





It is our passion and privilege to provide an elevated quality of life for those we serve through Meaningful Connections with residents, families, friends and associates.



Monarch House Event Calendar



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|--|
| | h House 2018 | 1 10:30 Sit And Be Fit 11:00 May Crossword 11:30 Brain Fitness 2:45 Dancing With Olga 3:30 Monarch Fitness Group 4:00 Giant Yahtzee 4:30 Music Therapy 6:00 Rockies Vs. Cubs | 2 10:30 Sit And be Fit 11:00 Write The Story 11:30 Coffee Chat 2:30 Village Inn Pie 3:30 Neighborhood Stroll 4:00 Poker 4:30 One On One Social Hour | 3 9:30 Park Walk 11:00 Sit And Be Fit 11:30 Out To Lunch Old Chicago 2:45 Craft: Maracas 3:45 Giant Jenga 4:30 Spa Manicures | 9:30 Tai Chi 10:45 Scenic Drive 10:45 Classic Comedies 11:30 Sit And Be Fit 2:45 Cinco De Mayo Celebration 3:30 Pet Visit With Mavis 4:30 Aroma Therapy 6:00 Friday Funnies | 5 10:00 Putting Around 11:00 Sit And Be Fit 11:30 Bingo! 1:00 Kentucky Derby 2:00 Step In Style Dancers 4:00 Sing A Longs 6:00 Classic Movie Night Cinco De Mayo |
| 9:30 IN2L Sermon 10:00 Methodist Church 11:10 Rockies Vs. Mets 11:30 Sit And Be Fit 2:00 Songs Of Faith 2:30 Garden Club 3:00 Documentary Time 4:00 Spa Manicures | 7 10:30 Sit And Be Fit 11:00 Trivia: Nursery Rhymes 11:30 Bingo! 1:30 Denver Aquarium 2:30 Belmar Yoga Class 3:30 Planet Earth 4:30 Aroma Therapy 6:00 Popcorn And A Movie | 8 10:30 Sit And Be Fit 11:00 Family Feud 11:15 St Johns Cathedral: | 9 10:30 Sit And Be Fit 11:00 Write The Story 11:30 Coffee Chat 1:10 Rockies Vs. Angels 2:45 Flower Arranging 3:30 Bean Bag Toss 4:00 Poker 4:30 One On One Social Hour | 10 10:00 Park Walk 10:00 Planet Earth 11:30 Sit And Be Fit 1:30 Out To The Movies 1:30 Movie Matinee 2:45 Craft: Star Painting 3:45 Courtyard Bowling 4:30 Sing A Longs | 9:30 Tai Chi 10:45 Scenic Drive 10:45 Classic Comedies 11:30 Sit And Be Fit 2:45 Garden Club 3:30 Pet Visit With Mavis 4:15 Aroma Therapy 6:00 Friday Funnies | 12 10:00 Putting Around 11:00 Sit And Be Fit 11:30 Bingo! 2:30 Baking With Gloria Patriotic Cookies 3:15 Happy Hour 4:30 Sing A Longs 6:00 Classic Movie Night |
| 13 10:15 Southern Gables Church 10:00 IN2L Sermon 11:30 Sit And Be Fit 1:10 Rockies Vs. Brewers 2:00 Songs Of Faith 2:30 Garden Club 3:00 Documentary Time 4:00 Spa Manicures Mother's Day | 14 10:30 Sit And Be Fit 11:00 Bingo! 