



2018



Independent & Assisted:

- * Broken Whistle Music performance and MORE!
- * Polka Dot Pottery Outing
 - * Chefz Table
- * Chaps Brunch Outing
- * Steam Plant Grill Lunch
 - * Shopping trips
 - * New Games!

Memory Care

- * Craft Corner
- * St. Patrick's Day Celebration
- * Music Performances
 - * Cooking Corner
 - * Exercise Classes
 - * New Games
- * Reminisce and Stories

Don't Miss Out!

A NOTE FROM OUR DIRECTOR

We are almost out of winter and ready for spring. It's been another great month here at Moran Vista. I want to let every resident know how much we appreciate you! We had a fun month filled with Mardi Gras and Valentines day celebrations. We are looking forward to St Patty's day with special musical guest Broken Whistle and these exciting outings: Brunch at Chaps, Lunch outing to The Steam Plant Grill and Polka Dot Pottery! We hope that you can attend all of these fun events. We will be concentrating in April on our beautification project and will be cleaning the grounds and preparing for flowers and garden boxes. I will keep everyone posted on this. I want to encourage all residents and families to check out our Facebook page. We have pictures of all activities uploaded frequently. I want to also remind all residents to continue to donate to Our Place Ministries. There is a drop off box on the third floor for any used items and a bin will be at the front desk for the personal hygiene drive we will be having during the month. These items go to low income families in the West Central Spokane area. If any of you see Anna Jolin, med tech for BCD, please congratulate her. She won the Heart of An Angel award for February. We appreciate all of her hard work. I wish everyone a wonderful March! Remember calmness, gentleness, silence, self-restraint, and purity: these are the disciplines of the mind.

Blessings,
Andrew Steighner

3/1 Nicholas N

3/4 Mary R

3/8 Ann M

3/14 Estela O



3/15 Dave P

3/17 Pat H

3/17 Martha A

3/19 Helen C

Personal Hygiene Drive

This month we will be donating personal hygiene items to our Place ministries. All items go to the families and children living in the West Central neighborhood and those living in poverty. Please help us support their ministry!

Some suggested items are...

- * Shampoo and conditioner
- * Body soap
- * Hair brushes
- * Toothbrushes
- * Toothpaste
- * Deodorant
- * Razors



Thank you for your support!



During the month of February, some residents were spotted doing random acts of kindness and people notice! We want to recognize you...

- * *Ellen P.* for always assisting people at your dining room table
- * *Pat H.* for always stopping to say hi to people as you walk by
- * *Pat C.* for helping serve people coffee in the dining room
- * *Nancy A.* for looking out for everyone and caring so much.
- * *Mary Lou S.* for always sharing encouragement and kindness to residents and staff.

Thank you! Let us know if you catch people doing random acts of kindness!



Our King & Queen!



Mardi Gras
Fat Tuesday
Celebration!



Valentine's
Day Fun!



Andrew Steighner
Executive Director

Tali Rinaldi
Community Relations
Coordinator

Sally Johnson RN
Director of Health
Services

Debra Gayler
Resident Care
Coordinator

Demarcus Garner
Resident Care
Coordinator

Kayla Baroch
Office manager

Mike Morgan
Dietary manager

Jessica Kinney
Activity Director

Marcia Valdez
Receptionist

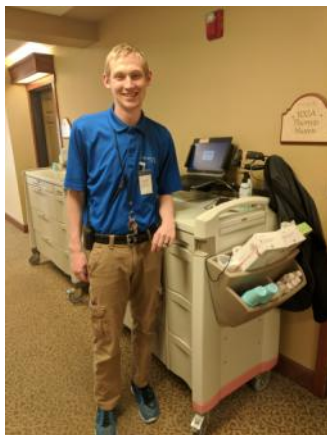
Kellie Grabow
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EMPLOYEE SPOTLIGHT: SPENCER- MED-TECH

- * How long have you worked at Moran Vista? "1 Year"
- * What are your hobbies? "Home repairs, yard work and video games!"
- * What is a random fact about you? "I use to be a professional gamer"
- * What is the best part about waking up in the morning? "Seeing my wife and my 6 month old son."
- * What is something people should know about you? "I grew up on a small island called Orcas Island."
- * How do you spend your Friday nights? "At work every Friday..."

Thank you Spencer for your hard work and positive attitude you share with everyone!

Resident Spotlight— Harold R.

Harold has lived at Moran Vista for about 6 months, but has made friends quickly! He enjoys attending our exercise classes, social hours, special music events and many others!



Harold served our country in the Navy where he earned a Purple Heart for being wounded in battle & a Silver Star for bravery and heroism.

Harold loved to share his many fascinating stories from his years in the service (which include a picture of him with Colonel Nimitz!), as well as other memorabilia. So, if you'd like to hear some of our country's history, talk to Harold!

If you see Harold, he usually has a smile on his face!