


| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|---|---|---|--|--|--|---|
|  <p>35 Old Lancaster Road<br/>Bala Cynwyd, PA 19004<br/>610-660-6560</p>  |   | <p><b>AE</b> Artistic Expression<br/><b>CC</b> Community Connections<br/><b>CE</b> Continuing Education<br/><b>LL</b> Lifestyle &amp; Leisure<br/><b>PE</b> Physical Engagement<br/><b>SS</b> Spiritual Support</p> | <p>Healthy Snacks &amp;<br/>Hydration offered<br/>throughout each day!</p>   |  | <p>9:30 <b>PE</b> Chair Exercise <b>1</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>11:30 <b>CE</b> Puzzle Time<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>LL</b> Friday Social<br/>4:00 <b>CE</b> Story Time<br/>5:00 <b>SS</b> Shabbat Service</p>  | <p>9:30 <b>PE</b> Chair Exercise <b>2</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Bingo<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Tabletop Bowling<br/>4:00 <b>CE</b> Name That Tune</p>                                       |
| <p>9:30 <b>PE</b> Chair Exercise <b>3</b><br/>11:00 <b>SS</b> Hymns &amp; Songs<br/>2:30 <b>CE</b> Brain Games<br/>3:30 <b>LL</b> Sunday Bingo &amp; Cards</p>  | <p>9:30 <b>PE</b> Chair Exercise <b>4</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>2:00 <b>CC</b> Sing-a-Long with AL!<br/>3:00 <b>CE</b> Taste &amp; Tell<br/>4:00 <b>PE</b> Table Games</p>  | <p>9:30 <b>PE</b> Chair Exercise <b>5</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>PE</b> Table Games<br/>1:00 <b>PE</b> Hand Massage<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Aromatherapy</p>       | <p>9:30 <b>PE</b> Chair Exercise <b>6</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Nail Care<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>CE</b> Remember When?<br/>4:00 <b>PE</b> Tabletop Bowling</p>  | <p>9:30 <b>PE</b> Chair Exercise <b>7</b><br/>10:30 <b>LL</b> Scenic Drive [OT]<br/>1:30 <b>AE</b> Art<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Hand Massage<br/>4:00 <b>AE</b> Dancing with Margo!</p>  | <p>9:30 <b>PE</b> Chair Exercise <b>8</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>11:30 <b>CE</b> Puzzle Time<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>LL</b> Friday Social<br/>4:00 <b>CE</b> Story Time<br/>5:00 <b>SS</b> Shabbat Service</p>  | <p>9:30 <b>PE</b> Chair Exercise <b>9</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Bingo<br/>2:00 <b>AE</b> Pianist Mick Stone<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Tabletop Bowling<br/>4:00 <b>CE</b> Name That Tune</p> |
| <p>9:30 <b>PE</b> Chair Exercise <b>10</b><br/>11:00 <b>SS</b> Hymns &amp; Songs<br/>2:00 <b>AE</b> Anthony Coppa's Ukulele Recital<br/>2:30 <b>CE</b> Brain Games<br/>3:30 <b>LL</b> Sunday Bingo &amp; Cards</p>                  | <p>9:30 <b>PE</b> Chair Exercise <b>11</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>2:00 <b>CC</b> Sing-a-Long with AL!<br/>3:00 <b>CE</b> Taste &amp; Tell<br/>4:00 <b>PE</b> Table Games</p>   | <p>9:30 <b>PE</b> Chair Exercise <b>12</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>PE</b> Table Games<br/>1:00 <b>PE</b> Hand Massage<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Aromatherapy</p>      | <p>9:30 <b>PE</b> Chair Exercise <b>13</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Nail Care<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>CE</b> Remember When?<br/>4:00 <b>PE</b> Tabletop Bowling</p> | <p>9:30 <b>PE</b> Chair Exercise <b>14</b><br/>10:30 <b>LL</b> Scenic Drive [OT]<br/>1:30 <b>AE</b> Art<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Hand Massage<br/>4:00 <b>AE</b> Dancing with Margo!</p> | <p>9:30 <b>PE</b> Chair Exercise <b>15</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>11:30 <b>CE</b> Puzzle Time<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>LL</b> Friday Social<br/>4:00 <b>CE</b> Story Time<br/>5:00 <b>SS</b> Shabbat Service</p>                                       | <p>9:30 <b>PE</b> Chair Exercise <b>16</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Bingo<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Tabletop Bowling<br/>4:00 <b>CE</b> Name That Tune</p>                                      |
