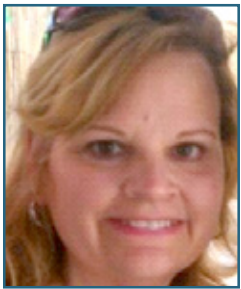




## LETTER FROM THE ADMINISTRATOR



April showers bring May flowers is what my Mom always used to say. So happy April everyone think spring. In the desert in

my opinion this is the best time of the year when we can enjoy time outside with family and friends before the heat begins. So we know that April 1st is April Fool's Day, so try to fool someone. April 22nd is earth day, and it was founded in 1969, a day of conservation. The last Friday of the month of April is Arbor Day, a day for planting and caring for trees; it has been observed since 1872. The birthstone is Diamond and the birth flower is sweet pea or the daisy.

I wanted to let everyone know that due to circumstance beyond our control we had to cancel the spaghetti dinner at the St. Jude's Ranch. Instead we collected much needed items for the Children, thanks to everyone that participated. We will still be working with St. Jude to see what other opportunities we can help

them with and will post any event that we will be participating in.

Lakeview Terrace will be hosting The Best Dam Senior Healthcare Forum of Boulder City at the Boulder City Library on April 26th from 2-4 pm. Learn what every Senior needs to know today! We are going to have several guest speakers at this event and you are all welcome to attend. We will make sure we have the bus available for those Residents that want to participate from Lakeview Terrace.

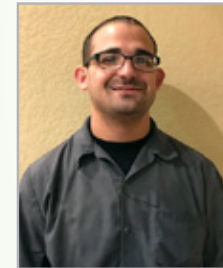
We are implementing a new social media matt at the front Reception area. Please ask the Receptionist if you need assistance checking in on the matt. You will be able to use your phone to check in and find out what's going on here at the Community. You can go to [www.qidpro.com/LakeviewTerrace](http://www.qidpro.com/LakeviewTerrace) to check out what's happening at Lakeview Terrace with your Family and Friends. When you use your cell phone to check in on the matt you will be able to post about your recent visit. Remember to like our Lakeview Terrace Facebook page and watch all the happenings. Let's jump into spring with a smile on our face.

Warm Regards,

*Mary Rush*

ADMINISTRATOR

### Employee of the Month



**BRANDON QUIJANO**

Brandon is always joking around with the residents and making

them laugh. He makes sure that all their meal time needs are met and goes the extra mile. He is always ready to step up to the task and does so with a smile on his face. Thank-you Brandon for all your hard work, the Residents really enjoy having you in the dining room.

# Activity Photo Highlights



*Happy Birthday*

## RESIDENT BIRTHDAYS

Evelyn M.            April 13  
Valerie C.            April 18  
Merill F.              April 20

## STAFF BIRTHDAYS

Cliff S.                April 14  
Mary R.                April 30

## WELCOME!

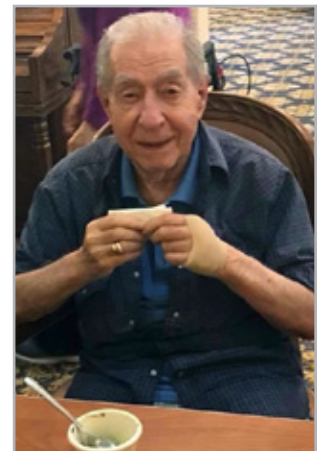
Carol H.              Charlotte S.



*Donna Lynne*



*Best Hoover Dam trip so far!*



## MARKETING CORNER

Spring is an exciting time of year, a time for change and growth. Good friends make the best neighbors and we would love for you to pick your neighbor. Lakeview Terrace is offering some amazing incentives to help your friends move in plus we will give you \$500.00 off your next month's rent. If you have a friend that you would like to have as a neighbor please give them Sherry or Mary's name and we will be happy to help them. We are looking forward to many new and exciting adventures in 2018. One new thing we are implementing is a media mat to help keep everyone in touch, stop by the front desk so we can share the excitement with you.

