

Last Chapter Planning Workshop

Have you planned for your last chapter? Do you have a will in place? Funeral and burial requests in writing? Bob Hays will be leading a workshop on May 8th at 2:00pm in the Fireside Lounge on the 3rd Floor of Bridgeport Place. Please sign up at the Front Desk or call (253) 565-1960 to reserve a seat.



Bridgeport place is excited to announce that a new Health and Wellness Center is in progress and will be located on the first floor where the Private Dining Room Currently is. . There have already been donations of fitness equipment and the new scale will be relocated there once the new carpet is put in. If you would like to donate a piece of fitness equipment to the center please contact Maureen Hennessy to see if it can be added.



Please RSVP for the Brunch at the Front Desk. There are two seating options: 11:00am or 12:30pm

A Long Time Ago...

"May the Fourth be with you." So say the millions of *Star Wars* fans who will celebrate Intergalactic *Star Wars* Day on May 4. What has made *Star*

Wars one of the most beloved and successful film franchises in history? When it was released on May 25, 1977, it blew audiences away. In the middle of an era when dark and brooding films were all the rage, this space adventure with cutting-edge special effects, wild aliens, strange other worlds, funny banter, and an amazing musical score was a breath of fresh air. *Star Wars* creator George Lucas had mined both high- and low-brow sources for his space opera, paying homage to the filmmakers he had studied during his film school years. What grew out of that first film is a media empire as far-reaching as the evil Empire itself.

Bridgeport Place Buzz

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Celebrating May

May 2nd
Happy Birthday Ginny S.

May 10th
Happy Birthday Wanda B.

May 11th
Happy Birthday Mickey C.

May 12th
Happy Birthday Nancy F.

May 13th
Mother's Day

May 18th
Happy Birthday Martha W.

May 19th
Bridgeport Place Blood Drive

May 21st
Happy Birthday Don G.

May 22nd
Happy Birthday Donna S.

May 28th
Memorial Day (U.S.)



CELEBRATING OUR VETERANS

After months of anticipation the Wall of Honor will be unveiled on Monday May 28th to celebrate Memorial Day and to show appreciation to our Veteran neighbors. Our Lifestyle and Leisure Director, Amy, has collected many photos already and more continue to come in. If you are a resident at Bridgeport Place and you would like us to recognize you for your service please bring your photo to the front desk to be scanned or you may have it emailed to Amy directly at lifestyleandleisure@bridgeportplaceseniors.com.



A letter From the Executive Director

I have been thinking a lot about neighbors this month. Growing up in the North end of Tacoma our family had a pretty amazing and unique neighborhood. I remember we never had to worry about locking our doors or cars; our neighbors were always looking out for their fellow friends. The holidays were also filled with a sense of unity and safety—take for instance Halloween--my Dad knew everyone in all the houses we went to and we knew most of the kids that came to our house as well. In the wintertime we went sledding at the top of our neighborhood hill with the other kids and the parents would be waiting there with at least four other families, chatting and drinking their beverages watching us kids grow up. Growing up I learned that being a “good neighbor” meant being a part of each other’s lives and special moments by going to neighborhood birthday parties, wedding celebrations, baby showers and funerals. They were a big part of our lives and considered “family.” Even though I may not see most of the families in the neighborhood anymore, I still regard them as an extension of my immediate family. Through these experiences I have learned that neighbors are our friends, family and our community. They are a part of who we are, what we’ve become and our future. Neighbors are our inspiration, a shoulder to cry on and our biggest fans. When I think of neighbors at Bridgeport Place, I think of each of us as an extension of our immediate family. We may not see our family every day, but our neighbor is right next door, in the dining room or on the bus for an activity. I encourage all of us to reach out to our fellow neighbor and offer a kind word, have an open heart and enjoy the blessings and gifts that we each have to offer. I challenge all of us to meet a new resident today or simply knock on a neighbor’s door to say hello.

