



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



3001 E Oakland Blvd  
Ft. Lauderdale, FL 33306  
754-212-1870

- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support

- Location Keys**
- Activities Room AR
  - Country Kitchen CK
  - Dining Room DR
  - Library LI
  - Main Entrance Circle Area MEC
  - Outdoors O
  - Outing OU
  - Solarium SO
  - Theater TH
  - Waterside Cafe WSC

<p>11:00 <b>PE</b> Tai Chi with Judd Zisquit [AR] <b>4</b></p> <p>1:30 <b>LL</b> Bingo [AR]</p> <p>2:30 <b>CC</b> Current Events [WSC]</p> <p>3:00 <b>LL</b> Canasta, Mah Jongg and more.... [AR]</p> <p>3:30 <b>PE</b> Walking Club [O]</p> <p>4:00 <b>LL</b> Feel at Home [WSC]</p> <p>7:30 <b>LL</b> Sunday Night Movie "Bad Education" with Jack Whitehall &amp; Sarah Solemani [TH]</p>	<p>11:00 <b>PE</b> Workout, Weight &amp; Resistance [AR] <b>5</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:30 <b>CC</b> Lecture with Doctor Jonathan Rosand, MD, MSc, from the Massachusetts General Hospital - Co-Director, Center for Brain Health [TH]</p> <p>3:30 <b>SS</b> Mind Yoga [AR]</p> <p>4:00 <b>PE</b> Walking Club [O]</p> <p>7:30 <b>LL</b> Evening Movie "Babel" with Brad Pitt &amp; Cate Blanchett [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>6</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:00 <b>AE</b> Music Appreciation 2Cellos "Back to the Roots" in Concert [TH]</p> <p>2:00 <b>CC</b> Fromen Hearing Testing [CK]</p> <p>3:30 <b>LL</b> Reading Book Club [LI]</p> <p>4:00 <b>LL</b> Get-together [WSC]</p> <p>7:30 <b>LL</b> Evening Movie "Amelie" with Audrey Tautou &amp; Matthieu Kassovitz [TH]</p>	<p>10:30 <b>PE</b> Fitness with Genesis [AR] <b>7</b></p> <p>11:30 <b>LL</b> Rendezvous with Friends [WSC]</p> <p>1:30 <b>LL</b> Bridge Instruction with Carl Cronrath [AR]</p> <p>2:30 <b>AE</b> Piano Sessions with Carlos Trappberger [SO]</p> <p>3:30 <b>AE</b> Shakti Dance with Andrea Bredak [AR]</p> <p>7:30 <b>LL</b> Evening Movie "Elsa &amp; Fred" with Shirley MacLaine &amp; Christopher Plummer [TH]</p>	<p>10:30 <b>PE</b> Fitness with Genesis [AR] <b>8</b></p> <p>11:30 <b>LL</b> Lunch Outing [OU]</p> <p>11:30 <b>LL</b> Reminisce Time [WSC]</p> <p>1:30 <b>AE</b> Painting Class [AR]</p> <p>1:30 <b>LL</b> Shopping Day at Galleria Mall [OU]</p> <p>3:00 <b>AE</b> Sing Along with Marv [TH]</p> <p>7:30 <b>LL</b> Evening Movie "Love Actually" with Keira Knightley &amp; Hugh Grant [TH]</p>	<p><b>Groundhog Day</b> <b>2</b></p> <p>10:30 <b>PE</b> Workout, Weight &amp; Resistance [AR]</p> <p>11:00 <b>SS</b> Shabbat Service [TH]</p> <p>1:00 <b>AE</b> Chorus "Alive &amp; Singing" [SO]</p> <p>2:00 <b>PE</b> Tai Chi with Judd Zisquit [AR]</p> <p>3:00 <b>LL</b> Get-together [WSC]</p> <p>4:30 <b>LL</b> Happy Hour with Kayla Frey [SO]</p> <p>7:30 <b>LL</b> Evening Movie "Y Tu Mama Tambien" with Gael Garcia Bernal &amp; Diego Luna [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>3</b></p> <p>1:30 <b>LL</b> Bridge Game [AR]</p> <p>3:00 <b>CC</b> The Story of Ilse Loeb "Hidden Children" [TH]</p> <p>3:45 <b>LL</b> Movie Matinee - "Aida's Secrets" a movie by Alon Schwarz &amp; Shaul Schwarz [TH]</p> <p>4:00 <b>LL</b> Take a Break [WSC]</p> <p>7:30 <b>LL</b> Night at the Cinema "Victoria &amp; Abdul" with Judi Dench &amp; Ali Fazal [TH]</p>