11:30 Men's Luncheon 2:00 Chef Demo 2:45 Painting With Olga 4:00 Pet Visit with Mavis 4:30 Aroma Therapy 6:00 Popcorn And a Movie | 15 10:30 Sit And be Fit 11:00 Memorial Day Crossword 11:30 Brain Fitness 1:40 Rockies Vs. Padres 2:45 Dancing With Rosemary 3:30 Out To The Library 4:00 Giant Yahtzee 4:30 Music Therapy | 8:00 Out To Breakfast: Village Inn 10:30 Sit And Be Fit 11:00 Write The Story 11:30 Coffee Chat 2:45 The Price Is Right 3:30 Giant Checkers 4:00 Poker 4:30 One On One Social Hour | 9:30 Park Walk 10:00 Planet Earth 11:00 Sit And Be Fit 11:30 Resident Council 2:45 Craft: Star Wavers 3:45 Giant Jenga 4:30 Spa Manicures | 18 9:30 Tai Chi 10:45 Scenic Drive 10:45 Classic Comedies 11:30 Fast Food Friday Wendy's 2:45 Garden Club 3:30 Pet Visit With Mavis 4:15 Aroma Therapy 6:00 Friday Funnies | 19 10:00 Putting Around 11:00 Sit And Be Fit 11:30 Bingo! 2:05 Rockies Vs. Giants 2:45 Courtyard Bowling 3:30 Bean Bag Toss 4:00 Sing A Longs 6:00 Classic Movie Night |
| 9:30 Mile Hi Church 9:30 IN2L Sermon 11:30 Sit And be Fit 2:00 Songs Of Faith 2:30 Garden Club 3:00 Documentary Time 4:00 Spa Manicures | 21 10:30 Sit And Be Fit 11:00 Trivia: Nursery Rhymes 11:30 Bingo! 2:30 Belmar Yoga Class 3:30 Craft: 4:30 Aroma Therapy 6:00 Popcorn And A Movie | 22 10:30 Sit And be Fit 11:00 Family Feud 11:30 Brain Fitness 2:30 Singing With Roz 3:30 Monarch Fitness Group 4:00 Giant Yahtzee 4:30 Music Therapy | 23 10:30 Sit And be Fit 11:00 Write The Story 11:30 Coffee Chat 2:45 The Price Is Right 3:30 Bean Bag Toss 4:00 Poker 4:30 One On One Social Hour | 9:30 Park Walk 10:00 Planet Earth 11:00 Sit And Be Fit 11:30 Music Trivia 1:30 Celestial Seasonings Tour 2:45 Craft: Picket Fences 3:45 Courtyard Bowling 4:30 Sing A Longs | 9:30 Tai Chi 10:45 Scenic Drive 10:45 Classic Comedies 11:30 Sit And Be Fit 2:45 Garden Club 3:30 Pet Visit With Mavis 4:15 Aroma Therapy 6:00 Friday Funnies | 26 10:00 Puttin Around 11:00 Sit And Be Fit 11:30 Bingo! 2:30 Baking With Gloria Patriotic Pretzels 3:15 Happy Hour 4:30 Sing A Longs 6:00 Classic Movie Night |
| 9:30 IN2L Sermon 9:30 Catholic Church 11:00 Sit And Be Fit 2:00 Songs Of Faith 2:30 Garden Club 3:00 Documentary Time 4:00 Spa Manicures | 10:00 Olinger Memorial Drive 10:30 Sit And Be Fit 11:00 Trivia: What Did It Cost? 12:00 Memorial Day BBQ 4:00 Pet Visit With Mavis 6:00 Popcorn And A Movie Memorial Day | 29 10:30 Sit And Be Fit 11:00 Family Feud 11:30 Brain Fitness 2:45 Square Dancing with Charlie 3:30 Monarch Fitness Group 4:00 Birthday Celebration 4:30 Music Therapy | 30 10:30 Sit And be Fit 11:00 Write The Story 11:30 Coffee Chat 12:00 Okane Park Picnic 2:45 The Price Is Right 3:30 Giant Checkers 4:00 Poker 4:30 One On One Social Hour | 31 8:00 Out To Breakfast: The Egg And I 10:30 Sit And be Fit 11:00 Puttin Around 11:30 Music Trivia 1:30 Virtual Reality 2:45 Craft: American Flags 3:45 Giant Jenga | Please Note All programming is subject to change based on weather, needs of residents, etc. | Color Key ■ Special Events at Belmar Off Campus Programs |