Mear Hear	tland-Le	gacies	March 2018			
Sunday		Tuesday	Wednesday	Thursday	Friday	Saturday
Since March 20 is the	first day of spring, Passover he corner on April 1, March i	■ begins on March 30, and		1 Rise the Rate Plaza Walking Club Historical Events *Purim Appreciation Mini Manicures Bingo	2 Daily Chronicle Line Dancing (11am) Hairstyling w/ Staff Balloon Volleyball Gather! Plaza Walking Club	3 Coffee & Chat Saturday Newspaper World Trivia Society Bingo Puzzles & Pondering Classic Movie
4 Coffee & Chat Weekly Inspirations Watercolor Painting Plaza Walking Club (2p) Scenic Drive	5 Chair Warm Ups Kickball Bean bag Toss Balloon Volleyball Plaza Walking Club Music w/ Bob Phillips Pop Movie	6 Sit & Be Fit Arts & Crafts Hand Massages Snack Shack What's Cooking (2p) Bowling Black & White Movie	7 Balance & Movement (11:30) Scenic Drive Instrumental Vowels Soccer Ball Kick Happy Hour w/ Stefani Novel Reading Club	8 Rise the Rate Plaza Walking Club Historical Events Art Appreciation Mini Manicures Bingo	9 Daily Chronicle Line Dancing (11am) Hairstyling w/ Staff Balloon Volleyball Gather! Plaza Walking Club	10 Coffee & Chat Saturday Newspaper World Trivia Bingo Puzzles & Pondering Classic Movie
11 Coffee & Chat Weekly Inspirations Watercolor Painting Plaza Walking Club (2p) Scenic Drive	12 Chair Warm Ups Kickball Bean bag Toss Balloon Volleyball Plaza Walking Club Music w/ Bob Phillips Pop Movie	13 Sit & Be Fit Arts & Crafts Hand Massages What's Cooking (2p) Bowling Black & White Movie	14 Balance & Movement (11:30) Scenic Drive Soccer Ball Kick Happy Hour w/ Lee Durley Novel Reading Club	15 Rise the Rate Plaza Walking Club Historical Events Art Appreciation Mini Manicures Bingo	16 Daily Chronicle Line Dancing (11am) Hairstyling w/ Staff Balloon Volleyball Gather! Plaza Walking Club	17 Coffee & Chat Saturday Newspaper World Trivia Bingo Puzzles & Pondering Classic Movie
18 Coffee & Chat Weekly Inspirations Watercolor Painting Plaza Walking Club No Scenic Drive	19 Chair Warm Ups Kickball Bean bag Toss Balloon Volleyball *Birdhouse Door Decor Plaza Walking Club Music w/ Bob Phillips Pop Movie	20 Happy Spring! Sit & Be Fit Arts & Crafts Hand Massages Snack Shack What's Cooking (2p) Bowling Black & White Movie	21 Balance & Movement (11:30) Scenic Drive Soccer Ball Kick Cooking Inspiration Happy Hour w/ Stefani	22 Rise the Rate *Random Trivia Plaza Walking Club Historical Events *Cupcake Liner Birds Mini Manicures Bingo	23 Daily Chronicle Line Dancing (11am) Hairstyling w/ Staff Balloon Volleyball Plaza Walking Club	24 Coffee & Chat Saturday Newspaper World Trivia Bingo Puzzles & Pondering Classic Movie
