



May Fitness & Health Forever Fit & QuickFit

Audibel free hearing aid clinic – June 14th at 10:00 in the Game Room.

Tai Chi: Every Thursday at 2:00 in the Fitness Center.

Bayada Health Talks June 7th at 2:00 in the Theater.

Weston Group and Bayada are located on the first floor.

Medical Days

Tuesday and Wednesday is designated

MEDICAL APPOINTMENT DAY

Please notify the CONCIERGE of your appointment as far in advance as possible with the time, date & location.

After reservations are made each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of

8:30 am & 3:30pm

Within a 10 miles radius

A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10 mile radius will acquire a \$2.00 charge per mile for every additional mile.

Special Outings in June

Outings to several Churches every Sunday. Different shopping opportunities throughout the month.

Outings to local grocery stores each week.

June 6th Play Oklahoma at CPCC

June 8th Waldhorn German Restaurant

June 18th-19th Overnight to Harrah's Casino

June 21st Play Grease at CPCC

June 22nd & 24th South Pacific at Matthews Playhouse

June 25th Daytrip to BMW Plant

See the calendar for additional shopping outings. Please sign up at the round table!

New Programs

Shuffle Board: A fun relaxed exercise located in the Fitness Center

Bocce Ball: A fun exciting exercise located outside of the Fitness Center.

Giant Crossword: Enjoy a brain exercise twice a week in the Hobby Room

Tea Time: Enjoy tea and crackers with friends in the Game Room

BYOB Happy Hour: Bring your alcohol of choice to socialize before dinner

Jackpot BINGO: \$3.00 entry fee at the end of each month

Words in Words: Discovering different words within words

Spelling Bee: Test your spelling with a variety of challenging words

Join Eva every Monday to listen to a Podcast through AARP discussing the variety of scams and the sneaky approaches they use.

AARP
Fraud Watch Network

June 2018

The Waltonwood Farmer's Market

Join Waltonwood, June 28th beginning at 9:30 a.m. in the Game Room to enjoy local fresh fruits and vegetables!



Join Waltonwood for an overnight trip to Harrah's Cherokee Casino, June 18th-19th, with a coach bus for most of the ride!



Happy Birthday to those born in June!

Enjoy a very special dinner, June 12th at 5:00 in the Private Dining Room.



Join Waltonwood for an entertaining presentation titled, "Unforgettable American Composers: Featuring Irving Berlin" given by Rosanne Losee from Inquiring Minds, June 20th at 7:00 in the Theater.



Come for a lively look at one of America's most beloved composers, Irving Berlin! From WW1 to post WW2, he gifted America with some of the greatest songs in U.S. musical history!

Flag Day, June 14th

Enjoy Flag Day with a wonderful display, dinner entertainment and dessert hosted by one of residents.



Join Waltonwood for a day trip to visit the Zentrum BMW manufacturing plant scheduled for June 25th.



Enjoy a Father's Day Brunch June 17th from 10:30-1:30 Guest reservations required.



\$15 per adult, children 7 and under eat free, children ages 7-12 are half price.