


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> Harbour Pointe Senior Living</div>	10200 Harbour Place Mukilteo, WA 98275 425-493-8555	<div><div>AE</div>Artistic Expression</div> <div><div>CC</div>Community Connections</div> <div><div>CE</div>Continuing Education</div> <div><div>LL</div>Lifestyle &amp; Leisure</div> <div><div>PE</div>Physical Engagement</div> <div><div>SS</div>Spiritual Support</div>	Healthy Snacks & Hydration offered throughout each day!	9:30 A <div>LL</div> Daily News Review [C] 1 11:35 <div>PE</div> Tai Chi with Larry 2:00 F <div>PE</div> Round The Clock (Dice Game) [AR]	11:15 <div>PE</div> Morning Exercises [AR] 2 2:00 F <div>LL</div> Famous Faces Bingo [AR] 5:15 F <div>AE</div> Dinner Music with Paola 2nd Floor Dining Room [DR]	11:15 <div>PE</div> Morning Exercises [AR] 3 2:00 F <div>PE</div> Toss and Talk [AR] 6:15 F <div>LL</div> Movie Shorts with Popcorn [1st F L]
9:30 A <div>LL</div> Daily News Review [C] 4 11:15 <div>PE</div> Morning Exercises [AR] 11:30 <div>SS</div> Praise & Sing Along [AR] 3:00 F <div>LL</div> Movie Shorts with Popcorn - Family Room 3:30 F <div>LL</div> Calendar Events Planning with Kathryn [AR]	9:30 A <div>LL</div> Daily News Review [C] 5 11:15 <div>PE</div> Morning Exercises [AR] 4:00 <div>CC</div> Reading with Dallas "Chicken Soup for the Soul" [AR] 6:30 F Pet Visit with Dutch [1st F L]	9:30 A <div>LL</div> Daily News Review [C] 6 11:00 <div>CE</div> Time Slips with Brianna [AR] 2:00 F <div>PE</div> Afternoon Exercises [AR] 3:00 F <div>AE</div> Tracing [AR] 4:00 F <div>LL</div> Who Am I? Game [AR]	9:30 A <div>LL</div> Daily News Review [C] 7 11:15 <div>PE</div> Morning Exercises [AR] 2:30 <div>PE</div> Smoothie Making/Tasting [AR] 6:30 F Pet Visit with Dutch [1st F L]	9:30 A <div>LL</div> Daily News Review [C] 8 11:15 <div>PE</div> Morning Exercises [AR] 2:00 F <div>LL</div> Taste N Tell with Sergio Peanut Butter Pie [DR]	11:15 <div>PE</div> Morning Exercises [AR] 9 2:00 F <div>LL</div> Board Games 4:30 F <div>AE</div> Music with Sunny [DR]	11:15 <div>PE</div> Morning Exercises [AR] 10 2:00 F <div>PE</div> Toss and Talk [AR] 6:15 F <div>LL</div> Movie Shorts with Popcorn [1st F L]
<b>Daylight Saving Time Begins</b> 11 9:30 A <div>LL</div> Daily News Review [C] 11:15 <div>PE</div> Morning Exercises [AR] 11:30 <div>SS</div> Praise & Sing Along [AR] 3:00 F <div>LL</div> Movie Shorts with Popcorn - Family Room 4:00 <div>SS</div> Music with the Gathright Familu [DR]	9:30 A <div>LL</div> Daily News Review [C] 12 11:35 <div>PE</div> Tai Chi with Larry 4:00 <div>CC</div> Reading with Dallas "Chicken Soup for the Soul" [AR]	9:30 A <div>LL</div> Daily News Review [C] 13 10:00 <div>CE</div> Time Slips with Brianna [AR] 2:00 F <div>PE</div> Afternoon Exercises [1st F L] 3:00 F <div>AE</div> Tracing [AR]	9:30 A <div>LL</div> Daily News Review [C] 14 