



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>May 2018</b></p> <p><b>“God could not be everywhere, and therefore he made mothers”~Kipling</b></p>		9:30-Sittercise 1 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  May Day	9:30-Sittercise 2 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 3 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 4 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 5 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  Cinco de Mayo
9:30-Sittercise 6 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 7 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 8 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 9 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 10 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 11 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 12 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds
9:30-Sittercise 13 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  Mother's Day	9:30-Sittercise 14 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 15 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 16 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  First Day of Ramadan	9:30-Sittercise 17 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 18 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 19 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  Armed Forces Day
9:30-Sittercise 20 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  First Day of Shavuot	9:30-Sittercise 21 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 22 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 23 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 24 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 25 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 26 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds
9:30-Sittercise 27 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 28 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds  Memorial Day	9:30-Sittercise 29 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 30 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	9:30-Sittercise 31 10:00-Expressive Art 11:00-Aromatherapy and Reminiscing 1:30-Relaxation with Music 2:30-Energized Exercise 3:15-Cognitive Activity 4:30-Memory Games 6:30-Soothing Sounds	5/7-2pm-Bus Ride 5/9-2pm-Scott Strange Performs 5/10-10am-Mother's Day Tea w/ Christina and the Traveling Tea Cart 5/13-12pm-Mother's Day Lunch 5/25-12pm-Memorial Day Cookout 5/21-2pm-Bus Ride   <p>By Discovery Senior Living</p>	

For more information on daily activities, feel free to contact us directly at 317-575-9200