

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2018

Westmont of Morgan Hill, an Assisted Living Community

<p>Medical Appts. – North 1</p> <p>Daily Health & Wellness Walk 10:30 Communion & Blessing 11:00 Chair Exercises 1:00 Spring Choir Practice 2:00 Resident Council Mtg. 3:00 Nickel Bingo 5:30 Dominoes 6:00 Popcorn & a Movie <small>May Day</small></p>	<p>Daily Health & Wellness Walk 2</p> <p>9:00 Andre Rieu in the Theater 10:00 Sing-A-Long w/Dorene 11:00 Chair Exercises 1:00 Garden Group 2:30 Mid-Wk Mingle & Trivia 2:30 Bookmobile 3:00 Dime Bingo 4:00 Wine Bar & Appetizers 6:00 Popcorn & a Movie</p>	<p>Medical Appts. – South 3</p> <p>9:15 Bible Study 11:00 Chair Exercises 1:00 Bunco 2:00 Armchair Traveler 3:00 Scrabble (Beg/Int.) 3:00 Spring Choir Practice 4:00 Piano in the lobby 5:40 Louise on the Piano 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 4</p> <p>10:00 Shopping/Bank Day 10:30 Balance & Strength 11:00 Chair Exercises 1:30 Chair Zumba 2:00 Crafts – Make cards for New Residents 3:00 Pay Day Bingo 4:00 Black Jack 6:00 Popcorn & a Movie</p>	<p>CINCO DE MAYO 5</p> <p>10:00 Sr. Age Chair Yoga 11:00 Chair Exercises 11:30 Cinco de Mayo Lunch 2:00 Meet & Greet Social 3:30 Freestyle Games 6:00 Popcorn & a Movie <small>Cinco de Mayo</small></p>		
<p>Daily Health & Wellness Walk 6</p> <p>8:00 Donuts in the Lobby 8:30 Sunday Morning News & Coffee Social 1:00 – 4:00 Sunday Bridge Group 3:00 Sunday Social 6:15 Dominoes</p>	<p>Daily Health & Wellness Walk 7</p> <p>10:00 Neurobic Mondays – Activity Puzzles 11:00 Chair Exercises 2:00 Bingo for Fun with Veronica 3:00 Indoor Putting 5:40 Louise on the Piano 6:15 Dominoes</p>	<p>Medical Appts. – North 8</p> <p>Daily Health & Wellness Walk 10:00 Chair Yoga w/Theresa 10:30 Communion & Blessing 11:00 Chair Exercises 1:00 Spring Choir Practice 3:00 Nickel Bingo 5:30 Dominoes 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 9</p> <p>9:00 Andre Rieu in the Theater 11:00 Chair Exercises 1:00 Garden Group 2:00 Taste of Westmont 2:30 Mid-Wk Mingle & Trivia 3:00 Dime Bingo 4:00 Wine Bar & Appetizers 6:00 Popcorn & a Movie</p>	<p>Medical Appts. – South 10</p> <p>8:00 Waffle Thursday 9:15 Bible Study 11:00 Chair Exercises 1:00 Bunco 1:00 Men's Group 2:00 Armchair Traveler 3:00 Scrabble (Beg/Int.) 4:00 Piano in the lobby 5:40 Louise on the Piano 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 11</p> <p>9:30 Shopping/Bank Day 11:00 Chair Exercises 11:30 'Let's Do Lunch!' Outing 2:00 Crafts – Mother's Day 3:00 Dime Bingo 4:00 Black Jack 4:00 Walk with Roz 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 12</p> <p>10:00 Sr. Age Chair Yoga 11:00 Chair Exercises 2:00 Saturday Social in the Lobby 3:30 Freestyle Games 6:00 Popcorn & a Movie</p>
<p> 13</p> <p>8:30 Sunday Morning News & Coffee Social 11:30 Mothers Day Lunch & Entertainment 3:00 Sunday Social <small>Mother's Day</small></p>	<p>Daily Health & Wellness Walk 14</p> <p>10:00 Neurobic Mondays – Activity Puzzles 11:00 Chair Exercises 2:00 Bingo for Fun with Veronica 3:00 Indoor Basketball 5:40 Louise on the Piano 6:15 Dominoes</p>	<p>Medical Appts. – North 15</p> <p>Daily Health & Wellness Walk 10:30 Communion & Blessing 11:00 Chair Exercises 1:00 Morgan Hill Art Outing/Pottery Class 4:00 Spring Choir Practice 3:00 Nickel Bingo 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 16</p> <p>9:00 