



Almond Heights Senior Living

29	30	May 1	2	3	4	5
		Feta Garbanzo Bean Salad Baked Meatballs/Gravy Kielbasa Bean Dish <i>or</i> Noodles Green Beans Baked Roll Marble Cake	Zesty Cucumber Salad Roasted Rosemary Pork Grilled Chicken Legs <i>or</i> Savory Rice Sauteed Zucchini Baked Roll Mixed Berry Crisp	Mandarin Oranges Chicken Marsala Salisbury Steak/Gravy <i>or</i> Red Potatoes Roasted Carrots Baked Roll Peach Pie	Green Salad Cornmeal Crusted Catfish Roasted Chicken Legs <i>or</i> Fresh Mashed Potatoes Sweet Slaw Baked Roll Southern Style Bread Pudding	Pickle Relish Plate Turkey Meatloaf Chicken Enchilada Casserole <i>or</i> Spanish Rice Seasoned Peas Baked Roll Baked Flan
6	7	8	9	10	11	12
Green Salad Pot Roast of Beef Roasted Pork Loin <i>or</i> Red Skin Mash Seasoned Broccoli Baked Roll Coconut Cream Pie	Mixed Vegetable Salad BBQ Chicken Leg Baked Tilapia/Dill Sauce <i>or</i> Delicious Rice Green Beans/Bacon Baked Roll Peach Crisp	Green Salad Sweet Pear Pork Chop Beef Tips <i>or</i> Smashed Sweet Potatoes Glazed Baby Carrots Baked Roll Banana Sheet Cake	Caesar Salad Baked Ziti Herb Crusted Turkey Cutlet <i>or</i> Baked Potato Mixed Vegetables Baked Roll Chocolate Caramel Cake	Vegetable Medley Salad Chicken/Lime and Cilantro Rice Pilaf Corn on the Cob Baked Roll White Cake	Sunny Fruit Salad Tropical Tilapia Ham/Pineapple Sauce <i>or</i> Delicious Rice Chef's Steamed Vegetable Baked Roll Citrus Cake	Avocado Salad Brown Sugar Meatloaf Honey Curry Chicken Legs <i>or</i> Mashed Potato Casserole Fresh Green Beans Baked Roll Cherry Crisp
13	14	15	16	17	18	19
Green Salad Roast Beef Herb Roasted Turkey <i>or</i> M'Potatoes/Chix Gravy Corn Baked Roll Apple Pie	Green Salad Four Cheese Ziti Roasted Chicken Legs <i>or</i> Lemon Rice Steamed Broccoli Baked Roll Homemade Chocolate Cake	Green Salad Spaghetti/Marinara Meat Sauce Grilled Tilapia/Aioli Sauce <i>or</i> Delicious Rice Green Bean Blend Italian Mozzarella Garlic Bread Coconut Custard Pie	Broccoli Coleslaw Oven Roasted Pork Leg of Lamb <i>or</i> Roasted Rosemary Potatoes Baked Seasoned Squash Baked Roll Cheesecake	Peach Spring Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Assorted Desserts	Coleslaw Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parsley Rice Glazed Baby Carrots Baked Roll Bread Pudding/Vanilla Sauce	Cucumber Corn Salad Lemon Pepper Chicken Pork Chow Mein <i>or</i> Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding
20	21	22	23	24	25	26
Garden Green Salad Marinated Pork Roast Roast Beef au Jus <i>or</i> Baked Potato Mixed Vegetables Baked Roll White Cake	Layered Fruit Salad Meatloaf Turkey Roast/Zesty Rub <i>or</i> Fresh Mashed Potatoes Roasted Cauliflower Baked Roll Chocolate Caramel Cake	Green Salad Chicken/Pineapple Mango Salsa Kielbasa/Peppers <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Peaches 'n Cream Dessert	Hawaiian Fruit Salad Pan Seared Tilapia Garlic Broiled Chicken Leg <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Banana Creme Cake	Broccoli Raisin Salad Beef Patty/Mushroom Sauce Pork Tenderloin <i>or</i> Boiled Potatoes Mixed Vegetables Baked Roll Cheesecake	Ambrosia Chicken Breast, Marinated Baked Dijon Salmon <i>or</i> Seasoned Rice Capri Blend Baked Roll Pineapple Upside Down Cake	Marinated Pepper Salad Kalua Roast Pork Beef Paprika <i>or</i> Aloha Sweet Potatoes Glazed Baby Carrots Baked Roll Cake Chocolates
27	28	29	30	31	Jun 1	2
Green Salad Meatloaf Slow Roasted Turkey <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Poppy Seed Cake	Green Salad Dijon Honey Roasted Chicken Apple Cider Pork Loin <i>or</i> Seasoned Mushroom Rice Peas and Onions Baked Roll Apple Pie	Classic Waldorf Salad Ginger Mustard Pork Chops Classic Spaghetti Meat Sauce <i>or</i> Baked Yams Buttery Carrots Baked Roll Coconut Cake	Carrot Celery Cucumber Salad Baked Ham/Peach Sauce Honey Baked Chicken Leg <i>or</i> Baked Potato Mixed Vegetables Baked Roll Cake Chocolates	Green Salad Sweet Pineapple Chicken Baked Beef Vegetable Stew <i>or</i> Parsley Rice Steamed Broccoli Baked Roll Assorted Desserts		