

# CELEBRATE FATHER'S DAY

ALSO KNOWS AS  
(*Friends. Uncles. Dads. Grandfathers. Etc.*)  
DAY

Father's Day is a great opportunity to appreciate the love and effort of our fathers and the other men in our lives. It is celebrated in the United States on the third Sunday every June. Here are just a few quotes from some famous people:

Being a father has been, without a doubt, my greatest source of achievement, pride, and inspiration. Fatherhood has taught me about unconditional love, reinforced the importance of giving back and taught me how to be a better person.  
~ *Naveen Jain*

Fatherhood is a very natural thing; it's not something that shakes up my life but rather it enriches it.  
~ *Andrea Bocelli*

It is a wise father that knows his own child.  
~ *William Shakespeare*

To be a successful father there's one absolute rule: when you have a kid, don't look at it for the first two years.  
~ *Ernest Hemingway*

The father who does not teach his son his duties is equally guilty with the son who neglects them.  
~ *Confucius*

A good father is one of the most unsung, unpraised, unnoticed, and yet one of the most valuable assets in our society.  
~ *Billy Graham*

In the final analysis, it is not what you do for your children but what you have taught them to do for themselves that will make them successful human beings.  
~ *Ann Landers*

# JUNE BIRTHDAYS

DENNIS Z  
JOAN C  
BETTY W  
DENNIS M  
DORIS S  
FAY G  
MARGARET G  
JUNE B  
DEAN L  
ADA D  
BONNIE L  
JEAN F  
JOHN C



# HAPPY FATHER'S DAY

# Homemade Ice Cream in a Bag



**Ingredients:**  
Approximately 4-6 cups of cubed or crushed ice  
1 cup Half & Half  
1/2 teaspoon sugar  
1/2 cup Kosher salt  
1 gallon-sized freezer bag  
1 sandwich sized baggie  
fresh fruit or other add-ins (optional)

**Directions:**  
Fill the gallon-sized baggie half up with ice, add Kosher salt.  
Fill up a sandwich sized baggie with Half & Half, sugar, and vanilla extract.  
Seal the sandwich baggie (make sure to seal it tight, you don't want leakage).  
Put the small baggie into the big baggie and seal that tight too!  
NOW...SHAKE, SHAKE, SHAKE - You will need to shake the bag for about 5 minutes or until the ice cream is solid.

**This is a great way to work those arms!**