

Sunday

Monday

Tuesday

Wednesday




Thursday

Friday

Saturday










1180 Ben Franklin Hwy
Douglassville, PA 19518
610-385-5000

-  Artistic Expression
-  Community Connections
-  Continuing Education
-  Lifestyle & Leisure
-  Outing
-  Physical Engagement
-  Spiritual Support

Location Keys

- 2nd Floor Kitchen 2FK
- 3rd Floor Bridge Area 3FBA
- 3rd Floor Game Room 3FGR
- 3rd Floor West Rear 3FWR
- Atrium A
- Back Patio BP
- Bottle Bar BB
- Community Room CR
- Dining Room DR
- Living Room LR
- Personal Care PC
- Private Dining Room PDR
- Theater T

- TODAY IS NATIONAL DONUT DAY!! ENJOY COFFEE & DONUTS THIS MORNING AT THE BAR 8:30 AM** **1**
- 8:00  Walking Club
 - 9:00  Errand Express-Douglassville Loop
 - 10:15  Fitness Fun -Seated Volleyball [CR]
 - 12:30  Outing to the Dollar Tree
 - 1:00  Poker [3FWR]
 - 2:00  May Birthday Party [BB]
 - 4:00 Catholic Communion Service [T]
 - 6:00  Friday Flick- "The Meyerowitz Stories" Starring Ben Stiller

- 2**
- 9:30  Mini Manicures w/ Victoria [2FK]
 - 12:45  Rummikub [3FGR]
 - 2:30  Quarter/ Dime Bingo [2FK]
 - 3:30  Shuttle to St. Gabe's Catholic Church
 - 6:00  Movie Night-"Seven Pounds" Starring Will Smith [T]






HAPPY BIRTHDAY TO FRED S!!! **3**

- 9:00  Worship Service w/ the Moses Family [T]
- 1:00  Sunday Service w/ Fr. David from St. Gabe's [CR]
- 3:00  Games [3FGR]
- 6:00  Movie Night-"The Book of Henry" starring Naomi Watts [T]










TODAY IS NATIONAL CHEESE DAY! CHEESE AT HAPPY HOUR TODAY **4**

- 8:15  Senior Day at the Fightin Phils
- 10:30  Sit & Be FIT [CR]
- 12:45  Pinochle [3FGR]
- 1:00  "Ask a Nurse "w/ Peg from Health Calls [PDR]
- 2:30  Bingo [2FK]
- 3:30  Beer & Wine w/ Tom on Piano
- 6:00  Games [3FGR]









Errand Express-Redner's **5**

- 9:00  Errand Express-Redner's
- 10:30  Fitness Fun [CR]
- 1:30  "Craft Corner "w/ Kim
- 2:30 Dining Services Meeting [DR]
- 3:00  Movie Outing TBA
- 6:00  Movie Night-"Jailhouse Rock" Starring Elvis Presley






TODAY IS D-DAY,WWII **6**

- 8:00  Walking Club
- 8:30  Breakfast Outing to McDonald's
- 9:30  Mini Manicures W/Deb [2FK]
- 10:30  Alzheimer's Support Group [PC]
- 12:45  Canasta [3FGR]
- 1:00  Entertainment by "The Pretzel City Nuggets" [A]
- 1:00  Wii Bowling [3FBA]
- 2:30  Quarter/ Dime Bingo [2FK]
- 6:00  Pool

TODAY IS NATIONAL CHOCOLATE ICE CREAM DAY! **7**

- 8:00  Walking Club
- 10:15  Mini Spin Class [CR]
- 10:30  B/P Check [PDR]
- 12:30  Outing to St Paul's Lutheran Church to hear author of "Detour To Heaven" Dale Reppert talk about his near death experience [CR]
- 12:30  "Just Us Gals" [T]
- 12:45  Poker [3FWR]
- 3:30  Happy Hour w/Erwin Chandler
- 6:00  Shuffleboard

Walking Club **8**

- 8:00  Walking Club
- 9:00  Errand Express-Douglassville Loop
- 10:15  Fitness Fun -Seated Volleyball [CR]
- 12:45  Poker [3FWR]
- 1:00  Art Class w/Tammy [CR]
- 6:00  Friday Flick- "While We're Young" Starring Naomi Watts









Bible Study w/ Deb & Neil C. 'What Does God Say...' [PDR] **9**

- 12:30  Bible Study w/ Deb & Neil C. "What Does God Say..." [PDR]
- 12:45  Rummikub [3FGR]
- 2:30  Quarter/ Dime Bingo [2FK]
- 3:30  Shuttle to St. Gabe's Catholic Church
- 6:00  Movie Night-"Welcome to Me" Starring Kristen Wiig [T]



TODAY IS NATIONAL ICE TEA DAY! **10**

- 9:00  Worship Service w/ the Moses Family [T]
- 1:00  Sunday Service w/ Fr. David from St. Gabe's [CR]
- 3:00  Games [3FGR]
- 6:00  Movie Night-"A Question of Faith" Starring Kim Fields [T]

