

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>Easter</u> 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	2 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Drumming 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light& Lively Workout 6:00 Film-Comedy	3 9:30 Sit and Be Fit 10:00 Sing-a-Long W/Betty 10:30 Poetry 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music W/Aharon 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	4 9:30 Chair Fitness 10:00 Trivia 11:00 Spelling Bee 1:30 Booster Club 2:30 Sing-A-Long 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	5 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit 6:00 Film-Comedy	6 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Trivia 1:30 Math Game 2:00 Sing a Long 3:30 Laughter Club/Stroll 4:00 Sit and Be Fit 6:00 Linda Lenke Sing A Long	7 <u>End of Passover</u> 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:30 Bingo 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light 'N Lively Workout 6:00 Film-Musical
8 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	9 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Drumming 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light& Lively Workout 6:00 Film-Comedy	10 9:30 Sit and Be Fit 10:00 Tennis Game 10:30 Poetry 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music Exploration W/Loir 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	11 9:30 Chair Fitness 10:00 Sing-a-Long W/Betty 11:00 Spelling Bee 1:30 Booster Club 2:30 Sing-A-Long 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	12 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit 6:00 Film-Comedy	13 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Trivia 1:30 Math Game 2:00 Sing a Long 3:30 Laughter Club/Stroll 4:00 Sit and Be Fit 6:00 Linda Lenke Sing A Long	14 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:30 Bingo 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light 'N Lively Workout 6:00 Film-Musical
15 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	16 <u>Emancipation Day</u> <u>Patriot's Day</u> 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light& Lively Workout 6:00 Film-Comedy	17 <u>Tax Day</u> 9:30 Sit and Be Fit 10:00 Sing-a-Long W/Betty 10:30 Poetry 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music Exploration W/Lior 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	18 9:30 Chair Fitness 10:00 Trivia 11:00 Spelling Bee 1:30 Booster Club 2:30 Sing-A-Long 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	19 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit 6:00 Film-Comedy	20 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Drum Circle W/Kathy 1:30 Math Game 2:00 Sing a Long 3:30 Laughter Club/Stroll 4:00 Sit and Be Fit 6:00 Linda Lenke Sing A Long	21 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag <u>1:00pm Barber for Men</u> 1:30 Kim on the Piano 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light 'N Lively Workout 6:00 Film-Musical
22 <u>Earth Day</u> 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	23 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light& Lively Workout 6:00 Film-Comedy	24 9:30 Sit and Be Fit 10:00 Tennis Game 10:30 Poetry 11:00 Toss Game 1:30 Laughing Yoga W/Martin 2:30 Music Exploration W/Loir 3:30 Chat Room/Stroll Outdoors 4:00 Exercise 6:00 Movie	25 <u>Administrative Professionals' Day</u> 9:30 Chair Fitness 10:00 Sing-a-Long W/Betty 11:00 Spelling Bee 1:30 Booster Club 3:00 Happy Hour 3:30 Outdoor Stroll 4:00 Let's Get Fit 6:00 Film-Musical	26 9:30 Morning Stretches 10:00 Bean Bag Game 10:30 Charades 11:00 YouTube Concert 1:30 Singing Session 2:30 What Would You Do? 3:30 A Look Into The Past 3:30 Outdoor Stroll 4:00 Sit and Be Fit 6:00 Film-Comedy	27 <u>Arbor Day</u> 9:30 Chair Fitness 10:00 Ball Game 10:30 Bowling 11:00 Trivia 1:30 Margaret & Kristoph 2:00 Sing a Long 3:30 Laughter Club/Stroll 4:00 Sit and Be Fit 6:00 Linda Lenke Sing A Long	28 9:30 Sit & Be Fit 10:00 Ball Game 10:30 Table Talk 11:00 Bean Bag 1:30 Bingo 2:30 Arm Chair Travel 3:30 Trivia/Outdoor Stroll 4:00 Light 'N Lively Workout 6:00 Film-Musical