25 Coffee & Chat Weekly Inspirations Watercolor Painting Plaza Walking Club (2p) Scenic Drive	26 Chair Warm Ups Kickball Bean bag Toss Balloon Volleyball Music w/ Bob Phillips Pop Movie	27 Sit & Be Fit Arts & Crafts Hand Massages Snack Shack What's Cooking (2p) Bowling Black & White Movie	28 Balance & Movement (11:30) Lunch Box Outing Soccer Ball Kick Cooking Inspiration Happy Hour w/ Lee Durley Novel Reading Club	29 Rise the Rate *Random Trivia Plaza Walking Club Historical Events Mini Manicures Bingo	30 *All About Passover Daily Chronicle Friday Documentary Hairstyling w/ Staff Balloon Volleyball Plaza Walking Club	31 Coffee & Chat Saturday Newspaper World Trivia Bingo Puzzles & Pondering Classic Movie



1 Lifestyle	Programs		March 2018				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
VISITUSI ONLINE! G	WW.facebook.co ive us a review using the tp://www.reputation.com/kic	Iink below:	Check the Daily Activity Sheet for locations of your favorite events!	1 9:00 B/P & Hearing 9:45 Morning Exercise 10:00 Shop Serendipity 1:00 Bookmobile 1:30 Scenic Drive 3:00 Curtain Call 4:00 HH w/ Ben Herod	2 9:15 Fitness w/ Nima 9:45 Morning Exercise 11:00 Line Dancing 3:00 Build-A-Sandwich 3:15 Popcorn & Chat 4:00 Music w/ Jackson & Georgette 7:00 Evening Movie	3 9:30 Mental Gym 9:45 Chair Exercise 10:00 Shop Monterey 1:00 Shop Carmel 2:00 Ice Cream Social 3:00 Bingo 7:00 Evening Movie	
4 7:30a-1:00 <i>Church</i> <i>Transportation</i> 2:00-3:00 Downton Abbey Series	5 9:15 Fitness w/ Nima 10:00 Shop Serendipity 11:00 <u>Veteran's Coffee Chat</u> 12:30 New Beginnings w/ Mick 2:00 Music w/ Bob Phillips 7:00 Evening Movie	6 9:45 Morning Exercise 10:30 Documentary Movie 11:00 Tai Chi 1:00 <i>Shop Pacific Grove</i> 2:00 <u>Public Water</u> <u>Informational Meeting</u> 4:00 Social Happy Hour	7 9:15 Fitness w/ Nima 10:00 Catholic Service 11:00 <i>Lunch Box Outing</i> 1:00 Bridge 2:30 Yoga w/ Mae 3:00 Mini Manicures 4:00 Happy Hour w/ Mike Noonan	8 9:45 Gentle Chair Exercise 10:00 Shop Serendipity 1:00 Bookmobile 2:00 Mexican Train Game 3:00 Curtain Call 4:00 Happy Hour w/ Jack Banjo	9 9:15 Fitness w/ Nima 9:45 Morning Exercise 11:00 Line Dancing 3:00 Build-A-Sandwich 3:15 Popcorn & Chat 4:00 Music w/ Jackson & Georgette 7:00 Evening Movie	10 9:30 Mental Gym 9:45 Chair Exercise 10:00 <i>Shop Monterey</i> 11:00 Irish Folk Dance 1:00 <i>Shop Carmel</i> 2:00 Knitting w/ Mrs. Torres 3:00 Bingo 7:00 Evening Movie	