<p>11:00 <b>PE</b> Tai Chi with Judd Zisquit [AR] <b>11</b></p> <p>1:30 <b>LL</b> Bingo [AR]</p> <p>2:30 <b>CC</b> Current Events [WSC]</p> <p>3:00 <b>LL</b> Canasta, Mah Jongg and more.... [AR]</p> <p>3:30 <b>PE</b> Walking Club [O]</p> <p>4:00 <b>LL</b> Feel at Home [WSC]</p> <p>7:30 <b>LL</b> Sunday Night Movie "Damage" with Jeremy Irons &amp; Juliette Binoche [TH]</p>	<p>11:00 <b>PE</b> Workout, Weight &amp; Resistance [AR] <b>12</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:30 <b>CC</b> Getting to know you with James Allen [AR]</p> <p>3:30 <b>SS</b> Mind Yoga [AR]</p> <p>4:00 <b>PE</b> Walking Club [O]</p> <p>7:30 <b>LL</b> Evening Movie "The English Patient" with Ralph Fiennes &amp; Juliette Binoche [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>13</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:00 <b>AE</b> Music Appreciation "Lord of the Dance" Riverdance with Michael Flatley [TH]</p> <p>3:30 <b>LL</b> Reading Book Club [LI]</p> <p>4:00 <b>LL</b> Get-together [WSC]</p> <p>7:30 <b>LL</b> Evening Movie "Jet Lag" with Jean Reno &amp; Juliette Binoche [TH]</p>	<p><b>Valentine's Day</b> <b>14</b></p> <p>10:30 <b>PE</b> Fitness with Genesis [AR]</p> <p>11:30 <b>LL</b> Rendezvous with Friends [WSC]</p> <p>1:30 <b>LL</b> Bridge Game [AR]</p> <p>2:30 <b>LL</b> Valentine's Celebration with Chris Autore [SO]</p> <p>7:30 <b>LL</b> Evening Movie "The Pianist" with Adrien Brody &amp; Emilia Fox [TH]</p>	<p>10:30 <b>PE</b> Balance Olympics with Genesis [AR] <b>15</b></p> <p>11:30 <b>LL</b> Reminisce Time [WSC]</p> <p>1:30 <b>CC</b> Farmers Market Hosted by Broward Health Imperial Point [OU]</p> <p>2:00 <b>CE</b> NOVA Lecture [TH]</p> <p>3:30 <b>AE</b> Music Matters with Gail Smith [SO]</p> <p>7:30 <b>LL</b> Evening Movie "The Right Stuff" with Sam Shepard &amp; Chuck Yeager [TH]</p>	<p>10:30 <b>PE</b> Workout, Weight &amp; Resistance [AR] <b>16</b></p> <p>11:00 <b>SS</b> Shabbat Service [TH]</p> <p>1:00 <b>AE</b> Chorus "Alive &amp; Singing" [SO]</p> <p>2:00 <b>PE</b> Tai Chi with Judd Zisquit [AR]</p> <p>3:00 <b>LL</b> Get-together [WSC]</p> <p>4:30 <b>LL</b> Happy Hour with Don Stansfield [SO]</p> <p>7:30 <b>LL</b> Evening Movie "Never So Few" with Frank Sinatra &amp; Steve McQueen [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>17</b></p> <p>1:30 <b>LL</b> Bridge Game [AR]</p> <p>3:00 <b>LL</b> Movie Matinee - Classics "Darling Lili" with Julie Andrews &amp; Rock Hudson [TH]</p> <p>4:00 <b>LL</b> Take a Break [WSC]</p> <p>7:30 <b>LL</b> Night at the Cinema "A Passage to India" with Judy Davis &amp; Peggy Ashcroft [TH]</p>