| <p><b>Father's Day</b><br/>9:30 <b>PE</b> Chair Exercise <b>17</b><br/>11:00 <b>SS</b> Hymns &amp; Songs<br/>12:00 <b>LL</b> Father's Day Family BBQ<br/>2:30 <b>CE</b> Brain Games<br/>3:30 <b>LL</b> Sunday Bingo &amp; Cards</p> | <p>9:30 <b>PE</b> Chair Exercise <b>18</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>3:00 <b>CC</b> Sing-a-Long with AL!<br/>4:00 <b>PE</b> Table Games</p>   | <p>9:30 <b>PE</b> Chair Exercise <b>19</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>PE</b> Table Games<br/>1:00 <b>PE</b> Hand Massage<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Aromatherapy</p>      | <p>9:30 <b>PE</b> Chair Exercise <b>20</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Nail Care<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>CE</b> Remember When?<br/>4:00 <b>PE</b> Tabletop Bowling</p> | <p>9:30 <b>PE</b> Chair Exercise <b>21</b><br/>10:30 <b>LL</b> Scenic Drive [OT]<br/>1:30 <b>AE</b> Art<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Hand Massage<br/>4:00 <b>AE</b> Dancing with Margo!</p> | <p>9:30 <b>PE</b> Chair Exercise <b>22</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>11:30 <b>CE</b> Puzzle Time<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>LL</b> Friday Social<br/>3:30 <b>AE</b> Singer Alice Marie<br/>4:00 <b>CE</b> Story Time<br/>5:00 <b>SS</b> Shabbat Service</p> | <p>9:30 <b>PE</b> Chair Exercise <b>23</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Bingo<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Tabletop Bowling<br/>4:00 <b>CE</b> Name That Tune</p>                                      |
| <p>9:30 <b>PE</b> Chair Exercise <b>24</b><br/>11:00 <b>SS</b> Hymns &amp; Songs<br/>2:30 <b>CE</b> Brain Games<br/>3:30 <b>LL</b> Sunday Bingo &amp; Cards</p>   | <p>9:30 <b>PE</b> Chair Exercise <b>25</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>2:00 <b>CC</b> Sing-a-Long with AL!<br/>3:00 <b>CE</b> Taste &amp; Tell<br/>3:30 <b>AE</b> The Andy Tescano Duo<br/>4:00 <b>PE</b> Table Games</p> | <p>9:30 <b>PE</b> Chair Exercise <b>26</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>PE</b> Table Games<br/>1:00 <b>PE</b> Hand Massage<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Aromatherapy</p>      | <p>9:30 <b>PE</b> Chair Exercise <b>27</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Nail Care<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>CE</b> Remember When?<br/>4:00 <b>PE</b> Tabletop Bowling</p> | <p>9:30 <b>PE</b> Chair Exercise <b>28</b><br/>10:30 <b>LL</b> Scenic Drive [OT]<br/>1:30 <b>AE</b> Art<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Hand Massage<br/>4:00 <b>AE</b> Dancing with Margo!</p> | <p>9:30 <b>PE</b> Chair Exercise <b>29</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Baking with Theresa<br/>11:30 <b>CE</b> Puzzle Time<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>LL</b> Friday Social<br/>4:00 <b>CE</b> Story Time<br/>5:00 <b>SS</b> Shabbat Service</p>                                       | <p>9:30 <b>PE</b> Chair Exercise <b>30</b><br/>10:00 <b>CE</b> Brain Games<br/>10:30 <b>LL</b> Bingo<br/>2:00 <b>AE</b> Sing-a-Long!<br/>3:00 <b>PE</b> Tabletop Bowling<br/>4:00 <b>CE</b> Name That Tune</p>                                      |