


April 2018 Memory Support

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|---|---|--|--|---|--|--|---|---|
| Easter April Fool's Day 1 9:30 Coffee & Chat 10:00 PE Sunday Stretch 10:15 Sing-A-Long 2:00 Sundaes on Sunday 3:30 SS Hymn Sing 7:00 Easter Bingo | 2 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Scarfercises 10:15 Sing-A-Long 2:00 Manicures 3:30 Laundry Helpers 6:30 Music Appreciation | 3 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 LL Bingo 3:30 Busy Hands 6:30 Popcorn & a Movie | 4 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:15 Sing-A-Long 2:00 Memory Games 3:30 Laundry Helpers 6:30 Classic TV Hour | 5 9:30 Coffee & Chat 10:00 PE Ball Toss 10:15 Sing-A-Long 3:30 Busy Hands 6:30 Music Appreciation | 6 9:30 Coffee & Chat 10:00 PE Friday Fitness 10:00 CC Country Ride 10:15 Sing-A-Long 2:00 Make A Masterpiece 3:30 Laundry Helpers 6:30 Hand Massages | 7 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 AE Saturday Craft 3:30 Puzzles & Games 6:30 Saturday Matinee | | |
| Empanada Day 8 9:30 Coffee & Chat 10:00 PE Sunday Stretch 10:15 Sing-A-Long 2:00 Sundaes on Sunday 3:30 SS Hymn Sing 6:30 Classic TV Hour | 9 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Scarfercises 10:15 Sing-A-Long 2:00 Manicures 3:30 Laundry Helpers 6:30 Music Appreciation | 10 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 Cook's Corner 3:30 Busy Hands 6:30 Popcorn & a Movie | Pet Day Happy Birthday John! 11 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:15 Sing-A-Long 2:00 Memory Games 3:30 Laundry Helpers 6:30 Classic TV Hour | 12 9:30 Coffee & Chat 10:00 PE Ball Toss 10:15 Sing-A-Long 2:00 LL Music with Lauren K. 3:30 Busy Hands 6:30 Music Appreciation | 13 9:30 Coffee & Chat 10:00 PE Friday Fitness 10:00 CC Country Ride 10:15 Sing-A-Long 2:00 Make A Masterpiece 3:30 Laundry Helpers 6:30 Hand Massages | 14 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 AE Saturday Craft 3:30 Puzzles & Games 6:30 Saturday Matinee | | |
| 15 9:30 Coffee & Chat 10:00 PE Sunday Stretch 10:15 Sing-A-Long 2:00 Sundaes on Sunday 3:30 SS Hymn Sing 6:30 Classic TV Hour | 16 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Scarfercises 10:15 Sing-A-Long 2:00 Manicures 3:30 Laundry Helpers 6:30 Music Appreciation | 17 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 LL Bingo 3:30 Helping Hands 6:30 Popcorn & a Movie | 18 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:15 Sing-A-Long 2:00 Memory Games 3:30 Laundry Helpers 6:30 Classic TV Hour | 19 9:30 Coffee & Chat 10:00 PE Ball Toss 10:15 Sing-A-Long 3:30 Busy Hands 6:30 Music Appreciation | Pineapple Upside Down Cake Day 20 9:30 Coffee & Chat 10:00 PE Friday Fitness 10:30 CE Taste & Tell 2:00 Pineapple Upside Down Cupcakes 3:30 Laundry Helpers 6:30 Hand Massages | 21 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 AE Saturday Craft 3:30 Puzzles & Games 6:30 Saturday Matinee | | |
| Earth Day 22 9:30 Coffee & Chat 10:00 PE Sunday Stretch 10:15 Sing-A-Long 2:00 Sundaes on Sunday 3:30 SS Hymn Sing 6:30 Classic TV Hour | 23 9:30 Coffee & Chat 10:00 Fresh Air On The Deck 10:00 PE Scarfercises 10:15 Sing-A-Long 2:00 Manicures 3:30 Laundry Helpers 6:30 Music Appreciation | 24 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 Cook's Corner 3:30 Busy Hands 6:30 Popcorn & a Movie | 25 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:15 Sing-A-Long 11:30 Lunch from Isaac's 2:00 Memory Games 3:30 Laundry Helpers 6:30 Classic TV Hour | 26 9:30 Coffee & Chat 10:00 PE Ball Toss 10:15 Sing-A-Long 2:00 Happy Hour 3:30 Busy Hands 6:30 Music Appreciation | Arbor Day 27 9:30 Coffee & Chat 10:00 Fresh Air On The Deck 10:00 PE Friday Fitness 10:15 Sing-A-Long 2:00 Make A Masterpiece 3:30 Laundry Helpers 6:30 Hand Massages | Happy Birthday Erma! 28 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:15 Sing-A-Long 2:00 AE Saturday Craft 3:30 Puzzles & Games 6:30 Saturday Matinee | | |
| 29 9:30 Coffee & Chat 10:00 PE Sunday Stretch 10:15 Sing-A-Long 2:00 Sundaes on Sunday 3:30 SS Hymn Sing 6:30 Classic TV Hour | Raisin Day 30 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Scarfercises 10:15 Sing-A-Long 2:00 Manicures 3:00 LL Harpist Mary-Kate 6:30 Music Appreciation |  The Haven at Springwood Personal Care & Memory Care 2321 Freedom Way York, PA 17402 717-741-9919 | | | | | AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support | Healthy Snacks & Hydration offered throughout each day! |