# February 2018

## Independent Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 <b>PE</b> Tai Chi with Judd Zisquit [AR] <b>18</b></p> <p>1:30 <b>LL</b> Bingo [AR]</p> <p>2:30 <b>CE</b> Current Events with J.R. [WSC]</p> <p>3:00 <b>LL</b> Canasta, Mah Jongg and more.... [AR]</p> <p>3:30 <b>PE</b> Walking Club [O]</p> <p>4:00 <b>LL</b> Feel at Home [WSC]</p> <p>7:30 <b>LL</b> Sunday Night Movie "Four Weddings and a Funeral" with Hugh Grant &amp; Andie MacDowell [TH]</p>	<p><b>Presidents' Day 19</b></p> <p>11:00 <b>PE</b> Workout, Weight &amp; Resistance [AR]</p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:30 <b>CE</b> Braintertainment with Judy Herman [AR]</p> <p>3:30 <b>SS</b> Mind Yoga [AR]</p> <p>4:00 <b>PE</b> Walking Club [O]</p> <p>7:30 <b>LL</b> Evening Movie "The Pan's Labyrinth" with Sergi Lopez &amp; Maribel Verdu [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>20</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:00 <b>AE</b> Music Appreciation "Battle of Swing" Benny Goodman Vs. Glenn Miller [TH]</p> <p>3:00 <b>SS</b> Surprise Animal Visit [MEC]</p> <p>3:30 <b>LL</b> Reading Book Club [LI]</p> <p>4:00 <b>LL</b> Get-together [WSC]</p> <p>7:30 <b>LL</b> Evening Movie The Skin I Live In" with Antonio Banderas &amp; Elena Anaya [TH]</p>	<p>10:30 <b>PE</b> Fitness with Genesis [AR] <b>21</b></p> <p>11:30 <b>LL</b> Rendezvous with Friends [WSC]</p> <p>1:30 <b>LL</b> Bridge Instruction with Carl Cronrath [AR]</p> <p>2:30 <b>AE</b> Piano Sessions with Rich Margolis [SO]</p> <p>5:00 <b>SS</b> Dementia Support Group [CK]</p> <p>7:30 <b>LL</b> Evening Movie "Broken Embraces" with Penelope Cruz &amp; Lluís Homar [TH]</p>	<p>10:30 <b>CE</b> Lecture with Genesis [AR] <b>22</b></p> <p>11:30 <b>LL</b> Isle Casino [OU]</p> <p>11:30 <b>LL</b> Reminisce Time [WSC]</p> <p>1:30 <b>AE</b> Painting Class [AR]</p> <p>2:30 <b>LL</b> Biography "Diana" Story of a Princess Part I</p> <p>3:45 <b>CC</b> Lecture with Mind &amp; Mobility "Keeping Your Mind Sharp" Speaker Mateo Martinez [TH]</p> <p>5:30 <b>LL</b> Dinner Outing "Ambry" [OU]</p> <p>7:30 <b>LL</b> Evening Movie "Vicky Cristina Barcelona" with Javier Bardem &amp; Patricia Clarkson [TH]</p>	<p>10:30 <b>PE</b> Workout, Weight &amp; Resistance [AR] <b>23</b></p> <p>1:00 <b>AE</b> Chorus "Alive &amp; Singing" [SO]</p> <p>2:00 <b>PE</b> Tai Chi with Judd Zisquit [AR]</p> <p>3:00 <b>LL</b> Get-together [WSC]</p> <p>4:30 <b>LL</b> Happy Hour with Diana [SO]</p> <p>7:30 <b>LL</b> Evening Movie "The Flower Of My Secret" with Marisa Paredes &amp; Juan Echanove [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>24</b></p> <p>1:30 <b>LL</b> Bridge Game [AR]</p> <p>3:00 <b>LL</b> Movie Matinee - Classics "The Party" with Peter Sellers &amp; Claudine Longet [TH]</p> <p>3:30 <b>CC</b> Cooking with Mamia "Peruvian Cuisine" [CK]</p> <p>4:00 <b>LL</b> Take a Break [WSC]</p> <p>7:30 <b>LL</b> Night at the Cinema "Talk to Her" with Javier Camara &amp; Rosario Flores [TH]</p>
<p>11:00 <b>PE</b> Tai Chi with Judd Zisquit [AR] <b>25</b></p> <p>1:30 <b>LL</b> Bingo [AR]</p> <p>2:30 <b>CC</b> Current Events [WSC]</p> <p>3:00 <b>LL</b> Canasta, Mah Jongg and more.... [AR]</p> <p>3:30 <b>PE</b> Walking Club [O]</p> <p>4:00 <b>LL</b> Feel at Home [WSC]</p> <p>7:30 <b>LL</b> Sunday Night Movie "Blue Jasmine" with Alec Baldwin &amp; Cate Blanchett [TH]</p>	<p>11:00 <b>PE</b> Workout, Weight &amp; Resistance [AR] <b>26</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:30 <b>CC</b> Getting to know you with Dr. Lorraine Wincor [TH]</p> <p>3:30 <b>SS</b> Mind Yoga [AR]</p> <p>4:00 <b>PE</b> Walking Club [O]</p> <p>7:30 <b>LL</b> Evening Movie "Malice" with Nicole Kidman &amp; Alec Baldwin [TH]</p>	<p>11:00 <b>PE</b> Chair Yoga and Meditation with Chloe [AR] <b>27</b></p> <p>1:30 <b>LL</b> Canasta, Mah Jongg and more... [AR]</p> <p>2:00 <b>AE</b> Music Appreciation "Norah Jones" Live in Switzerland [TH]</p> <p>3:30 <b>CC</b> Broward Health Imperial Point Lecture "Preparation for ER Room Visits" [TH]</p> <p>3:30 <b>LL</b> Reading Book Club [LI]</p> <p>4:00 <b>LL</b> Get-together [WSC]</p> <p>7:30 <b>LL</b> Evening Movie "The Confession" with Sir Ben Kingsley &amp; Alec Baldwin [TH]</p>	<p>10:30 <b>PE</b> Fitness with Genesis [AR] <b>28</b></p> <p>11:30 <b>LL</b> Rendezvous with Friends [WSC]</p> <p>1:30 <b>LL</b> Bridge Game [AR]</p> <p>2:30 <b>AE</b> Piano Sessions with Nathan Johnson [SO]</p> <p>3:30 <b>SS</b> Meditation with Anny Carranza [AR]</p> <p>5:00 <b>LL</b> Theme Dinner - Deutsches Essen (German Food) [DR]</p> <p>7:30 <b>LL</b> Evening Movie "Kind Hearts and Coronets" with Alec Guinness &amp; Dennis Price [TH]</p>			