HAPPY BIRTHDAY TO JAMES M!!! **11**

- 9:00  Errand Express-Walmart
- 10:30  Sit & Be FIT [CR]
- 12:30  Afternoon Chair travel "Cruise the Western Caribbean" [T]
- 12:45  Pinochle [3FGR]
- 1:30  Mini Spin Class [CR]
- 2:30  Bingo [2FK]
- 3:30  Beer & Wine w/ Tom on Piano
- 6:00  Games [3FGR]








TODAY IS NATIONAL PEANUT BUTTER COOKIE DAY! **12**

- 8:00  Walking Club
- 9:30  Grief Support Group w/ Don Eisenhower [CR]
- 10:30  Fitness Fun [CR]
- 1:00  Senior Circle Bridge [3FGR]
- 1:00  Sing-a-long w/Robin & Sharon [A]
- 1:30  Plant Dr. w/Sue & Deb [BP]
- 2:00  Seated Yoga w/ Vicky [CR]
- 4:45  Bingo Night at the Center at Spring Street









HAPPY BIRTHDAY TO GLADYS S & MYRTLE W!!! **13**

- 9:00  Outing to Leesport Farmers Market
- 9:00  Yoga [CR]
- 9:30  Mini Manicures W/Deb [2FK]
- 10:30  Sit & Be FIT [CR]
- 12:45  Canasta [3FGR]
- 1:00  Wii Bowling [3FBA]
- 1:30  Entertainment by the Blue Mountain Strings [CR]
- 2:30  Quarter/ Dime Bingo [2FK]
- 6:00  Tai- Chi w/Betsy [CR]
- 6:00  Pool



Flag Ceremony by Berks County Sheriff Honor Guard **14**

- 9:00  Flag Ceremony by Berks County Sheriff Honor Guard
- 10:00  Veterans Informational Breakfast -Must R.S.V.P. #5002 [DR]
- 10:30  B/P Check [PDR]
- 12:30  "Just Us Gals" [T]
- 12:45  Poker [3FWR]
- 2:00  Shuffleboard
- 3:30  Happy Hour w/Michael Kropp
- 4:45  Dinner Outing to Buca Di Beppo

Walking Club **15**

- 8:00  Walking Club
- 9:00  Errand Express-Douglassville Loop
- 10:00  Today is Med collection Day - please Drop off between 10-12 to Front Desk
- 10:15  Fitness Fun -Seated Volleyball [CR]
- 12:00  Father's Day Luncheon- Must R.S.V.P. to attend [BP]
- 1:00  Poker [3FWR]
- 1:30  Berks Harmony Performs [BP]
- 4:00 Catholic Communion Service [T]
- 6:00  Friday Flick- "Henry Poole is Here" Starring Luke Wilson

TODAY IS NATIONAL VEGGIES DAY- SO EAT YOUR VEGGIES TODAY! **16**

- 12:45  Rummikub [3FGR]
- 2:30  Quarter/ Dime Bingo [2FK]
- 3:30  Shuttle to St. Gabe's Catholic Church
- 6:00  Movie Night-"Sliding Doors" Starring Gwynyth Paltrow [T]

