

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Getting Digital W/ Danielle 6:30 Every other Wednesdays 5/9, 5/23	Parks and Rec Month!! Take advantage of the calendar this month in May and sign up for one of the many trips to one of our region's beautiful parks!	Yogurt Parfait Day 1 9:00 Doctor Runs - Ends at 3:30 10:30 Chair Chi, VR 2:00 Chair Volleyball, VR 3:00 Wine Social, Bistro 6:30 All Card Games, BS 6:30 Dime B*N*G*O, VR	2 9:00 Doctor Runs - Ends at 3:30 9:00 Knit Wit Club, Bistro 1:30 Moments for Dance: Chair Dance Class, VR 2:00 Nails by Kathryn, B 2:30 Resident Sing-Along, LB 7:15 Wednesday Night Movie	3 10:30 Chair Chi, VR 10:30 Grocery Runs, BUS 11:00 Chain of Thought, VR 1:00 Magnusson Park Tour, Bus 3:00 Memories and Tea w/Cristy, Back Bistro	4 10:00 Northgate Mall, BUS 2:00 Karaoke w/Chris, VR 3:00 Game of Hearts, BS 3:00 Wine Social, BS 7:00 Movie in the Theater	Cinco De Mayo 5 9:30 Tulalip Casino, BUS 11:00 Book Chat w/Mary Z, Library 2:30 Cinco De Mayo Fiesta!, BS 7:00 Movie in Theater
6 9:30 Spirituality Runs, BUS 10:00 Farmers' Market 11:30 Catholic Communion, VR 1:00 IKEA: Store and Cafeteria, Bus 3:30 BUNCO, Bistro	7 10:30 Errand Runs in Ballard 1:00 Tango Lessons, VR 1:30 Grocery Runs, BUS 2:00 Senior Speaks, VR 6:30 Board GAMES, BS	Teacher Appreciation Day 8 9:00 Doctor Runs - Ends at 3:30 10:30 Chair Chi, VR 2:00 Chair Volleyball, VR 3:00 Wine Social, Bistro 6:30 All Card Games, BS 6:30 Dime B*N*G*O, VR	9 9:00 Doctor Runs - Ends at 3:30 9:00 Knit Wit Club, Bistro 1:30 Moments for Dance: Chair Dancing Class, VR 2:00 Nails by Kathryn, B 2:30 Resident Sing-Along, LB 3:30 Vitality Forum, VR 7:15 Wednesday Night Movie	10 10:30 Chair Chi, VR 10:30 Grocery Runs, BUS 1:00 Cal Anderson Park Tour, Bus 1:30 Short Story writing class W/Claire Anderson PDR 6:30 Lisa Dubek: Tree Kangaroo Presentation, VR	11 10:00 Dollar Tree, BUS 1:15 All Resident Meeting, VR 2:00 Karaoke w/Chris, VR 3:00 Game of Hearts, BS 3:00 Wine Social, BS 7:00 Movie in the Theater	Food Drive Day 12 9:00 Port Townsend Trip, BUS 11:00 Book Chat w/Mary Z, Library 2:30 Fruit and Veggie Platter social, Bistro 6:30 Ballard Artwalk - Ends at 9 pm, Library & Bistro 7:00 Movie in Theater
Mother's Day 13 9:30 Spirituality Runs, BUS 10:00 Farmers' Market 10:00 Special Mothers Day Brunch, DR 11:30 Catholic Communion, VR 2:00 Mad Men Matinee, Theater 3:30 BUNCO, Bistro	14 10:30 Errand Runs in Ballard 1:00 Tango Lessons, VR 1:30 Grocery Runs, BUS 2:00 Senior Speaks, VR 6:30 Board GAMES, BS	15 9:00 Doctor Runs - Ends at 3:30 10:30 Chair Chi, VR 2:00 Chair Volleyball, VR 3:00 Wine Social, Bistro 6:30 All Card Games, BS 6:30 Dime B*N*G*O, VR	16 9:00 Doctor Runs - Ends at 3:30 1:30 Moments for Dance: Chair Dancing Class, VR 