

Upcoming Trips & Presentations!

All trips are subject to cancellation, based on inclement weather and participant sign-ups. The sign-up book is located in the cubby of the Bar. There will be a transportation fee included in prices. This fee helps with staffing and fuel/maintenance costs for our vehicles.



Lewis Ginter
Botanical Garden

Wednesday, June 6: View “Origami in the Garden” at Lewis Ginter, which is an exhibition of larger-than-life outdoor sculptures inspired by the art of paper folding. Tickets are \$11 and can be paid at the door. Please bring money for shopping in the gift shop and lunch in the Garden Café.



The Next Chapter is Always the Best.
Book Club
Join the Club. May 12

Thursday, June 7: We'll see *Book Club* at West Tower Theater. Four lifeline friends have their lives forever changed after reading *50 Shades of Grey* in their monthly book club. Tickets are \$7.85 and can be paid at the door. Please bring money for snacks. The time for departure is TBD.



Wednesday, June 13: Watch the Richmond Flying Squirrels take on the Portland Sea Dogs at the Diamond. Tickets are \$13, charged to your monthly bill. Please bring money for snacks.



A Better Way to Care

Tuesday, June 19: Encompass Home Health will present on symptoms, tests, and medications of various **cardiovascular diseases** such as heart attack, stroke, congestive heart failure, and arrhythmia.

Friday, June 22: Enjoy butlered hors d'oeuvres at happy hour and a buffet style dinner. The 24-Member Reflections Big Band will follow so be sure to have your dancing shoes ready!



Saturday, June 23: Come and reminisce at St. Joseph's Villa's **Antique Car Show**. Take a look at the judged show cars and take an antique car ride. Tickets are \$5 and can be paid at the door. A portion of the proceeds will benefit St. Joseph's Villa.

Sunday, June 24: Enjoy the unforgettable summer program “**An Evening with the Richmond Pops**” at Altria Theater to celebrate the upcoming 4th of July. Tickets are free but space is limited!



Wednesday, June 27: Embark on an anatomical safari and explore the biology, zoology and physiology of the world's most spectacular creatures at the Body Worlds exhibit at the **Science Museum of Virginia**. Then we'll plunge into an adventure alongside elephants, lions, gorillas, and more at the *Wild Africa* dome show. Tickets are \$21,

charged to your monthly bill. Please bring money for lunch at Lalo's Mexican Grill. We'll also visit the Secretariat exhibit and gallery inside Main Street Station.

Friday, June 29: Dignity Memorial will present **Smart & Safe Senior** tips on how to avoid common fraud schemes, scams, and identity theft.