




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>1901 Division Street Marquette, MI 49855 (906) 225-4488</p>		<p>May is National Stroke Month 1</p> <p>9:15 Morning Prayer & Praise</p> <p>10:00 PE Movin' & Groovin' w/Jen</p> <p>12:30 Tai Chi w/Debi</p> <p>1:30 Stroke Clinic -U.P. Health Systems</p> <p>6:30 Bingo</p>	<p>9:00 Foot Care w/ Kate's Place 2</p> <p>11:00 Trivia</p> <p>1:00 AE Exercise tape</p> <p>1:15 Shopko Outing</p> <p>1:30 Rosary w/Fae</p> <p>3:30 CE Armchair Explorer</p> <p>6:30 CC Wags & Wiggles- Pet Therapy</p>	<p>9:15 Morning Coffee and Conversation 3</p> <p>10:00 Moving for better Balance</p> <p>1:30 Resident Council Book Club w/Lynn Brown</p>	<p>9:00 Manicures /classic TV 4</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 LL Happy Hour w/ Sunshine Girls</p> <p>7:00 Movie Night w/ Popcorn</p>	<p>Cinco de Mayo 5</p> <p>10:15 Exercise Tape</p> <p>1:30 Crafts w/ Libby and Savannah</p> <p>3:00 LL Games w/Friends</p> <p>6:30 Bingo w/Steve</p>	
	<p>10:00 Let the Bible Speak 6</p> <p>10:30 Exercise Tape</p> <p>2:00 Piano Recital</p> <p>6:30 Brookridge Troubadours</p>	<p>10:15 Sittercise 7</p> <p>1:30 Catholic Mass</p> <p>2:30 Musical Bingo</p> <p>3:45 CE Birding Basics W/ Scot Stewart</p> <p>4:00 SS Women's Bible Study</p> <p>6:30 Millionaire w/Dave</p>	<p>9:15 Morning Prayer & Praise 8</p> <p>10:00 PE Movin' & Groovin' w/Jen</p> <p>1:00 Tai Chi w/Debi</p> <p>1:30 A Novel Idea (Reading Group)</p> <p>3:00 Exploring art w/Lynn</p> <p>6:30 Bingo</p>	<p>11:00 Trivia 9</p> <p>1:00 AE Exercise tape</p> <p>1:30 Rosary w/Fae</p> <p>2:00 Cooking w/Adam</p> <p>3:30 CE Armchair Explorer</p> <p>6:30 CC Wags & Wiggles- Pet Therapy</p>	<p>9:15 Morning Coffee and Conversation 10</p> <p>10:00 Exercise Tape</p> <p>2:00 Alzheimer's Presentation</p> <p>6:00 Alzheimer's Presentation</p> <p>6:30 Games w/Kristy</p>	<p>9:00 Manicures /classic TV 11</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 LL Happy Hour w/Jim Pederson</p> <p>7:00 Movie Night w/ Popcorn</p>	<p>10:15 Exercise Tape 12</p> <p>2:00 Hats and High Tea</p> <p>6:30 Bingo w/Steve</p>
	<p>Mother's Day 13</p> <p>10:00 Let the Bible Speak</p> <p>10:30 Exercise Tape</p> <p>3:30 SS Gospel Hour w/ Dale, Jerry & Bob</p> <p>6:30 Brookridge Troubadours</p>	<p>10:15 Sitter Yoga w/ YMCA 14</p> <p>1:30 Catholic Mass</p> <p>2:30 Musical Bingo</p> <p>3:30 Flex & Stretch</p> <p>4:00 SS Women's Bible Study</p> <p>6:30 Millionaire w/Dave</p>	<p>9:15 Morning Prayer & Praise 15</p> <p>9:30 U.P. Health and Hospice- Blood Pressure and Diabetic checks</p> <p>10:00 PE Movin' & Groovin' w/Jen</p> <p>12:30 Tai Chi w/Debi</p> <p>2:00 Trooper Stacey Rasanen</p> <p>6:30 Bingo</p>	<p>11:00 Trivia 16</p> <p>1:00 AE Exercise tape</p> <p>1:30 Rosary w/Fae</p> <p>3:30 CE Armchair Explorer</p> <p>6:30 CC Wags & Wiggles- Pet Therapy</p>	<p>9:15 Morning Coffee and Conversation 17</p> <p>10:00 Moving for better Balance</p> <p>2:00 Dr. Surrell-History of Newberry MI, Logging Industry and More!</p> <p>6:30 Games w/Kristy</p>	<p>9:00 Manicures /classic TV 18</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 LL Happy Hour w/Toni Saari</p> <p>7:00 Movie Night w/ Popcorn</p>	<p>10:15 Exercise Tape 19</p> <p>2:00 Bowling</p> <p>3:00 LL Games w/ Friends</p> <p>6:30 Bingo w/Steve</p>
	<p>10:00 Let the Bible Speak 20</p> <p>10:30 Exercise Tape</p> <p>2:30 SS Worship. Service w/Jim Larson</p> <p>6:30 Brookridge Troubadours</p>	<p>10:15 Sittercise 21</p> <p>1:30 Catholic Mass</p> <p>2:30 Musical Bingo</p> <p>3:45 CE Birding Basics W/ Scot Stewart</p> <p>4:00 SS Women's Bible Study</p> <p>6:30 Millionaire w/Dave</p>	<p>National Chocolate Chip Day! 22</p> <p>9:15 Morning Prayer & Praise</p> <p>10:00 PE Movin' & Groovin' w/Jen</p> <p>1:00 Tai Chi w/Debi</p> <p>1:30 A Novel Idea (Reading Group)</p> <p>3:30 Worship w/Messiah Lutheran</p> <p>6:30 Bingo</p>	<p>11:00 Trivia 23</p> <p>1:00 AE Exercise tape</p> <p>1:30 Rosary w/Fae</p> <p>2:00 Taste & Tell</p> <p>3:30 CE Armchair Explorer</p> <p>6:30 CC Wags & Wiggles- Pet Therapy</p>	<p>9:15 Morning Coffee and Conversation 24</p> <p>10:00 Moving for better Balance</p> <p>2:00 Adventures w/ Fred</p> <p>6:30 Games w/Kristy</p>	<p>9:00 Manicures /classic TV 25</p> <p>10:15 Sittercise w/ YMCA</p> <p>1:00 Tai Chi w/Debi</p> <p>2:00 LL Happy Birthday ,Happy Hour w/Dave Berry</p> <p>7:00 Movie Night w/Popcorn</p>	<p>10:15 Exercise Tape 26</p> <p>2:00 Bowling</p> <p>3:00 LL Games w/ Friends</p> <p>6:30 Bingo w/Steve</p>
	<p>10:00 Let the Bible Speak 27</p> <p>10:30 Exercise Tape</p> <p>6:30 Brookridge Troubadours</p>	<p>Memorial Day 28</p> <p>1:30 Catholic Mass</p> <p>6:30 Millionaire w/ Dave</p>	<p>9:15 Morning Prayer & Praise 29</p> <p>10:00 PE Movin' & Groovin' w/Jen</p> <p>1:00 Tai Chi w/Debi</p> <p>6:30 Bingo</p>	<p>National Senior Health and Fitness Day 30</p> <p>9:00 Health Fair-9:00am-1:00pm</p> <p>1:30 Rosary w/Fae</p> <p>3:30 CE Armchair Explorer</p> <p>6:30 CC Wags & Wiggles- Pet Therapy</p>	<p>9:15 Morning Coffee and Conversation 31</p> <p>10:00 Moving for better Balance</p> <p>6:30 Games w/Kristy</p>	<p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	