29 9:30 Chair Fitness 10:00 Ring Toss 10:30 Pet Talk 11:00 Spiritual Sing-Along 1:30 Art Class 2:30 Black Jack 3:30 Trivia Time/Stroll Outdoors 4:00 Exercise 6:00 Film-Western	30 <u>International Jazz Day</u> 9:30 Get Fit 10:00 Ball Game 10:30 Mind Joggers 11:00 Music Time 1:30 Acting Class 2:30 Sing That Tune 3:30 Chat Room/Outdoor Stroll 4:00 Light& Lively Workout 6:00 Film-Comedy	Every Day 9 AM Good Morning! 3 PM Refreshments & Snack Time		Special Days in April <u>April 1st</u> <u>Easter</u> <u>April Fools Day</u> <u>April 7th</u> <u>End of Passover</u> <u>April 16th</u> <u>Emancipation Day</u> <u>Patriots Day</u> <u>April 22nd</u> <u>Earth Day</u> <u>April 30th</u> <u>International Jazz Day</u>		Legacies Daily 7 C: Cognitive, Visual, Language E: Exercise L: Life Enrichment M: Music O: Outdoors R: Reminiscent S: Social and Spiritual



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>Easter</u> 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 Current Events-L 1:00 Musical Performance-T 2:30 Chair Yoga-C 3:30 Crossword-C 6:00 Movie-T	2 9:00 Morning Music-T 10:30 Share Your Thoughts-L 11:00 Current Events-L 1:00 Music & Movement-C 2:00 America History-L 3:00 Brain Games-C 6:00 Movie-T	3 9:00 Morning Music 10:30 Biography-L 11:00 Current Events-L 1:00 Music W/Aharon-C 2:00 "The West" by Ken Burns-T 3:30 Getting to Know Steve-SW II 6:00 Movie-T	4 9:00 Morning Music-T 10:30 Current Events-L 11:00 Imagination Stories-L 11:30 Movie Outing-Sign Up 1:00 Where in the World?-L 2:00 Music & Movement-C 3:30 Games-AS 3:30 Chapel Service-C 6:00 Bingo W/Paula-AS 6:00 Movie-T	5 9:00 Morning Music-T 9:30 Drawing & Painting Class -AS 10:30 Trivia-L 11:00 Current Events-L 1:00 Arts & Crafts-AS 1:00 Movie in the Afternoon-T 2:00 You Be the Judge-L 3:00 Brain Games-C 6:00 Movie-T	6 9:00 Morning Listening Music-T 10:00 Jewelry Class-AS 10:30 What in the World?-L 11:00 Current Events-L 12:00 Quick Rides-Sign Up 1:00 Nature Documentary-T 3:00 Happy Hour-C 6:00 Movie-T	7 <u>End of Passover</u> 9:00 Morning Music-T 10:00 Coffee & News-L 10:00 Morning Movie-T 11:00 Evoke Thought-L 1:00 Music & Movement-C 1:30 Laughing Yoga W/Martin-C 3:00 Saturday Matinee-T 6:00 Bingo-AS
8 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 Current Events-L 1:00 Musical Performance-T 2:30 Chair Yoga-C 3:30 Brain Games-C 6:00 Movie-T	9 9:00 Morning Music-T 10:30 Share Your Thoughts-L 11:00 Current Events-L 1:00 Music & Movement-C 1:00 Men's Group-L 2:00 American History-L 3:00 Brain Games-C 6:00 Movie-T	10 9:00 Morning Music 10:30 Biography-L 11:00 Current Events-L 1:00 Music Exploration W/Loir-C 2:00 Resident Council-C 3:00 "The West" by Ken Burns-T 3:30 NEW Poetry Reading-L 6:00 Movie-T	11 9:00 Morning Music-T 10:30 Current Events-L 11:00 Imagination Stories-L 1:00 Meditation W/Pamela-T 1:00 Music & Movement-C 2:00 Where in the World?-L 3:30 Games-AS 3:30 Chapel Service-C 6:00 Bingo-AS 6:00 Movie-T	12 9:00 Morning Music-T 9:30 Drawing & Painting Class -AS 10:30 Trivia-L 11:00 Current Events-L 1:00 Walking W/Bebe-B 1:00 Movie in the Afternoon-T 2:00 You Be the Judge-L 3:00 Happy Hour W/Laurel-SWII 3:00 Ted Talks-T 6:00 Movie-T	13 9:00 Morning Listening Music-T 10:30 NEW Music W/Yael-C 1:00 Nature Documentary-T 2:30 Current Events-T 3:00 Happy Hour-B 6:00 Movie-T	14 9:00 Morning Music-T 10:00 Coffee & News-L 10:00 Morning Movie-T 11:00 Evoke Thought-L 1:00 Music & Movement-C 2:00 Laughing Yoga W/Martin-C 3:00 Saturday Matinee-T 6:00 Bingo-AS