## Note from Maintenance

Air conditioning season is approaching; here are a few tips to stay cool this summer. On the thermostat keep the fan switch set to "auto". Never change the thermostat temperature more than 5 degrees at a time and keep windows, blinds and doors closed to conserve energy.

## Activities Update

Hello Everyone, Happy Spring! With the Weather getting warmer remember it's important to stay hydrated! We are looking forward to begin our outdoor adventures. (Weather Permitting)! We have some interesting events coming up this month so pay attention to the calendar for all the event happenings! If you have any suggestions on an activity or event that you would like to attend please share that with us.

# HEALTH SERVICES

1. **As some of you may already know we are currently in the process of updating your service plans with current assessments.** These are what we use with the new iPod system to tell the caregivers what services you need. After we complete assessments we will go over with you and your family/POA to go over it with you. If there are any changes we need to make we will do it then. We are still working out some of the kinks but all the assessments should be current in the next week. Please let us know if you are not receiving any service that we discuss as we are still updating our iPods.
2. I have noticed we have been having an increase in falls lately in the community.
  - A. Please call for assistance if you are feeling dizzy when you try to get up, wait for assistance, this could help prevent a fall.
  - B. If your Physician makes any new medication changes please inform Toya or Ester if you do your own medications. This will help identify if this could be causing you any change in condition.
  - C. Please try and drink plenty of non-caffeinated fluid such as water and low sugar juices
3. Remember that if you have any concerns with your healthcare services please visit Toya Henry, HSD. Toya is in the office by the kitchen and is available Monday – Friday.
4. Problems with medications or Dr needs please contact Ester Negrete,

RCC, her office is right off the dining room she is available Monday - Friday until 6:30p.m. On Saturday please see Briana Estrella, she has been promoted to the RCC Assistant position and Amber Robles has been promoted to Memory Care Coordinator. Ashley McGill has also been promoted, she is now the Lead Resident Assistant.

5. Let's be safe and healthy and have a great spring!

## What's New in the Kitchen

### Happy Spring everybody!!!

As we enter the spring season we have all kinds of new things popping up in the kitchen! New, refreshing spring and summer menus, fun food filled parties. Hope everyone enjoyed our treats at the St. Patrick's Puppy Parade. Notice there will be more fruits and vegetables to help keep us healthy! As the weather gets warmer, don't forget to stay hydrated, fruit infused water is available in the lobby to quench your thirst! Feel free to ask for a piece of fruit in your water at meals too! Fruit and vegetables provide a good portion of our daily hydration and help cool you down, which is so important in our dry climate. Don't forget to attend our Food for Thought meetings that are happening twice monthly if you want to offer any suggestions, see calendar for day and time. Happy Eating!

## Putting the Spotlight on Our Featured Resident: George H.

George has recently moved into Lakeview Terrace and has become such a lively part of our community. He loves joking around and seeing others smile. He is such a big help setting up with activities and makes sure whenever a helping

hand is needed he is there! Don't be surprised if he offers you a treat to brighten your day! **Thank you George for spreading your joy around the community all day with everyone you come into contact with, you are always a pleasure to visit with.**



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## Your Team

ADMINISTRATOR  
Mary Rush

HEALTH SERVICES  
DIRECTOR  
Toya Henry, LPN

RESIDENT CARE  
COORDINATOR  
Ester Negrete

BUSINESS  
OFFICE MANAGER  
Rodina Savet

SALES AND MARKETING  
DIRECTOR  
Sherry Hoffeld

FOOD SERVICES  
DIRECTOR  
Danielle Doeing

MAINTENANCE DIRECTOR  
Shawn Turner

ADMINISTRATIVE  
ASSISTANT  
Vanessa Bahe

CONCIERGE  
Carolyn Collier

DRIVER  
Mark Miller

  
**RIDGELINE**  
MANAGEMENT COMPANY

Newsletter Production by PorterOneDesign.com

## Activity Photo Highlights CONTINUED



St. Patrick's Day Puppy Parade.



Making cookies in Memory Car.