Wellsprings
Assisted Living

March 2018

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25	26	27	28	Mar 1 Chicken/Dijon Sauce Fresh Mashed Potatoes/Gravy Spinach Vanilla Fruit Pudding	2 Baked Ham Roasted Yams Garlic Green Beans Cornbread White Cake	3 Meatloaf/Gravy Fresh Mashed Potatoes/Gravy Seasoned Peas Orange Glazed Bars
4 Fried Chicken/Creamy Gravy Steamed Red Potatoes California Normandy Blend Whole Grain Bread Blueberry Pie/Topping	5 Oven Roasted Pork Glazed Sweet Potatoes Vegetable Medley Baked Roll Caramel Apple Cake	6 Classic Beef Stroganoff Garlic Pasta Broccoli Graham Streusel Cake	7 Rosemary Roasted Turkey Bread Stuffing Buttery Carrots Whole Grain Bread Peach Cobbler	8 Chicken Riviera Creamy AuGratin Potatoes Green Beans Cornbread Soft Snickerdoodle	9 Honey Glazed Meatballs Rice Snap Pea Vegetable Blend Boston Cream Cake	10 Grilled Chicken California Normandy Blend Garlic Bread Vanilla-Berry Trifle
11 Tangy Pork Roast Fresh Mashed Potatoes Seasoned Cauliflower Cornbread Banana Crumb Cake	12 Turkey/Mushroom Sauce Fresh Mashed Potatoes/Gravy Scandinavian Veg Baked Roll Chocolate Marshmallow Cake	13 Cranberry Chicken Baked Macaroni Cheese Herbed Corn Fruit Crisp	14 Cajun Seasoned Fish Roasted Rosemary Potatoes Mixed Vegetables Cornbread Fresh Coconut Cream Pie	15 Salisbury Steak/Gravy Fresh Mashed Potatoes Baby Carrots Bread Pudding/Vanilla Sauce	16 Garlic Parmesan Chicken Delicious Rice Cream Peas Rice and Raisin Pudding	17 Corned Beef Brisket Boiled Potatoes Boiled Cabbage Crusty Garlic Bread Luck O' Irish Brownie
18 Glazed Meatloaf O'Brien Potatoes Mixed Vegetables Baked Roll Fresh Chocolate Crm Pie	19 Honey Curry Chicken Breast Seasoned Rice Seasoned Pea Pods Baked Roll Apple Cobbler	20 Pork Chops and Gravy Mashed Yams Scandinavian Veg Baked Roll White Almond Cake	21 Swedish Patty Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Fudge Crinkle	22 Marinated Drum Sticks Seasoned Red Potatoes Green Beans Baked Roll Fruit Marshmallow Dessert	23 Philly Cube Steak Potato Wedges Vegetable Medley Baked Roll Jello Cookie	24 Spaghetti/Meat Marinara Sauce Garlic Zucchini Saute Garlic Bread Autumn Spice Cake
25 Baked Ham Fresh Mashed Potatoes Sweet Sour Beets Baked Roll Black Bottom Cherry Pie	26 Seasoned Baked Chicken Ranch Potato Bake Sauteed Spinach Whole Grain Bread Almond Sugar Cookie	27 Sauteed Meatballs Best Noodles Skillet Cabbage Baked Roll Chocolate Love Cake	28 Balsamic Roasted Pork Delmonico Potatoes Broccoli Whole Grain Bread Cranberry Apple Crisp	29 English Pub Steak Garlic Herb Mashed Potatoes Baby Carrots Baked Roll Maple Bread Pudding	30 Tangy Country-Style Ribs Parmesan Roasted Potatoes Cheesy Spinach Bake Cornbread Lemon Cheese Bar	31 Turkey Roast/Zesty Rub Bread Stuffing Green Beans Baked Roll White Poke Cake