# Flower Power Word Search

**FUN IS IN BLOOM!** Find and circle all of the words in the list below.



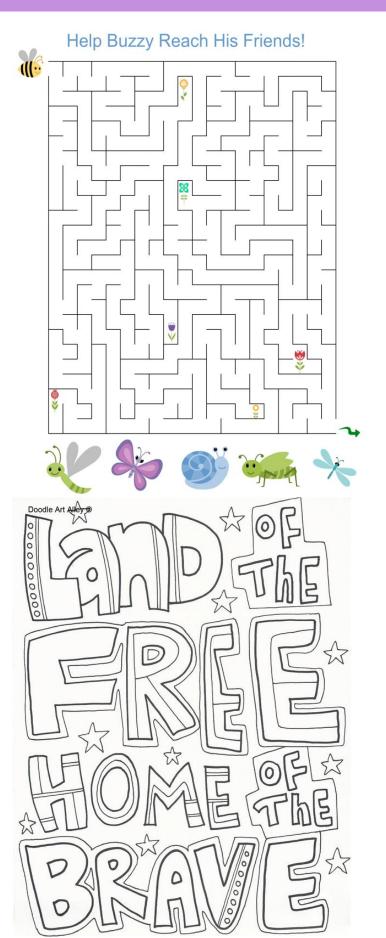
VIOLET ROSE TULIP DAISY SUNFLOWER CARNATION

LILY LILAC ORCHID IRIS

## Insects Word Scramble

All of the scrambled words below are names of insects you have robably heard about. Can you put the letters in the right order to spell the 19 different insect names correctly?

OUTMQISO	
BTLTEUYFR	· Andrews
мтно	
LEEBET	
CCIDAA	
ELYFSRHO	
PAWS	
ITKSC GBU	
AYGPRNI NMATSI	
EBE	
ALFE	
LNFOAYGRD	
AGDBLYU	
PSESHRAGPOR	
EIRETTM	
COOCHRKAC	
NAT	
RIEKCTC	27
YLF	00





THEMEADOWSSENIOR.NET (916) 714-3755 9325 E. STOCKTON BLVD, ELK GROVE, CA 95624



# Meadows Team

**Executive Regional Director** Ricky David Jr.

Director of Sales & Marketing Shannon Morse

**Business Office Director** Eleina Ridolfi

Life Enrichment Director Amber Rose

Food Service Director Wesley Zick

Memory Support Director Maria Garcia

Maintenance Director Jay Brown

Main Fax: (916) 686-4389 Karen-Salon: (916) 801-5789 License #: 347005529

#### HONORING OUR FALLEN HEROES

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in service of the United States of America. Over two dozen cities and towns claim to be the birthplace of Memorial Day. While Waterloo N.Y. was officially declared the birthplace of Memorial Day by President Lyndon Johnson in May 1966, it's difficult to prove conclusively the origins of the day. Regardless of the exact date or location of its origins, one thing is clear - Memorial Day was borne out of the Civil War and a desire to honor our dead.

It was officially proclaimed on 5 May 1868 by General John Logan, national commander of the Grand Army of the Republic, in his General Order No. 11. "The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land," he proclaimed. The date of Decoration Day, as he called it, was chosen because it wasn't the anniversary of any particular battle. On the first Decoration Day, General James Garfield made a speech at Arlington National Cemetery, and 5,000 participants decorated the graves of the 20,000 Union and Confederate soldiers buried there.

The first state to officially recognize the holiday was New York in 1873. By 1890 it was recognized by all of the northern states. The South refused to acknowledge the day, honoring their dead on separate days until after World War I (when the holiday changed from honoring just those who died fighting in the Civil War to honoring Americans who died fighting in any war). It is now observed in almost every state on the last Monday in May with Congressional passage of the National Holiday Act of 1971 (P.L. 90 – 363). This helped ensure a three-day weekend for Federal holidays, though several southern states have an additional separate day for honoring the Confederate war dead.

