



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>2311 E. Division St. Mt. Vernon, WA 98274 360-428-0222</p>		10:00 Errands 1 3:00 Mens Coffee and Chat 4:00 Wine social	10:00 Blood Pressure Checks 2 11:00 Exercise 3:00 Women's Coffee and Chat	10:00 Casino Run 3 1:00 Quarter Bingo 4:00 Nails	11:00 Yoga with Brian 4 1:00 Pinochle 3:30 Ice cream Social 6:00 Rummikub Game	1:00 Movie of your Choice 5 6:00 Resident Choice Game	
	1:00 Movie of your Choice 6 2:30 Bingo	10:00 Parkinson's Group (Support Group) 7 11:00 Exercise 1:00 Catholic Communion 3:30 Outside came in the Court Yard (weather permitting)	Peggy Rundgren's Birthday 8 10:00 Errands 1:00 Quarter Bingo 4:00 Wine social	10:00 Blood Pressure Checks 9 11:00 Meeting with Blake (voice your concerns and needs) 2:30 Esquires / Birthday Celebration 3:30 Afternoon walk outside (weather permitting)	Maxine Raper's Birthday 10 11:00 All about Hearing 1:30 Donut Run with Bob 3:30 Nails	11:00 Stretch-N Flex Exercises in the Court Yard weather permitting 11 1:00 Pinochle 3:30 Ice cream Social 6:00 Rummikub Game	1:00 Movie of your Choice 12 6:00 Resident Choice Game
	Mother's Day 13 12:00 Mother's Day Brunch 1:00 movie of residents choice 2:30 Bingo	11:00 Exercise 14 1:00 Catholic Communion 3:00 Logan Fox	10:00 Errands 15 2:30 Women's Coffee and Chat 4:00 Wine Social in the Court Yard weather permitting	10:00 Blood Pressure Checks 16 1:00 Quarter Bingo 3:30 Melody Makers	11:00 Lunch with Bob 17 11:00 Book Club Meeting 3:30 Facials and Hand Massages	11:00 Yoga with Brian 18 2:30 Music with the Hometowners' / Ice cream Social 6:00 Rummikub Game	1:00 Movie 19 6:00 Resident Choice Game
	1:00 movie of residents choice 20 2:30 Bingo	Armed Forces Day 21 11:00 Exercise 1:00 Catholic Communion 3:30 Leif and Sunnie Music for Listening and Dancing	10:00 Errands 22 2:30 Wii game of Residents Choice 2:30 Men's Coffee and Chat 4:00 Wine social	10:00 Blood Pressure Checks 23 11:00 Meeting with Blake (voice your concerns and needs) 1:00 Quarter Bingo 3:30 Music with Steve Ellis	10:30 Making Homemade Sugar Scrub 24 1:30 Trip to Newhalem 2:00 Nails 3:00 Indoor Bowling	Jane Warwick Birthday 25 !!!! 11:00 Stretch -N-Flex Exercises 2:30 Sparky's Soda Fountain 6:00 Rummikub Game	11:30 Stretch -N-Flex Exercises 26 1:00 Movie 6:00 Resident Choice Game
	11:30 Stretch -N-Flex Exercises 27 1:00 movie 2:30 Bingo	Memorial Day 28 11:00 Exercise 11:30 Stretch -N-Flex Exercises 12:00 Memorial Day BBQ 1:00 Catholic Communion 3:30 Relaxing in the Court Yard	10:00 Errands 29 11:00 Mens Coffee and Chat 3:30 Facials and Hand Massages 4:00 Wine social	10:00 Blood Pressure Checks 30 11:30 Stretch -N-Flex Exercises 1:00 Quarter Bingo 3:30 Crazy 8 Card Game	10:30 Womens Coffee and Chat 31 11:30 Stretch -N-Flex Exercises 3:30 Cards out in the Court Yard		