ALDER BAY | NEWSLETTER



Our Featured Resident

Bob, a native San Diegan, obtained his military experience by being drafted at the age 19. His first year was with the 131st Infantry headquartered at Fort Brady Michigan, from sunny San Diego to 30 below zero! After a year of guarding the Soo Locks he was relocated to a combat zone in Germany. He also had duty in France and Belgium. He became thankful that he minored in French in high school.

After the war he attended San Diego State College and received a BA in Biology. He next attended Claremont Graduate School where he received teaching credentials with the idea of teaching H.S. Biology. At the time, the only openings for Biology teachers were inland, i.e. The Central Valley. Preferring coastal living, he chose a 6th grade

position in Monterey. Although he got along well with his young students, he decided to look for a more biologically related profession. With this in mind, he arranged to stay with a longtime friend in Berkeley. After checking out positions in the greater West Bay, he decided to try the employment office on the UC Campus.

One morning, with curriculum vitae in hand, he entered the employment office and handed the person on duty his papers. After perusing the documents, she said," I think you are just the person we are looking for...we have an opening for a Research Associate in a lab connected to the School of Public Health. Would you be interested?" Trying to control his enthusiasm he said YES!!



He found himself with very interesting group of people who were studying various aspects of California Valley Fever, i.e. coccidioidomycosis. After eight years of research with this group, plus several co-authored papers,

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ACTIVITY HIGHLIGHTS



Barbara G lunch outing.



Barney S out to lunch



Winnfred G



Maribel F and Ed A at lunch



Sonny H and Bob B lunch

Our Featured Resident

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he was feeling the need for a change. In short, this was the beginning of a new career as curator of the microbial collections for the Department of Botany.

After a total of 33 years with the University, Bob retired in late 1984.

While waiting for Evelyn to retire, he become a volunteer in the Jepson Herbarium for 5 years. Initially, Bob worked with Susan D'Alcamo overseeing the Friends. When it came time for the complete revision of the Jepson Manual, Bob became very interested. As microbiologist he lacked some of the skills for work with higher plants. At this point Jim Hickman, the editor of the project, kindly and patiently came in with the help needed so that Bob could do his part in the revision.

When Evelyn retired, the couple

moved to Pacific Glove. After 18 wonderful years in Paradise they decided it was time to be near family and so a final move back to the Bay Area. Some 6 years later Bob thought it was a good idea to consider a retirement community. After some computer searching, he located Friends House, a Quaker administered community in Santa Rosa. After 3 wonderfully stimulating years, Evelyn developed Alzheimer's Dementia. There being no facility for this condition in the surrounding area, Evelyn's daughters Lynn and Janet, arranged for us to move to The Point at Rockridge in Oakland. Some months later, Evelyn became very frail and passed away on 10 September 2017. By December, at the urging of Bob's son, Kenneth, a move to Alder Bay in Eureka was made. This arrangement meant much less driving for Kenneth and has worked out well for both of them.



Meghan G, Administrator's birthday



Ed A dancing



Del P. Jim B and Isobel B

April 15-22, 2018 is National Volunteer Week!

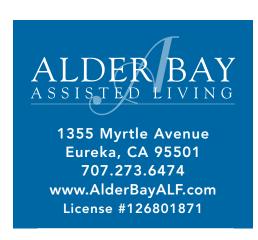
Have you thought about the benefits you could get from volunteering? **Consider these 10 reasons:**

- 1. To make new friends
- 2. To build personal and professional contacts
- 3. To build your self-esteem and self-confidence
- 4. To develop new job skills
- 5. To make a difference in the world
- 6. To increase personal satisfaction
- 7. To add experience to your resume
- 8. To develop people skills
- 9. To develop communication skills
- 10. To do something as a family



STAFF Ashton A Tess M April 25	April 23
DECIDENTS	

Norman P April 11
Betty P April 12
Anita J April 16
Lewis B April 25
Jim B April 27



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APRIL - WORD SEARCH

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DAILY ACTIVITIES

EARTH
EASTER
EGGS
ENVIRONMENT

GRATITUDE
HAPPINESS
KINDNESS
OCCUPATIONAL
OPTIMISM

PARKINSONS RECYCLE SPRING STRESS VOLUNTEER