11:15 <div>PE</div> Morning Exercises [AR] 2:30 <div>PE</div> Smoothie Making/Tasting [AR] 3:00 <div>SS</div> Music with Jim	9:30 A <div>LL</div> Daily News Review [C] 15 11:35 <div>PE</div> Tai Chi with Larry 2:00 F <div>PE</div> Round The Clock (Dice Game) [AR]	11:15 <div>PE</div> Morning Exercises [AR] 16 2:00 F <div>LL</div> Famous Faces Bingo	<b>St. Patrick's Day</b> 17 11:15 <div>PE</div> Morning Exercises [AR] 2:00 F <div>PE</div> Toss and Talk [AR] 6:15 F <div>LL</div> Movie Shorts with Popcorn [1st F L]
9:30 A <div>LL</div> Daily News Review [C] 18 11:15 <div>PE</div> Morning Exercises [AR] 11:30 <div>SS</div> Praise & Sing Along [AR] 3:00 F <div>LL</div> Movie Shorts with Popcorn - Family Room	9:30 A <div>LL</div> Daily News Review [C] 19 11:15 <div>PE</div> Morning Exercises [AR] 4:00 <div>CC</div> Reading with Dallas "Chicken Soup for the Soul" [AR] 6:30 F Pet Visit with Dutch [1st F L]	9:30 A <div>LL</div> Daily News Review [C] 20 10:00 <div>CE</div> Time Slips with Brianna [AR] 2:00 F <div>PE</div> Afternoon Exercises 3:00 F <div>AE</div> Tracing [AR]	9:30 A <div>LL</div> Daily News Review [C] 21 11:15 <div>PE</div> Morning Exercises [AR] 2:30 <div>PE</div> Smoothie Making/Tasting [AR] 3:30 F Birthday Party with Guy Johnson 2nd Flr Dining Rm 6:30 F Pet Visit with Dutch [1st F L]	9:30 A <div>LL</div> Daily News Review [C] 22 11:15 <div>PE</div> Morning Exercises [AR] 2:00 F <div>PE</div> Round The Clock (Dice Game) [AR]	11:15 <div>PE</div> Morning Exercises [AR] 23 2:00 F <div>LL</div> Board Games	11:15 <div>PE</div> Morning Exercises [AR] 24 2:00 F <div>PE</div> Toss and Talk [AR] 6:15 F <div>LL</div> Movie Shorts with Popcorn [1st F L]
9:30 A <div>LL</div> Daily News Review [C] 25 11:15 <div>PE</div> Morning Exercises [AR] 11:30 <div>SS</div> Praise & Sing Along [AR] 3:00 F <div>LL</div> Movie Shorts with Popcorn - Family Room	9:30 A <div>LL</div> Daily News Review [C] 26 11:35 <div>PE</div> Tai Chi with Larry 4:00 <div>CC</div> Reading with Dallas "Chicken Soup for the Soul" [AR] 6:30 F Pet Visit with Dutch [1st F L]	9:30 A <div>LL</div> Daily News Review [C] 27 10:00 <div>CE</div> Time Slips with Brianna [AR] 2:00 F <div>PE</div> Afternoon Exercises 3:00 F <div>AE</div> Tracing [AR]	9:30 A <div>LL</div> Daily News Review [C] 28 11:15 <div>PE</div> Morning Exercises [AR] 2:30 <div>PE</div> Smoothie Making/Tasting [AR] 6:30 F Pet Visit with Dutch [1st F L]	9:30 A <div>LL</div> Daily News Review [C] 29 11:35 <div>PE</div> Tai Chi with Larry 2:00 F <div>PE</div> Round The Clock (Dice Game) [AR]	11:15 <div>PE</div> Morning Exercises [AR] 30 2:00 F <div>LL</div> Famous Faces Bingo 5:15 F <div>AE</div> Dinner Music with Gary Hood 2nd Floor Dining Room	11:15 <div>PE</div> Morning Exercises [AR] 31 2:00 F <div>PE</div> Toss and Talk [AR] 6:15 F <div>LL</div> Movie Shorts with Popcorn [1st F L]