15 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 Current Events-L 1:00 Musical Performance-T 2:30 Chair Chi-C 3:30 Crossword-C 6:00 Movie-T	16 <u>Emancipation Day</u> <u>Patriot's Day</u> 9:00 Morning Music-T 10:30 Share Your Thoughts-L 11:00 Exploring Music W/Mary-C 1:00 Music & Movement-C Joy Ride W/Jason-Sign Up 2:00 American History-L 3:30 Brain Games-C 6:00 Movie-T	17 <u>Tax Day</u> 9:00 Morning Music 10:30 Biography-L 11:00 Current Events-L 1:00 Music Exploration W/Loir-C 2:00 "The West" by Ken Burns-T 3:30 NEW Poetry Reading-L 6:00 Movie-T	18 9:00 Morning Music-T 10:30 Current Events-L 11:00 Imagination Stories-L 1:00 Meditation W/Pamela-T 2:00 Getting to Know Fred-SWII 2:00 Where in the World?-L 3:30 Games-AS 3:30 Chapel Service-C 6:00 Bingo-AS	19 9:00 Morning Music-T 9:30 Drawing & Painting Class -AS 10:00 Trivia-L 11:00 Current Events-L 1:00 Arts & Crafts-AS 1:00 Movie in the Afternoon-T 2:00 You Be the Judge-L 3:30 Religions of the World-L 3:30 Brain Games-C 6:00 Movie-T	20 9:00 Morning Music-T 10:00 Jewelry Class-AS 10:30 NEW Music W/Yael-C 1:00 Nature Documentary-T 2:30 Current Events-T 3:00 Happy Hour-B 6:00 Movie-T	21 10:00 Morning Movie-T 10:00 Coffee & News-L 11:00 Evoke Thought-L 1:00 Music & Movement-C 1:00 Barber-Hair Salon 1:30 Laughing Yoga W/Martin-C 3:00 Kim on the Piano-C 6:00 Bingo-AS
22 <u>Earth Day</u> 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 Current Events-L 1:00 Musical Performance-T 2:30 Chair Yoga-C 3:30 Brain Games-C 6:00 Movie-T	23 9:00 Morning Music-T 10:30 Share Your Thoughts-L 11:00 Current Events-L 1:00 Music & Movement-C 1:00 Men's Group-L 2:00 American History-L 3:30 Brain Games-C 6:00 Movie-T	24 9:00 Morning Music 10:30 Biography-L 11:00 Current Events-L 1:00 Music Exploration W/Loir-C 2:00 "The West" by Ken Burns-T 3:30 NEW Poetry Reading-L 6:00 Movie-T	25 <u>Administrative Professionals' Day</u> 9:00 Morning Music-T 10:30 Current Events-L 11:00 Imagination Stories-L 1:00 Where in the World?-L 1:00 Meditation W/Pamela-L 2:00 Movie-T 3:30 Games-AS 3:30 Chapel Service-C 6:00 Bingo-AS	26 9:00 Morning Music-T 9:30 Drawing & Painting Class -AS 10:00 Trivia-L 11:00 Current Events-L 11:00 Vets Aid & Attendance Seminar-C 1:00 Movie in the Afternoon-T 2:00 You Be the Judge-L 3:30 Ted Talks-T 3:30 Religions of the World-L 6:00 Movie-T	27 <u>Arbor Day</u> 9:00 Morning Music-T 10:30 NEW Music W/Yael-C 1:00 Nature Documentary-T 3:00 Birthday Happy Hour W/Margaret & Kristoph 6:00 Movie-T	28 10:00 Morning Movie-T 10:00 Coffee & News-L 11:00 Evoke Thought-L 1:00 Music & Movement-C 1:30 Laughing Yoga W/Martin-C 3:00 Movie Matinee-T 6:00 Bingo-AS
29 9:00 Morning Music-T 10:00 Mind Joggers-L 10:30 Rejoice Ministries-C 11:00 Current Events-L 1:00 Musical Performance-T 2:30 Chair Yoga-C 3:30 Crosswords-C 6:00 Movie-T	30 <u>International Jazz Day</u> 9:00 Morning Music-T 10:00 Share Your Thoughts-L 11:00 Current Events-L 1:00 Music & Movement-C Joy Ride W/Jason-Sign Up 2:00 American History-L 3:30 Brain Games-C 6:00 Movie-T		<u>Special Days in April</u> <u>April 1st</u> <u>Easter</u> <u>April Fools Day</u> <u>April 7th</u> <u>End of Passover</u> <u>April 16th</u> <u>Emancipation Day</u> <u>Patriots Day</u> <u>April 22nd</u> <u>Earth Day</u> <u>April 30th</u> <u>International Jazz Day</u>	<u>Morning Sit & Be Fit</u> <u>Every Day</u> <u>9am</u> <u>Chapel</u> <u>Mondays & Wednesdays</u> <u>9am</u> <u>Alameda South Shore</u> <u>Shopping Trip</u> <u>Fridays-Noon</u> <u>Quick Rides</u> <u>Sign Up Please</u>	<u>Medical Transportation:</u> <u>Tuesdays & Thursdays</u> <u>9am-3pm</u> <u>W/48 hours in</u> <u>advance reservation</u> <u>at the front desk</u> 	<u>Locations of Activities</u> AS = Art Studio <u>2nd Floor</u> C = Chapel L = Library B = Bistro T = Theatre SW I = Salem Woods I SW II = Salem Woods II