Maureen Hennessy



Bridgeport Place Blood Drive

Saturday May 19th 1:00pm-3:00pm

Pre-Registration Required

Sign Up at the Front Desk

Give the gift of life
Donate blood



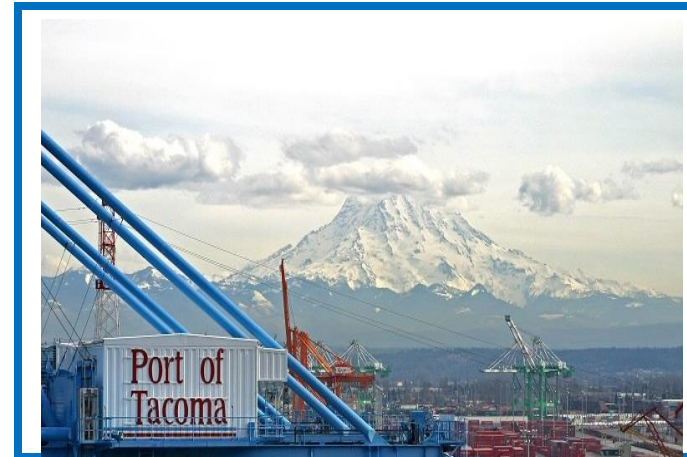
Everything is Better with
Friends!

Refer a Friend to Live with us at
Bridgeport Place and you Could
Receive 1500\$ off Your Rent*



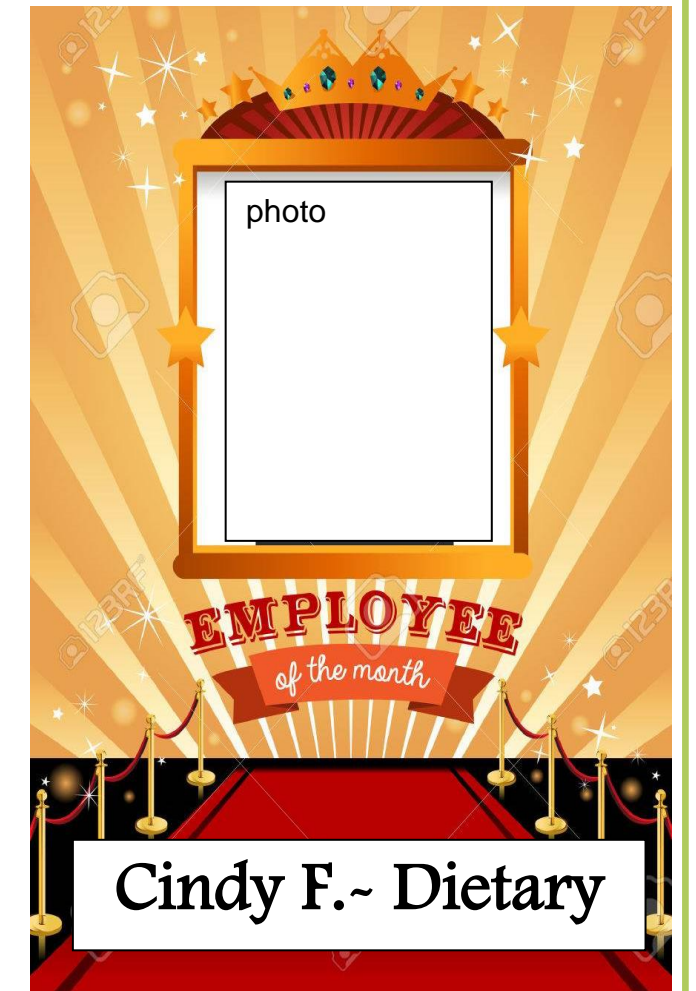
Like us on Facebook and keep up with all the
Activities going on at Bridgeport Place!

Tour of the Port Of Tacoma May 11th at 9:00am



The Port of Tacoma is one of the largest and busiest ports in the United States. The Port's location on the Puget Sound, where the Puget Sound and the Tacoma Narrows meet, has led to the development of various private docks and facilities in Steilacoom, along Ruston Way and in Old Town Tacoma. Today, the Port covers more than 2,700 acres in the Port industrial area. It is one of the top container ports in North America and is a major gateway for trade with Asia and Alaska.

Bridgeport Place will be going on a tour of the Port of Tacoma on May 11th at 9:00am. Residents will not have to exit the New Bridgeport Place Shuttle Bus as the Tour Guide is coming aboard to lead the adventure. Seats are limited so sign up at the Front Desk if you would like to attend.



May Music

May 10th

Music with Larry

May 12th

Gary and His Accordion

May 19th

Drum Circle with Kenny

May 23rd

Music with Glen

May 30th

Piano with Jonathan