

Pacifica Tidings


VALLEY CREST
Memory Care

March ~ April
2018



A Note from the Executive Director



*~ We are springing forward with a new song in our hearts,
A song of old but of new, this song will get you through,
Bringing you to a brand new you, like a tree, planted by the
Rivers of Living Waters, the beauty of fruitfulness, Springing
forth this whole year through... God's Blessing's belongs to you,
your Families and friends, Just a Reminder to you, God has
the whole world in His hand.... ~*



Who am I?

I am one of a kind, with the most tender heart for all people, first and foremost I love God, I tell everyone I couldn't of done it with out Him, I once worked as a Caregiver, my great memories of Music still are in my heart, they will never leave me, I also played the piano in church which is my favorite time, I love everybody, my heart warms up when I see children who are dear to me, although I no longer get around by foot these days, I still have my joy..My son visits me quit often take me to my favorite place out doors in the court yard! You will never see me without a smile, Favor words from my heart to yours are God bless you honey, or Jesus loves you and so do I! even the words I'll be praying for you! When the Pet Therapy Dog comes, I'm filled with laughter, I still laugh every time I see the I Love Lucy Show!, My favorite song of all you may hear me sing is Side By Side, Jesus Loves the Little Children, He got the whole world In His hands...I love for you to stop by and sing it with me...Who am I?.....

Welcome to Our Community

**We Would like to welcome
our new Resident's...**

*Freddie H.
Shirley H.
George C.
Mona K.
Marlene D.
Louise J.
Manuel B.*

**Thank You for Choosing
Valley Crest Senior Living!**

Special Events & Memorable Moments



*He is not here;
he has Risen!*

July 29, 6



March



Psalms 68:9-10 ~ You gave abundant of showers, O'God: you refreshed your weary inheritance. 10 Your people settled in it, and from your bounty, O'God, you provided for the poor.~

~In the Land Where ever you go I will be with you to possess it the valley and the hills, giving you Water to drink of the Rain from Heaven ... the wicked they will not see anymore, But the goodness of the Lord God will give to those who are in need, for God Himself will supply their needs according to His Riches and Glory!~

Health & Fitness by

Consumer Reports

The Best of Health

BOTTLED WATER VS. TAP

Q Is the water sold at stores safer than the water at home?

A That depends on your local water supply. There's no conclusive evidence that either type of water is purer than the other in general. But bottled may be a better bet if your tap water contains excessive levels of any contaminants. Check the Consumer Confidence Report, which your local water supplier must mail to homeowners each July; tenants should be able to get it at their library. The report lists the average (and acceptable) levels of various contaminants in your local water—through individual homes may have higher lead levels, for example, because of soldered pipes. If you want more testing, information on state-certification office in your area. The contact information for each state is available at <http://water.epa.gov/scitech/drink/labcert/index.cfm>, or call your local state health department. Using a water filter is usually cheaper than switching to bottled water. In general, the filter's instructions should reliably indicate which contaminations it can remove. If you opt for bottle water, choose a fluoridated type.

Marvin M. Lipman, M.D.,
and the Editors of
Consumer Reports on Health



Birthdays

March

Happy Birthday

April

Ralph R.~3th
Janet K.~7th
Carl C.~7th
Doris L.~27th

St. Patrick's Day~ March 17th

*Set clocks 1hr. Forward~ Sun.3/11

Spring begins~ March 20th

Psalm Sunday~ March 25th

Good Friday~ March 30th

Passover at Sundown

Resurrection Day~ April 1st

Earth Day ~April 22nd

Admin. Professional Day ~ April
25th

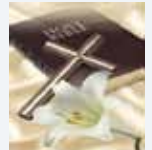
Arbor Day ~April 27th

Spiritual Activities

Church Service are held
Tuesday @ 9:30am with
Pastor Myron in the main
Dining room.

Communion Church Services
Held the 2nd and 4th
Wednesdays of every month
@9:30am with Rev. Henry
Birkinbine in the dining room.

Catholic Church Services
Are held every 3rd
Friday of the month @9am
The front living rm.
~ Habakkuk 2:2-3
Write it, Wait for it~ The Vision
will come to pass!~
~ Devotional ~
Tuesday ~
@ 3pm
Testimony time
Prayer Box



Who Am I?

(answer)

Martha G.



Management Team

Kimberly Jordan
Executive Director

Yolanda Smith
Community Relations
Dir.

Ginger Tuitel~Resident
Care Coordinator

Valerie Hammond
Business Office Manager

Jean Okumoto
Activities Director

Triva Stumbaugh
Dining Services Director

Tim Felder
Environmental Director



*Pacifica Senior Living is committed to
supporting our communities,
residents, and the families we serve.*

*We strive to create a lifestyle of
independence, security, and peace of mind.*

*It is through our dedicated and caring
team members that our culture is
exemplified in service, accountability,
teamwork and compassion.*

*The right choice. The right time.
Welcome Home!*



VALLEY CREST

Memory Care

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(760) 242-3188*

Lic.# 366423474

www.pacificaseniorliving.com

Welcome Home!