

**Out and About at Winding Commons**

Wow, where did March go? What a wonderful month, never a dull moment. Watch out April, here we come!

We start with our Birthday Celebration on Wednesday, April 4<sup>th</sup>, at 3:30pm featuring Antonio the Violinist and great showman.

You won't want to miss the Stonecreek Players! Bill Dana's family will be here to entertain you on Saturday, April 7<sup>th</sup>, at 2:00pm. Enjoy cool country!

Our very special resident, Jonsie Benson, will be 100 years young on Sunday, April 15<sup>th</sup>. We will be celebrating her birthday at Winding Commons on Wednesday, April 11<sup>th</sup>, at the 3:30pm Happy Hour with the Good Time Jazz Band. Make sure and join in on the celebration.

On Wednesday, April 18<sup>th</sup>, the Winding Commons Beanbag Baseball Team is having a tournament with Campus Commons at the park. We will finish the day with a picnic in the park. So far, Winding Commons has remained the BB Baseball champs for over two years. Yay! Go team! Our Wii Bowlers are also the champs!

Charlotte Murphy will be showing us how to make creative floral arrangements on Friday, April 20<sup>th</sup>, at 2:00pm in the media room. There are so many beautiful flowers this time of year. Learn how to arrange that beautiful bouquet just in time for Mother's Day.

Last, but not least, we will have the beautiful voice of Carrie Hennessey, and Jason Sherbundy, pianist, performing a Puccini concert on Saturday, April 28, at 2:00pm. This talented duo performed for our residents about six months ago.

Have a great month of April. Live, laugh, and love!

*Mary Singewald*  
Activities Director

**April Birthdays**

In astrology, those born between April 1–19 are Aries' Rams. Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident they can navigate any challenges.

Those born between April 20–30 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence.

Here's a list of our residents celebrating their birthday in the month of April...

<i>Woody Hunton</i>	4/2
<i>La Verne Weaver</i>	4/5
<i>Claire Massingill</i>	4/12
<i>Jonsie Benson</i>	4/15
<i>Mary Wooten</i>	4/17
<i>Monte Montalvo</i>	4/21
<i>Carole Flynn</i>	4/24
<i>Alberta Ballard</i>	4/27



**Welcome New Residents!**

*Let's give a warm welcome to...*

- Barbara Ashley**
- Betty Geurin**
- Earl & Barbara Renken**
- Corrine Sermon**
- Margaret Sjodin**

**From the Beauty Salon:**

*April showers bring May flowers, but April also brings you a chance to win a free haircut from the Winding Commons Salon. Clip this coupon out and bring it to the salon for your chance to win. See the ladies at the salon for more details.*

*Don't forget to make a hair appointment with Debbie at 916-532-5775 and contact Angie at 916-267-5486 to give your nails the treatment they deserve.*

# Winding Commons

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Rudy Carmona, Transportation  
Bruce Stuebing, Transportation

Angie Carr, Diane Pittman, Pam Keil, Aura Guerra; Housekeeping

Clay McAmis, James Forehand  
Evening Porters

Robin Boyer  
Chef/General Manager, Sodexo

**Daffodil Hill Closed for 2018; Amador Flower Farm Outing Instead**

McLaughlin's Daffodil Hill originated as a family garden in the late 1800's. It has become a full scale tourist destination attracting thousands annually to this beautiful site near Volcano, CA.

Unfortunately, it was recently announced on their Facebook page that the Amador County attraction will not open for the 2018 season. This closure directly affects Winding Commons, as we had scheduled an outing to view the normally blooming flowers on Tuesday, April 3<sup>rd</sup>.

The late winter storms have caused this Northern California spring tradition to "shut its doors." A recent Daffodil Hill Facebook post stated, "Since the end of February, we have had rain, hail, and snow each week. The early flowers are gone and the ones that are up are badly damaged."

In light of this, Mary, our Activity Director, has organized a trip to the Amador Flower Farm and Nursery on the original outing date (April 3rd). Please sign up now for a free picnic lunch, surrounded by beautiful scenery and wonderful people. Ten o'clock is our departure time from Winding Commons.

The Amador Flower farm, which grows more than 1200 varieties of daylilies, is home to a world class nursery and unique gift shop. In the fall, a pumpkin patch and corn maze entertain children of all ages.

**Resident Profile -  
Monte Montalvo**

Interviewer and article author, Mary Singewald

“I was born in San Antonio, Texas in 1920. I had a wonderful childhood, even though those were the years of the depression.

My mother came from a large family of three girls and two boys. When I was 19 or 20, I wanted to be a pilot and enlisted in the Army Air Corps, as there were four Air Bases in San Antonio.

I was sent to Barksdale AFB and took Basic Training for 3 weeks and was then sent to Hamilton Field in California, much to my delight. I stayed there for one year in 1940. A year later, In 1941, the Japanese attacked Pearl Harbor.

