

# Pacifica Tidings



REGENCY  
Assisted Living  
Memory Care

**March & April  
2018**



## *A Note from the Executive Director*

Hello, Pacifica Regency Residents and Families.

The Easter feeling does not end, it signals a new beginning of nature's spring and brand new life of friendship.

I previously worked 8 years at Regency and I'm happy to be back again with the people I love and enjoy working with. Now as the Executive Director, I feel I will have more time with the residents and this will give me a special outlook and help me with my administrative duties.

I have an open door policy for any reason and always welcome suggestions.

Wishing everyone a Happy Easter and Passover.

With Love,  
Kelly Malone  
Executive Director



## *Who am I?*

1. I was born on April 24, 1942, in Brooklyn, NY.
2. My childhood was marked by poverty.
3. I have been married twice and have one son.
4. My career took off at a relatively early age.
5. I am a friend to many presidents.
6. As a child, I dreamed of being a movie star.
7. I have a passion for interior design.
8. I suffer from stage fright.
9. Breaking barriers is a part of my legacy.
10. People call me outspoken.

## *Welcome to Our Community*

Welcome Neighbor!  
Thank you for choosing to  
be a new member of our  
Pacifica Regency family!!!

**John Carlson  
Sara Green  
Lenette Robinowitz  
Josefa Doyle  
Rick Ashbrook**

## *Special Events & Memorable Moments*

**There are many great and wonderful things to celebrate at Pacifica Regency and we always strive to make the best memories of them. Please join us for some of the following upcoming special events and outings....**

**Please review activities calendars for special event details....**

### **ST. PATRICKS DAY**

Assisted Living: Come join us in celebrating Saint Paddy's Day by wearing of the green! We will be having live entertainment with Brenda , green beer and a special Luncheon. Don't forget to wear your green!

Memory Care: Come join us in celebrating St. Patrick's Day! We will be having entertainment and snacks at 3:00pm! Don't forget to wear your GREEN!

### **PALM SUNDAY**

Assisted Living and Memory Care : Please join us on Palm Sunday with a special service with Pastor Wayne Kelly. Dorothy Cerves will be delivering the Palms at 1:00 PM.

### **EASTER SUNDAY**

Assisted Living: We have a fantastic Eater Sunday Day Social planned...don't miss out!  
We will be having a special Easter Luncheon by Chef Nicole and live entertainment with Brenda !

Memory Care: Join us as we focus on nothing but the Easter Egg-citment !!! Along with a special Easter Luncheon by Chef Nicole. We will be having special entertainment with Brenda!

### **APRIL FOOLS DAY**

Assisted Living: Don't forget to join us for a day full of April Fools Bingo to include our Joke Hour !  
Memory Care: Please join us for special tricks, music, more tricks, jokes and time well spent laughing all day!

### **Daylight Savings Time**

Assisted Living: and Memory Care: In the United States Daylight Savings time begins at 2:00 PM. on the Second Sunday In March. (Remember to spring forward )

**Please be sure to check out our activities calendars in both Assisted Living and Memory Care buildings for other Life Enrichment programs!**

## Health & Fitness by

### Assisted Living Exercise Groups:

Developed with important health components to include flexibility, core strengthening, balance, range of motion, and coordination for both the mind and body. Our exercise groups have also been created with the need to have fun and enjoy being healthy.

**Please join us for the following exercise and health programs in Assisted Living...**

### Music & Movement

Wednesdays at 9:30AM

### Walking Club

Thursdays at 8:45AM

### Stretch Bingo

Thursdays at 10AM

### Resident Council

Last Thursday of the month at 2:30PM.

### Memory Care Exercise Groups

Arthritically recognized and targeted for individuals with instability, high fall risks, short term memory impairments, and weakened core muscles. Each exercise group can be molded to every participant on an individual level and at each participants own pace to promote daily health, coordination, sequencing, flexibility, & core strengthening.

**Please join us for the following exercise and health programs in Memory Care...**

### Morning Stretch

Sundays & Monday's @ 10:00AM

### Movement to Music

Tuesday & Thursday @ 9:30AM

### Sittercise

Friday @ 9:30AM

### Out & About

Wednesdays @ 10:00 AM. & 2:00 PM.

## Birthdays

### HAPPY BIRTHDAY MARCH & APRIL !

#### Assisted Living:

Sam Zullo.....	03/01
Rosemary Wald.....	03/24
Blondina Zanger.....	3/16
Peggy Allen.....	3/15
Josefa Doyle.....	3/25
James Weidner.....	04/03
Joseph Kulesza.....	4/12
Anna Korbitz.....	4/20
Al Timmish.....	04/24

#### Memory Care:

Delores Winn.....	3/20
Robert Hunter .....	03/27
Daryl Jones.....	03/29
Miguel Herrea.....	04/17

#### MARCH BIRTHDAY FACTS:

Birthstone: Aquamarine

Flower: Daffodil

Zodiac: Pisces & Aries

#### APRIL BIRTHDAY FACTS:

Birthstone: Diamond

Flower: Sweet Pea

Zodiac: Aries & Taurus

## Spiritual Activities

At Pacifica Regency, we understand that spirituality and religious services can be important to your loved ones. Please join us for the following offered services...

- St. Viators Catholic Communion Service is held every other Tuesday at 10AM in the Assisted Living Activities Room and at 10:30AM in the Memory Care activities room. (See Activities Schedule for specific dates)
- Green Valley Baptist Church with Pastor Wayne Kelly is held every Sunday at 2PM in the Assisted Living Activities Room.
- Jewish services are available via Temple Beth Am for holidays and are also available upon request.
- Several versions of the bible are available for independent reading in both the Assisted Living and Memory Care Activities rooms.
- Please let us know if you prefer arrangements for spiritual services of other religions or denominations that are not currently offered at this time.

## Who Am I?

(answer)



BARBRA STRIESLAND

## **OUR TEAM:**

### **EXECUTIVE DIRECTOR:**

Kelly Malone

### **HEALTH SERVICES DIRECTOR:**

Michelle Deschamps

### **BUSINESS OFFICE DIRECTOR:**

Pauline Smith

### **MARKETING DIRECTOR:**

Jackie Casillas

### **ACTIVITIES DIRECTOR:**

Janice Tursi

### **FOOD SERVICES DIRECTOR:**

Nicole Moran

### **MAINTENANCE DIRECTOR:**

Jacob Seymour



*Pacifica Senior Living is committed to  
supporting our communities,  
residents, and the families we serve.*

*We strive to create a lifestyle of  
independence, security, and peace of mind.*

*It is through our dedicated and caring  
team members that our culture is  
exemplified in service, accountability,  
teamwork and compassion.*

*The right choice. The right time.  
Welcome Home!*



**PACIFICA**  
SENIOR LIVING

REGENCY

Assisted Living  
Memory Care

*4025 S. Pearl St.  
Las Vegas, NV 89121  
(702) 436-6400*

*Welcome Home!*