### **CELEBRATING MAY**

- Older American's Month
- Global Health & Fitness Month
- Inventor's Month
- Gifts from the Garden Month
- May 3<sup>rd</sup> Hug Your Cat Day
- May 4<sup>th</sup> International Firefighter's Day
- May 4<sup>th</sup> Star Wars Day
- May 5<sup>th</sup> Cinco de Mayo
- ♣ May 6<sup>th</sup> National Nurse's Day
- ♣ May 13<sup>th</sup> Mother's Day
- ♣ May 14<sup>th</sup> National Dance Like a Chicken Day
- ♣ May 18<sup>th</sup> Museum Day
- ♣ May 20<sup>th</sup> Ride a Unicorn Day
- ♣ May 23<sup>rd</sup> Lucky Penny Day
- May 26<sup>th</sup> Sally Ride Day
- May 28<sup>th</sup> Memorial Day

# FLOWER OF THE MONTH – LILY OF THE VALLEY

Lily of the valley, the birth flower for the month of May, got its name from early Christian monks. It

probably references a quote from the biblical Song of Solomon: "I am the rose of Sharon and the lily of the valley." The flower's Latin name,



Convallaria majalis, means "valley" (Convallaria) and "the month of May" (majalis), which probably refers to where it thrives and when it blooms. These delicate, white, bell-shaped perennials are very fragrant. They signify purity and innocence, and also are said to bring luck in love. For these reasons, they are often the choice for bridal bouquets. When\_you give these pretty little lilies as a gift, you are saying, "I am humbled by my love for you" or "You've made my life complete."

#### **BIRTHDAYS IN MAY**

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor. Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Patty McClain	May 2 <sup>nd</sup>
Bob McCarroll	May 5 <sup>th</sup>
James Jones	May 6 <sup>th</sup>
Jackie McCarroll	May 7 <sup>th</sup>
Margaret Marson	May 11 <sup>th</sup>
Maudie Jenkins	
Pat Banks	May 15 <sup>th</sup>
Vernice Carsten	May 22 <sup>nd</sup>
Marian Jorden	May 25 <sup>th</sup>
George Tinseth	
Doreen Smith	

#### IN THE GOOD OLD DAYS

In 1943 (75 years ago), the average annual income was \$2,043. The average cost of a new house was \$3,600. A loaf of bread was 9¢, and a gallon of milk was 62¢. Stamps were 3¢ each. A car cost \$1,100, and gas was 21¢ per gallon. You could go see a movie for 35¢. According to the Consumer Price Index Calculator, \$1 in 1943 is equivalent to \$14.15 today.

## WHAT'S LUCKY IN MAY?

Lucky Color: Lavender
Lucky Days: Tuesday and Saturday
Lucky Number: 5
Lucky Letter: M
Lucky Plant: Lily

# WHAT'S HAPPENING AROUND THE MEADOWS





Mr. Pat enjoying our

quest, Tater, during

Winner winner chicken

dinner. Walter at the

Grace showing handmade daisies made by our Memory Support



These two love birds both will celebrate their birthdays this month



Lookin' good Marica! Making handmade tortillas



Looks like a great bunch of folks for Happy Hour!



#### EMPLOYEE OF THE MONTH

I am so excited to name our Activities Assist. Christine Spruell as this month's Employee of the Month! Christine has only been here since December but she has made a wonderful impact

on our staff. She is always helpful, happy, and smiling! Christine is an AVID animal lover. You may have seen one of her furbabies here during "Puppy Pals". In her off time, she says she loves to eat and watch movies with her husband and 2 dogs. If you see her around, be sure to congratulate her on this Meadows Achievement ©

### **RESIDENT SPOTLIGHT**

I am pleased to announce that Everett Uldall has been choosen for Resident of the Month! Everett has been a member of The Meadows



community for almost 4 years now. In his younger days, Everett was an employee for the State of California for 25 years – which is the same amount of years he was married to his beloved wife,

Eila. Before this, Everett was a proud member of the United States Navy where he fought in World War II. From all of us here at The Meadows, we thank you for your service!