Andre Rieu in the Theater 11:00 Chair Exercises 1:00 Garden Group 2:00 Culinary Meeting 2:30 Bookmobile 2:30 Mid-Wk Mingle & Trivia 3:00 Dime Bingo 4:00 Wine Bar & Appetizers 6:00 Popcorn & a Movie <small>First Day of Ramadan</small></p>	<p>Medical Appts. – South 17</p> <p>9:15 Bible Study 11:00 Chair Exercises 1:00 Bunco 2:00 Photography Club w/Arne 3:00 Scrabble (Beg/Int.) 3:00 Spring Choir Practice 4:00 Piano in the lobby 5:40 Louise on the Piano</p>	<p>Daily Health & Wellness Walk 18</p> <p>10:00 Shopping/Bank Day 10:30 Balance & Strength 11:00 Chair Exercises 1:30 Chair Zumba 2:00 Crafts 3:00 Dime Bingo 4:00 Black Jack 4:00 Walk with Roz 6:00 Popcorn & a Movie</p>	<p> Royal Wedding</p> <p>10:00 Sr. Age Chair Yoga 11:00 Chair Exercises 2:00 Choir Performance 3:30 Freestyle Games 6:00 Popcorn & a Movie <small>Armed Forces Day</small></p>
<p>Daily Health & Wellness Walk 20</p> <p>8:30 Sunday Morning News & Coffee Social 1:00 – 4:00 Sunday Bridge Group 3:00 Sunday Social 6:15 Dominoes <small>First Day of Shavuot</small></p>	<p>Daily Health & Wellness Walk 21</p> <p>10:00 Neurobic Mondays – Activity Puzzles 11:00 Chair Exercises 2:00 Bingo for Fun with Veronica 3:00 Indoor Darts 5:40 Louise on the Piano 6:15 Dominoes</p>	<p>Medical Appts. – North 22</p> <p>Daily Health & Wellness Walk 10:00 Chair Yoga w/Theresa 10:30 Communion & Blessing 11:00 Chair Exercises 3:00 Nickel Bingo 5:30 Dominoes 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 23</p> <p>9:00 Andre Rieu in the Theater 11:00 Chair Exercises 1:00 Garden Group 2:30 Mid-Wk Mingle & Trivia 3:00 Dime Bingo 4:00 Wine Bar & Appetizers 5:00 Music with Brownie Trp 6:00 Popcorn & a Movie</p>	<p>Medical Appts. – South 24</p> <p>9:00 Sr Safari Outing-San Jose 9:15 Bible Study 11:00 Chair Exercises 1:00 Bunco 2:00 Armchair Traveler 3:00 Scrabble (Beg/Int.) 4:00 Piano in the lobby 5:40 Louise on the Piano 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 25</p> <p>10:00 Shopping/Bank Day 10:30 Balance & Strength 11:00 Chair Exercises 1:30 Chair Zumba 2:00 Crafts 3:00 Dime Bingo 4:00 Black Jack 4:00 Walk with Roz 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 26</p> <p>10:00 Sr. Age Chair Yoga 11:00 Chair Exercises 2:00 May Birthday Celebration w/Cake 3:30 Freestyle Games 6:00 Popcorn & a Movie</p>
<p>Daily Health & Wellness Walk 27</p> <p>8:30 Sunday Morning News & Coffee Social 1:00 – 4:00 Sunday Bridge Group 3:00 Sunday Social 6:15 Dominoes</p>	<p> 28</p> <p>10:00 Neurobic Mondays – Activity Puzzles 11:00 Chair Exercises 2:00 Bingo for Fun with Veronica <small>Memorial Day</small></p>	<p>Medical Appts. – North 29</p> <p>10:30 Communion & Blessing 11:00 Chair Exercises 11:30 Memorial Day BBQ 2:00 Activity Meeting w/Roz 3:00 Nickel Bingo 5:30 Dominoes 6:00 Popcorn & a Movie</p>	<p>Daily Health & Wellness Walk 30</p> <p>9:00 Andre Rieu in the Theater 11:00 Chair Exercises 1:00 Garden Group 2:30 Mid-Wk Mingle & Trivia 2:30 Bookmobile 3:00 Dime Bingo 4:30 Candlelight Dinner & Ent. 6:00 Popcorn & a Movie</p>	<p>Medical Appts. – South 31</p> <p>9:15 Bible Study 11:00 Chair Exercises 1:00 Bunco 2:00 Armchair Traveler 3:00 Scrabble (Beg/Int.) 4:00 Piano in the lobby 5:40 Louise on the Piano 6:00 Popcorn & a Movie</p>	<p><i>Please check the Weekly Activity Schedule for locations of events and activities.</i></p> <p><i>May Birthdays: Chad Hunt, 5/28</i></p> 	