2:00 Nails by Kathryn, B 2:30 Resident Sing-Along, LB 3:30 Town Hall, VR 6:30 Poetry Night W/ Gary, PD 7:15 Wednesday Night Movie	17 10:30 Chair Chi, VR 10:30 Grocery Runs, BUS 11:00 May Birthday Party, DR 11:00 New Resident Orientation, PD 1:00 Volunteer Park Tour, BUS 3:00 Memories and Tea w/Cristy, Back Bistro	18 11:30 Lunch Bunch: Tacos Gauymas- Greenlake 2:00 Karaoke w/Chris, VR 3:00 Game of Hearts, BS 3:00 Wine Social, BS 6:30 Peggy Lee Visits the Ballard Landmark!, Library 7:00 Movie in Theater	Armed Forces Day 19 10:00 Olympic Sculpture Park, BUS 11:00 Book Chat w/Mary Z, Library 2:30 Special Armed Forces social w/ refreshments, B 6:00 Ballard Jazz Fest!, Library 7:00 Movie in Theater
20 9:30 Spirituality Runs, BUS 10:00 Farmers' Market 11:30 Catholic Communion, VR 1:00 Rhododendron Gardens, BUS 3:30 BUNCO, Bistro 7:15 Theodore Roosevelt Documentary, Theater	21 10:30 Errand Runs in Ballard 1:00 Tango Lessons, VR 1:30 Grocery Runs, BUS 2:00 Senior Speaks, VR 3:00 Wellness forum, VR 6:30 Board GAMES, BS 6:30 Music Mondays: Reilly Atkinson Trio, LB	Vanilla Pudding Day 22 9:00 Doctor Runs - Ends at 3:30 10:30 Chair Chi, VR 2:00 Chair Volleyball, VR 3:00 Wine Social, Bistro 6:30 All Card Games, BS 6:30 Dime B*N*G*O, VR	23 9:00 Doctor Runs - Ends at 3:30 1:15 Food Forum, VR 1:30 Moments for Dance: Chair Dancing Class, MPR 2:00 Nails by Kathryn, B 2:30 Resident Sing-Along, LB 7:15 Wednesday Night Movie	24 10:30 Chair Chi, VR 10:30 Grocery Runs, BUS 1:00 Discovery Park Tour, BUS 1:30 Short Story writing class W/Claire Anderson PDR 3:00 Memories and Tea w/Cristy, Back Bistro 6:30 Cosmos W/ Reilly, Theater	25 10:30 Larsen's Bakery, BUS 2:00 Karaoke w/Chris, VR 3:00 Game of Hearts, BS 3:00 Wine Social, BS 4:00 Dinner Out: Taki's Mad Greek 7:00 Movie in the Theater	Blueberry Day 26 8:45 Mt. Rainier Nation Park Trip, BUS 11:00 Book Chat w/Mary Z, Library 2:30 Blueberry Cheesecake Social, Bistro 2:30 Yogurt Parfait Social, BS 7:00 Movie in Theater
27 9:30 Spirituality Runs, BUS 10:00 Farmers' Market 11:30 Catholic Communion, VR 2:00 Mad Men Matinee, Theater 3:30 BUNCO, Bistro	28 10:30 Errand Runs in Ballard 1:00 Tango Lessons, VR 1:30 Grocery Runs, BUS 2:00 Senior Speaks, VR 6:30 Board GAMES, BS	29 9:00 Doctor Runs - Ends at 3:30 10:30 Chair Chi, VR 2:00 Chair Volleyball, VR 3:00 Wine Social, Bistro 6:30 All Card Games, BS 6:30 Dime B*N*G*O, VR	Health and Fitness Day 30 9:00 National Senior Health and fitness day: Marymoore Park, BUS 1:30 Moments for Dance: Chair Dancing Class, VR 2:00 Nails by Kathryn, B 2:30 Resident Sing-Along, LB 7:15 Wednesday Night Movie	31 10:30 Chair Chi, VR 10:30 Grocery Runs, BUS 11:00 Chain of Thought, VR 1:00 Kerry Park Tour, BUS 3:00 Memories and Tea w/Cristy, Back Bistro		