

Pacifica Tidings



PACIFICA
SENIOR LIVING

VACAVILLE
Memory Care

**April
2018**



A Note from the Executive Director

Dear Residents, Families, and Friends,

Please join me in wishing CONGRATULATIONS to our staff members who have received promotions in March:

- Cinthya Gamino—Sales Director
- Savannah Beddell-Arcy—Resident Services Director
- Tori Starrett—Activities Director

We look forward to the amazing contributions they will make to our community!

Melody Allmond, Executive Director

Who am I?



*Welcome to
Our Community*

Esther B



Activities & Special Events

Lady Bug Rocks



Gardening

Exploring

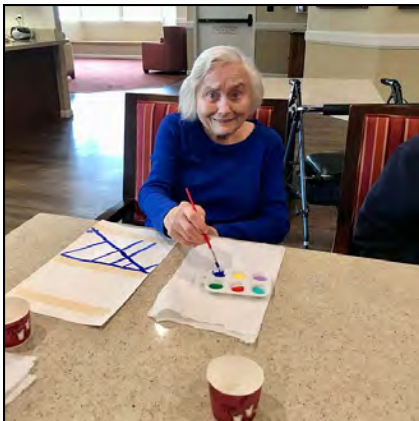


Memorable Moments

St. Patty's Day Shammrocks!



Mosaic Art



Cookie Stars

Birthdays

April 8th

Dorothy B –Wheatly House
Ice Cream Social

April 20th

Ed Robinson –Clark House
Cupcake Social

April 27th

Eleanor Pierce– Wheatly
House
Ice Cream Social



Monthly Family Meeting

Please join us
Thursday April 12th
4:30-5:30pm
Main Office
Lobby

Vacaville Police Department will be here presenting
on different services for the community.



A Note from the Activities Director

Hello everyone,
Working as the Activities Assistant here
has been an amazing adventure. For
the past few weeks I have been spend-
ing time engaging in several activities
with the residents, while getting to know
them. My passion in helping and creat-
ing along with them, has been a great
Success! I have experienced a lot of
growth in a short amount of time.
I'm excited to take on this new position
as the Activities Director! I'm happy to
have landed my career here at Pacifica
Senior Living Vacaville.

Therapeutic Art



Health & Fitness by

Did you know?

Staying active with Alzheimer's disease and other dementias have shown promise for the ability to slow cognitive as well as functional, emotional, and social decline.

As we approach the warmer weather, we will be spending more time outside walking in the courtyard and planting in our lovely garden, as we prepare for the planting season.



Answer: Who am I?

Marilyn Monroe

Fitness Activities

Meditation

Yoga Exercise

Chair Aerobics

Stretch & Breathe

Noodle Exercise

Music and Dancing

Spiritual Activities

Catholic Church Service

Every Sunday at 10:45AM in Pappas House

Non Denominational Church Service

3rd Saturday of every month at 3:00PM in Pappas House

Catholic Communion

4th Tuesday of every month from 11-11:30AM

April Events

April 3— Fiddlers Performance

April 4— Singing with Jasper

April 6— Accordion Play with Dianne

April 19— Singing Cowboy

April 20 — Accordion Play with Dianne

April 23— Sweet G's Performance



Management Team

Executive Director
Melody Allmond

Community Relations Director
Cinthya Gamino

Resident Care Director
Savanna Beddell-Arcy

Business Office Manager
Josephine Kumar

Food Service Director
Louie Verzosa

Activities Director
Tori Starrett

Maintenance Director
Larry Recella



Pacifica Senior Living is committed to supporting our communities, residents, and the families we serve.

We strive to create a lifestyle of independence, security, and peace of mind.

It is through our dedicated and caring team members that our culture is exemplified in service, accountability, teamwork and compassion.

*The right choice. The right time.
Welcome Home!*



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Welcome Home!