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|---|
| Father's Day 17 9:00 † Worship Service w/ the Moses Family [T] 12:00 Father's Day Special Luncheon-Residents w/ guests seated at 12:00. Please make reservations [DR] 12:00 † Shankel UCC Communion Service [CR] 1:00 † Sunday Service w/ Fr. David from St. Gabe's [CR] 3:00 🎒 Games [3FGR] 6:00 🎒 Movie Night-"Father's Day" Starring Robin Williams [T] | HAPPY BIRTHDAY TO CAROL B!!! 18 8:00 🚶 Walking Club 9:00 ★ Errand Express-Redner's 10:30 🚶 Sit & Be FIT [CR] 12:30 🚶 Well Being Workout [CR] 12:45 🎒 Pinochle [3FGR] 2:00 🎒 Poetry w/ Dr. T [CR] 2:30 🎒 Bingo [2FK] 3:30 🎒 Beer & Wine w/ Tom on Piano 6:00 🎒 Games [3FGR] | HAPPY BIRTHDAY TO FAY B!!! 19 8:45 ★ Outing to The Sands Casino 9:30 🎒 Mini Manicures W/Deb [2FK] 10:30 🚶 Fitness Fun [CR] 1:00 🧑 Come See Wolfgang the Therapy dog [A] 2:00 🚶 Seated Yoga w/ Vicky [CR] | TODAY IS NATIONAL ICE CREAM SODA DAY!! 20 8:30 Breakfast with the Managers [BB] 9:00 🚶 Yoga [CR] 10:15 🚶 Zumba gold w/ Linda [CR] 12:45 🎒 Canasta [3FGR] 1:00 † Interfaith Service [CR] 1:00 🚶 Wii Bowling [3FBA] 1:45 CELEBRATE ICE CREAM SODA DAY W/ ICE CREAM SODA'S AT THE BAR [BB] 2:30 🎒 Quarter/ Dime Bingo [2FK] 6:00 🚶 Pool | HAPPY BIRTHDAY TO JANE S!!! 21 8:00 🚶 Walking Club 10:00 🚶 Well Being Workout [CR] 10:00 🎒 90's Group [3FGR] 10:30 🚶 B/P Check [PDR] 12:30 🎒 "Just Us Gals" [T] 12:45 🎒 Poker [3FWR] 1:30 🎒 Heart Healthy Presentation [DR] 2:00 🚶 Shuffleboard 3:30 🎒 Happy Hour w/ Wahl Street 6:00 🎒 Pagoda Presentation by Cindy Kauffman [CR] | HAPPY BIRTHDAY TO ELEANOR M!!! 22 8:00 🚶 Walking Club 9:00 ★ Errand Express-Douglassville Loop 10:15 🚶 Fitness Fun -Seated Volleyball [CR] 12:30 ★ Outing to the New Dollar General 1:00 🎒 Poker [3FWR] 1:00 🧑 Senior Circle Bridge [3FGR] 3:00 🚶 Well Being Workout [CR] 6:00 🎒 Friday Flick- Residents Choice | TODAY IS NATIONAL PINK DAY ! WEAR PINK TODAY 23 12:30 † Bible Study w/ Deb & Neil C. "What Does God Say..." [PDR] 12:45 🎒 Rummikub [3FGR] 2:30 🎒 Quarter/ Dime Bingo [2FK] 3:30 ★ Shuttle to St. Gabe's Catholic Church 6:00 🎒 Movie Night-"Newsies Starring Jeremy Jordan [T] |
| 9:00 † Worship Service w/ the Moses Family [T] 1:00 † Sunday Service w/ Fr. David from St. Gabe's [CR] 3:00 🎒 Games [3FGR] 6:00 🎒 Movie Night-"The Lion Woman" Starring Rolf Lassgard [T] | 25 8:00 🚶 Walking Club 9:15 🎒 Wyomissing Optometric for eyeglass check & repairs [BB] 9:30 ★ Errand Express- Giant/ Target 10:30 🚶 Sit & Be FIT [CR] 11:00 ★ Outing to The Center at Spring street for Lunch & Entertainment 12:45 🎒 Pinochle [3FGR] 2:30 🎒 Bingo [2FK] 3:30 🎒 Beer & Wine w/ Tom on Piano 5:45 🚶 Well Being work out [CR] 6:00 🎒 Games [3FGR] | HAPPY BIRTHDAY TO VIRGINIA P!!! 26 10:00 🚶 Well Being Workout [CR] 11:15 ★ Lunch Outing to golden Oaks Country club 12:30 🚶 Fitness Fun [CR] 1:00 🧑 Senior Circle Bridge [3FGR] 2:00 🚶 Seated Yoga w/ Vicky [CR] 3:00 🎒 New Resident & Family Orientation [CR] 6:00 🎒 "Bunco" [3FGR] | HAPPY BIRTHDAY TO BARBARA P!!! 27 9:00 🚶 Yoga [CR] 9:30 🎒 Mini Manicures W/Deb [2FK] 10:30 🚶 Sit & Be FIT [CR] 12:45 🎒 Canasta [3FGR] 1:00 🚶 Wii Bowling [3FBA] 1:30 ★ Outing to Dairy Queen 2:30 🎒 Quarter/ Dime Bingo [2FK] 6:00 🚶 Seated Tai Chi w/Betsy [CR] 6:00 🚶 Pool | 28 8:00 🚶 Walking Club 9:00 ★ Errand Express-Douglassville Loop 10:00 🚶 Well Being Workout [CR] 10:30 🚶 B/P Check [PDR] 12:30 🎒 "Just Us Gals" [T] 12:45 🎒 Poker [3FWR] 1:30 🧑 Sing A long W/ Tom & Mary [LR] 3:30 🎒 Happy Hour w/Joe Soltysik 6:00 Bingo Night [2FK] | TODAY IS NATIONAL HUG DAY! GIVE OUT SOME HUGS TODAY! 29 8:00 🚶 Walking Club 10:00 ★ Outing to The Dutch Apple Dinner Theater to see "Wizard of Oz" 10:15 🚶 Fitness Fun -Seated Volleyball [CR] 1:00 🎒 Poker [3FWR] 1:30 🎒 June Birthday Party [BB] 2:30 🚶 Shuffleboard 6:00 🎒 Friday Flick- Residents Choice | 30 9:30 🎒 Mini Manicures W/Victoria [2FK] 12:45 🎒 Rummikub [3FGR] 2:30 🎒 Quarter/ Dime Bingo [2FK] 3:30 ★ Shuttle to St. Gabe's Catholic Church 6:00 🎒 Movie Night-"The Lighthouse of the Orcas" starring Maribel Verdu [T] |