

Sunday

Monday






Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>May 2018 Campus Commons Senior Living</p>		<p>9:00 Stretch Bands w/Barbara Holland-CL 10:00 Garden Club-AC 1:00 Bible Study-CR 2:00 Atlas Hearing-CL 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p> <p style="text-align: center;">May Day</p>	<p>8:00-10:00 LAB Appts-L 9:00 Physical Therapy-CL 10:00 BB Baseball w/WC @ CC-CL 12:00 Bridge-CR 1:00 Banking-L 2:00 Wii Bowling-AC 3:30 Sing Along-CL 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 10:00 Word Makers w/Barbara-AC 1:00 Shuffle Board-GR 1:00 Bridge-CR 2:00 Experience Italy presents Armchair Travel to Italy-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 1:00 Retail Shopping-L 3:00 Happy Hour w/Songbird Trio-CL 6:30 Mexican Train-AC</p>	<p>9:00 Weights & Balance-CL 10:00 Beanbag Baseball-AC 11:30 Piano Performance by Vince Vicari-CL 12:00 Wii Bowling-AC 2:00 Trivia-AC 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p> <p style="text-align: center;">Cinco de Mayo</p>
<p>3:00 Bingo w/Mary Kay-CL 7:00 Movie Night-L/T</p> 	<p>9:00 Stretch Bands w/Barbara Holland-CL 10:30 General Store-AC 12:00 Bridge-CR 1:00 Knit Pickers-AC 2:00 Blood Pressure-CL 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-AC</p>	<p>9:00 Music in Motion-CL 10:00 Garden Club-AC 10:00 Kitchen Tour-DR 1:00 Bible Study-CR 2:00 Bookmobile-PL 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 9:00 Weights & Balance-CL 10:00 Granzella's in Williams-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Wii Bowling-AC 3:00 Line Dancing-CL 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 1:00 Shuffle Board-GR 1:00 Bridge-CR 2:00 Cracker Barrel-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 1:00 Retail Shopping-L 3:00 Happy Hour w/Your Musical Memories-CL 6:30 Mexican Train-AC</p>	<p>9:00 Weights & Balance-CL 10:00 Beanbag Baseball-AC 12:00 Wii Bowling-AC 1:30 Craft Class w/Tonya-AC 3:30 Low Impact Exercise-CL 6:00 Sacramento Women's Chorus Spring Concert-L 7:00 Movie Night-L/T</p>
<p>11:00-1:00 Mother's Day Champagne Brunch Buffet-DR 7:00 Movie Night-L/T</p> 	<p>9:00 Tai Chi w/Joanne McKee-CL 10:30 General Store-AC 12:00 Bridge-CR 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-AC</p>	<p>9:00 Stretch Bands w/Barbara Holland-CL 10:00 Garden Club-AC 10:00 Kitchen Tour-DR 1:00 Bible Study-CR 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 9:00 Physical Therapy-CL 11:15 Music @ Noon-Sacramento Master Singers-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Water Colors w/Marie Crockett-AC 3:30 Sing Along-CL 7:00 Bingo w/Paige-CL</p> <p style="text-align: center;">First Day of Ramadan</p>	<p>9:00 YOGA w/Diane-CL 1:00 Shuffle Board-GR 1:00 Bridge-CR 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 1:00 Retail Shopping-L 3:00 Happy Hour w/Bob Rawleigh-CL 6:30 Mexican Train-AC</p>	<p>9:00 Weights & Balance-CL 10:00 Beanbag Baseball-AC 11:00 Red, White & Blue Pancake Breakfast w/the Sacramento Banjo Band 2:00 Trivia-AC 12:00 Wii Bowling-AC 7:00 Movie Night-L/T</p> <p style="text-align: center;">Armed Forces Day</p>
<p>2:00 Encore w/Pat-CL 3:00 Bingo w/Mary Kay-CL 7:00 Movie Night-L/T</p>  <p style="text-align: center;">First Day of Shavuot</p>	<p>9:00 Stretch Bands w/Barbara Holland-CL 10:30 General Store-AC 12:00 Bridge-CR 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-AC</p>	<p>9:00 Music in Motion w/Rowena-CL 10:00 Garden Club-AC 1:00 Bible Study-CR 2:00 BBQ Food Demo w/Chef Richard-CL 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 9:00 Weights & Balance-CL 10:00 Amador Flower Farm & Picnic-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Wii Bowling-AC 3:00 Line Dancing-CL 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 10:00 Word Makers w/Barbara-AC 1:00 Shuffle Board-GR 1:00 Bridge-CR 2:00 Cracker Barrel-CL 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p>9:00 Grocery Shopping-L 9:00 Stretching & Balance-CL 10:30 Catholic Service-L/T 12:00 Bridge-CR 1:00 Retail Shopping-L 3:00 Happy Hour w/4 for Fun-CL 6:30 Mexican Train-AC</p>	<p>9:00 Weights & Balance-CL 10:00 Beanbag Baseball-AC 12:00 Wii Bowling-AC 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>
<p>3:00 Bingo w/Mary Kay-CL 7:00 Movie Night-L/T</p>  <p style="text-align: center;">Memorial Day</p>	<p>9:00 Tai Chi w/Joanne McKee-CL 10:30 General Store-AC 12:00 Bridge-CR 1:00 Knit Pickers-AC 2:00 Matinee Monday-L/T 3:00 Beanbag Baseball-AC 4:30 Memorial Day BBQ-DR</p>	<p>9:00 Stretch Bands w/Barbara Holland-CL 10:00 Garden Club-AC 1:00 Bible Study-CR 2:00 Bookmobile-PL 3:30 Low Impact Exercise-CL 6:30 Mexican Train-AC</p>	<p>8:00-10:00 LAB Appts-L 9:00 Weights & Balance-CL 11:15 Music @ Noon-Camellia City Flute Choir-L 12:00 Bridge-CR 1:00 Banking-L 2:00 Wii Bowling-AC 7:00 Bingo w/Paige-CL</p>	<p>9:00 YOGA w/Diane-CL 1:00 Shuffle Board-GR 1:00 Bridge-CR 3:30 Low Impact Exercise-CL 7:00 Movie Night-L/T</p>	<p style="text-align: center;">A mother is clothed with strength and dignity, laughs without fear of the future. When she speaks her words are wise and she gives instructions with kindness.</p> <p style="text-align: center;">Proverbs</p>	

GR=GAME ROOM, CR=CARD ROOM, AC=ACTIVITY CENTER, CL=CABARET LOUNGE, LT=LIBRARY/THEATRE, L=LOBBY, TF=THIRD FLOOR, PL=PARKING LOT, BS=BEAUTY SHOP, T=TERRACE. All activities are subject to change.