



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>35 Old Lancaster Road Bala Cynwyd, PA 19004 610-660-6560</p>		9:30 PE Chair Exercise 1 10:00 CE Brain Games 10:30 PE Table Games 1:00 PE Hand Massage 2:00 AE Sing-a-Long! 3:00 PE Aromatherapy	9:30 LL Hair Salon Opens 2 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Nail Care 2:00 AE Sing-a-Long! 3:00 CE Remember When? 4:00 PE Tabletop Bowling	9:30 PE Chair Exercise 3 10:30 CE Brain Games 1:30 AE Art 2:00 AE Sing-a-Long! 3:00 CE Taste & Tell 4:00 AE Dancing with Margo!	9:30 PE Chair Exercise 4 10:00 CE Brain Games 10:30 LL Baking with Theresa 11:30 CE Puzzle Time 2:00 AE Sing-a-Long! 3:00 LL Friday Social 4:00 CE Story Time 5:00 SS Shabbat Service	9:30 PE Chair Exercise 5 10:00 CE Brain Games 10:30 LL Bingo 2:00 AE Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 CE Name That Tune
	9:30 PE Chair Exercise 6 11:00 SS Hymns & Songs 2:30 CE David Gettes Steel Drum Workshop 3:30 LL Sunday Bingo & Cards	9:30 LL Hair Salon Opens 7 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Baking with Theresa 2:15 CC Sing-a-Long with AL! 3:00 LL Fun 'n' Games 4:00 PE Table Games	9:30 PE Chair Exercise 8 10:00 CE Brain Games 10:30 PE Table Games 1:00 PE Hand Massage 2:00 AE Sing-a-Long! 3:00 PE Aromatherapy	9:30 LL Hair Salon Opens 9 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Nail Care 2:00 AE Sing-a-Long! 3:00 CE Remember When? 4:00 PE Tabletop Bowling	9:30 PE Chair Exercise 10 10:30 CE Brain Games 1:30 AE Art 2:00 AE Sing-a-Long! 3:00 CE Taste & Tell 4:00 AE Dancing with Margo!	9:30 PE Chair Exercise 11 10:00 CE Brain Games 10:30 LL Baking with Theresa 11:30 CE Puzzle Time 2:00 AE Sing-a-Long! 3:00 LL Friday Social 4:00 CE Story Time 5:00 SS Shabbat Service
Mother's Day 13 9:30 PE Chair Exercise 11:00 SS Hymns & Songs 12:00 LL Family Mother's Day Brunch 2:30 CE Brain Games 3:30 LL Sunday Bingo & Cards	9:30 LL Hair Salon Opens 14 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Baking with Theresa 2:15 CC Sing-a-Long with AL! 3:00 LL Fun 'n' Games 4:00 PE Table Games	9:30 PE Chair Exercise 15 10:00 CE Brain Games 10:30 PE Table Games 1:00 PE Hand Massage 2:00 AE Sing-a-Long! 3:00 PE Aromatherapy	9:30 LL Hair Salon Opens 16 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Nail Care 2:00 AE Sing-a-Long! 3:00 CE Remember When? 4:00 PE Tabletop Bowling	9:30 PE Chair Exercise 17 10:30 CE Brain Games 1:30 AE Art 2:00 AE Sing-a-Long! 3:00 CE Taste & Tell 4:00 AE Dancing with Margo!	9:30 PE Chair Exercise 18 10:00 CE Brain Games 10:30 LL Baking with Theresa 11:30 CE Puzzle Time 2:00 AE Sing-a-Long! 3:00 LL Friday Social 4:00 CE Story Time 5:00 SS Shabbat Service	9:30 PE Chair Exercise 19 10:00 CE Brain Games 10:30 LL Bingo 2:00 AE Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 CE Name That Tune
9:30 PE Chair Exercise 20 11:00 SS Hymns & Songs 2:30 CE Brain Games 3:30 LL Sunday Bingo & Cards	9:30 LL Hair Salon Opens 21 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Baking with Theresa 2:15 CC Sing-a-Long with AL! 3:00 LL Fun 'n' Games 4:00 PE Table Games	9:30 PE Chair Exercise 22 10:00 CE Brain Games 10:30 PE Table Games 1:00 PE Hand Massage 2:00 AE Sing-a-Long! 3:00 PE Aromatherapy	9:30 LL Hair Salon Opens 23 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Nail Care 2:00 AE Sing-a-Long! 3:30 LL Singer Tom Tolnay	9:30 PE Chair Exercise 24 10:30 CE Brain Games 1:30 AE Art 2:00 AE Sing-a-Long! 3:00 CE Taste & Tell 4:00 AE Dancing with Margo!	9:30 PE Chair Exercise 25 10:00 CE Brain Games 10:30 LL Baking with Theresa 11:30 CE Puzzle Time 2:00 AE Sing-a-Long! 3:00 LL Friday Social 4:00 CE Story Time 5:00 SS Shabbat Service	9:30 PE Chair Exercise 26 10:00 CE Brain Games 10:30 LL Bingo 2:00 AE Sing-a-Long! 3:00 PE Tabletop Bowling 4:00 CE Name That Tune
9:30 PE Chair Exercise 27 11:00 SS Hymns & Songs 2:30 CE Brain Games 3:30 LL Sunday Bingo & Cards	Memorial Day 28 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Baking with Theresa 12:00 LL First Responder & Family Memorial Day BBQ 3:00 LL Fun 'n' Games 4:00 PE Table Games	9:30 PE Chair Exercise 29 10:00 CE Brain Games 10:30 PE Table Games 1:00 PE Hand Massage 2:00 AE Sing-a-Long! 3:00 PE Aromatherapy	9:30 LL Hair Salon Opens 30 9:30 PE Chair Exercise 10:00 CE Brain Games 10:30 LL Nail Care 2:00 AE Sing-a-Long! 3:00 CE Remember When? 4:00 PE Tabletop Bowling	9:30 PE Chair Exercise 31 10:30 CE Brain Games 1:30 AE Art 2:00 AE Sing-a-Long! 3:00 CE Taste & Tell 4:00 AE Dancing with Margo!	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support Healthy Snacks & Hydration offered throughout each day!	