11 7:30a-1:00 <i>Church</i> <i>Transportation</i> 1:15 Music w/ Christian Hymns 2:30-4:00 Downton Abbey	12 9:15 Fitness w/ Nima 10:00 Shop Serendipity 12:30 New Beginnings w/ Mick 2:00 Music w/ Bob Phillips 7:00 Evening Movie	13 9:45 Morning Exercise 11:00 Tai Chi 1:00 <i>Shop Carmel</i> 2:00 What's Cooking 3:00 <u>History Talks w/ Pat</u> 4:00 Social Happy Hour	14 9:15 Fitness w/ Nima 9:45 Gentle Chair Exercise 10:00 Catholic Service 2:30 Yoga w/ Mae 3:00 Mini Manicures 4:00 Happy Hour w/ Lee Durley	15 9:00 B/P & Hearing 9:45 Gentle Chair Exercise 10:00 Shop Serendipity 1:00 Bookmobile 1:30 Scenic Drive 2:00 <u>Chef Chat</u> 3:00 Curtain Call 4:00 HH w/ Mike Noonan	9:15 Fitness w/ Nima 9:45 Morning Exercise 11:00 Line Dancing 3:00 Build-A-Sandwich 3:30 Popcorn & Chat 4:00 Music w/ Jackson & Georgette 7:00 Evening Movie	17 9:30 Mental Gym 9:45 Chair Exercise 10:00 <i>Bird Island Outing</i> <i>(Point Lobos)</i> 1:00 <i>Shop Carmel</i> 2:00 Ice Cream Social 3:00 Bingo 7:00 Evening Movie	
18 7:30a-1:00 Church Transportation 1:30 Symphony Transportation 2:00-4:00 Downton Abbey	19 9:15 Fitness w/ Nima 10:00 Shop Serendipity 12:30 New Beginnings w/ Mick 2:00 Music w/ Bob Phillips 7:00 Evening Movie	20 9:45 Morning Exercise 10:30 Documentary Movie 11:00 Tai Chi 1:00 <i>Shop Marina/Sand City</i> 2:00 What's Cooking 3:00 <u>Guest Speaker/Author</u> 4:00 Social Happy Hour	21 9:15 Fitness w/ Nima 9:45 Gentle Chair Exercise 10:00 Catholic Service 1:00 Bridge 2:30 Yoga w/ Mae 3:00 Mini Manicures 4:00 Happy Hour w/ Ben Herod	22 9:45 Gentle Chair Exercise 10:00 Shop Serendipity 1:00 Bookmobile 1:30 <i>Scenic Drive</i> 2:00 Mexican Train Game 3:00 Curtain Call 4:00 HH w/ Nick Williams	23 9:15 Fitness w/ Nima 9:45 Morning Exercise 11:00 Line Dancing 2:00 <u>Depression Discussion</u> 3:00 Build-A-Sandwich 3:30 Popcorn & Chat 4:00 Music w/ Jackson & Georgette	24 9:30 Mental Gym 9:45 Chair Exercise 10:00 <i>Shop Monterey</i> 1:00 <i>Shop Carmel</i> 2:00 Knitting w/ Mrs. Torres 3:00 Bingo 7:00 Evening Movie	
25 7:30a-1:00 <i>Church</i> <i>Transportation</i> 2:00-4:00 Downton Abbey 4:00 Musical Tunes	26 9:15 Fitness w/ Nima 10:00 Shop Serendipity 12:30 New Beginnings w/ Mick 2:00 Music w/ Bob Phillips 3:00 Program Chat 7:00 Evening Movie	27 9:45 Morning Exercise 10:30 Documentary Movie 11:00 Tai Chi 1:00 <i>Shop Monterey</i> 2:00 <u>Health & Vitality</u> <u>Lecture Series</u> 4:00 Happy Hour w/ Young at Heart	9:15 Fitness w/ Nima 9:45 Gentle Chair Exercise 10:00 Catholic Service 1:00 Bridge 2:00 <u>Passover Lecture w/</u> <u>Rabbi Greenbaum</u> 3:00 Community Town Hall 4:00 HH w/ Lee Durley	29 9:45 Gentle Chair Exercise 10:00 Shop Serendipity 1:00 Bookmobile 1:30 Scenic Drive 2:00 Mexican Train Game 3:00 Curtain Call 4:00 Happy Hour w/ Wendy	30 9:15 Fitness w/ Nima 9:45 Morning Exercise 11:00 Line Dancing 11:30 <i>Restaurant Outing</i> 3:00 Build-A-Sandwich 3:30 Popcorn & Chat 4:00 Music w/ Jackson & Georgette	31 9:30 Mental Gym 9:45 Chair Exercise 10:00 <i>Shop Monterey</i> 1:00-3:00 EASTER FEST! 2:00 Knitting w/ Mrs. Torres 3:00 Bingo 7:00 Evening Movie	

