar Prime Rib Roast/Horseradish Dijon Honey Roasted Chicken <i>or</i> Baked Potato Corn Baked Roll Black Bottom Cherry Pie
18	19	20	21	22	23	24
Salad Bar BBQ Pork Steak Easy Fried Chicken <i>or</i> Scalloped Potatoes Steamed Broccoli Baked Roll Homemade Carrot Cake	Salad Bar Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Green Beans Italian Garlic Bread Assorted Desserts	Salad Bar Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Cornbread Dressing Mixed Vegetables Baked Roll Pumpkin Pie	Salad Bar Ham and Cabbage Beef Cube Steaks <i>or</i> Glazed Sweet Potatoes Cauliflower/Cheese Sauce Baked Roll Peanut Butter Cake	Salad Bar Teriyaki Meatballs Baked Cod Fillet <i>or</i> Cheesy Broccoli Brown Rice Glazed Baby Carrots Baked Roll Ice Cream Sundae	Salad Bar Sweet Corned Beef Veal Parmesan <i>or</i> Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding	Salad Bar Creamy Herbed Pork Chops Roast Beef au Jus <i>or</i> Fresh Mashed Potatoes/Gravy Baked Squash Baked Roll Pecan Pie
25	26	27	28	29	30	Jul 1
Salad Bar Country Fried Steak/Gravy Turkey Roast/Zesty Rub <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Chocolate Sour Cream Cake	Salad Bar Chicken/Pineapple Mango Salsa Kielbasa/Peppers <i>or</i> Boiled Red Potatoes Corn O'Brien Baked Roll Assorted Desserts	Salad Bar Lemon Baked Cod Italian Lasagna <i>or</i> Rice Pilaf Lemon Pepper Green Beans Baked Roll Lemon Meringue Pie	Salad Bar Beef Patty w/Crimini Mushrooms Breadcrumb Tilapia Fillet <i>or</i> Fresh Mashed Potatoes/Gravy Buttered Squash Baked Roll Chocolate Mousse	Salad Bar Dressed Up Chicken Baked Dijon Salmon <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Salad Bar Kalua Roast Pork Breaded Steaks/Roasted Potatoes <i>or</i> Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Buttermilk Spice Cake	