I attended the USO dances because I loved to dance. That is where I met a beautiful young lady, Ginny. We danced the night away and we later married in 1944. Shortly thereafter, we moved to the Carolinas, then transferred to New Jersey, where my oldest daughter, Joan, was born.

Our daughter, Nancy, was born when we were in Michigan and our daughter, Gigi, was born in France.

In the military, I went through WWII in 1945, Okinawa in 1947 and the Korean War in 1952.

After that, I reenlisted, moved, and ended up working at Mather AFB. I retired in 1962 and then I went to work for Aerojet; when they were involved with sending the Astronauts to the moon.

McClellan AFB was my next destination. I worked in Electronics and was an F-11 Program Production Planner when I retired in 1982.

My retirement goal was to golf at least three times a week, which I did all over the west coast.

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**Carrie Hennessey:  
Puccini Concert at Winding Commons**



**Soprano, Carrie Hennessey**

Known for her soaring voice and richly nuanced characters, soprano Carrie Hennessey is consistently thrilling audiences in opera and concert appearances around the world.

Fresh off her recent performance with The Chamber Music Society of Sacramento, Hennessey will be performing music from Italian Composer, Giacomo Puccini, here at Winding Commons on April 28<sup>th</sup> at 2pm.

Hennessey is convinced that she has been singing since as long as she can remember. “I am quite sure I came out of the womb singing,” said Hennessey.

Hennessey has sung all over the world, but she is also the capital city’s most sought-after soprano. Wherever she performs, “My goal is generosity of performance in whatever I sing. I want to be present and thoughtful and vulnerable, no matter how many times I’ve sung a piece.”

**Celebrating National Coin Week  
April 15-21**

Local coin collector, Marion Imel, will be here on April 19<sup>th</sup> at 1pm to showcase some of his treasured coins he has found in his thirty years of collecting.

Coin collecting is one of the oldest hobbies in the world, becoming a popular hobby during the 19th century. However, the 20<sup>th</sup> century saw an even greater widening of the coin collecting fraternity.

During that time, coin shows, international conferences and local clubs became a coin trader’s paradise and helped create a more close-knit, trusting community.

With advances in modern technology over the past few decades, the issue of forgery has become increasingly important to collectors.

So, mark the date...to coin a phrase!



**Easter and April Fool’s  
Day Coincide!**

Is this some kind of practical joke? Is Easter and April Fool’s really on the same day? It is indeed true. For the first time since 1945, the Christian holiday lands on April 1<sup>st</sup>, also commonly referred to as April Fool’s Day.

So, let’s investigate this a little bit to find out why these two dates merged together on this year’s calendar.

Have you ever wondered why Easter, the holiday that celebrates Jesus’ resurrection from the dead, doesn’t have a set date, like Christmas, which is always on December 25?

The short answer is the date of Easter is dependent on the solar and lunar cycles. Easter generally falls on the first Sunday after the first full moon of the March equinox.

The March equinox is significant because it marks the first official day of Spring. So, the date of Easter changes (although it is always on a Sunday) each year and why it does depends on the date of the March equinox.

Equinox is translated into “equal night,” and it occurs when the earth is in such a position that the length of night and day are nearly equal in all parts of the world.

Interestingly enough, the year 2018 also gave us another double holiday rarity when Ash Wednesday landed on February 14<sup>th</sup>, Valentine’s Day. Ash Wednesday is always 40 days before Easter, not counting Sundays (which are non-fasting days).

The next time Easter and April 1<sup>st</sup> will once again land on the same day is...2075!

Written by Keith P. Reynolds

**Resident Profile Continued...**

My favorite time in my life was dancing with Ginny. We danced (and were married) for sixty-nine years until she became ill and could not dance anymore.

I moved to Winding Commons on February 14<sup>th</sup>, 2012 after my wife had passed away earlier that year. I love it here at Winding Commons!”

Not surprising Monte moved in on that day because he is the Cary Grant of Winding Commons. Handsome, always with a smile on his face, and the class and mannerism of a movie star.

Monte spends his days making sure all the ladies receive a beautiful rose, most of them grown in his beautiful rose garden at his home. Thank you, Monte, for being you!

**Deanna’s Download**

If you need a reminder of spring, take a look outside and see Winding Commons’ adopted mother duck nesting her thirteen eggs as they prepare to hatch. We are excited to see nature’s beauty in our own backyard.

We are excited to announce our building is now at full occupancy, thanks to six new residents coming in April. Thanks to Hilary for her hard work and for everyone who has done a great job welcoming and greeting our newest family members.

Near the end of April, we are making renovations to our parking lot, adding a speed bump outside the front of the building and re-stripping our lines.

From the evening of April 25th through the morning of April 27th, *all* vehicles must be moved to the Save Mart parking lot. We apologize for the inconvenience, but truly appreciate your cooperation.