

## March 2018

## Tranquillity at Fredericktowne



25	26	27	28	Mar 1 Green Salad Chicken/Dijon Sauce Maple Marinated Pork Roast <i>Or</i> Roasted Potato Medley Spinach Baked Roll Vanilla Fruit Pudding	2 Green Salad Fish Fillet/Lemon Sauce Baked Ham Or Seasoned Potatoes Garlic Green Beans Baked Roll White Cake	3 Green Salad Meatloaf/Gravy Turkey Cutlet/Garlic Tomato Sauce <i>or</i> Fried Potatoes/Onions Seasoned Peas Baked Roll Orange Glazed Bars
4 Green Salad Fried Chicken/Creamy Gravy Zesty Beef Roast Or Steamed Red Potatoes California Normandy Blend Baked Roll Blueberry Pie/Topping	Green Salad Oven Roasted Pork Spinach Tomato Lasagna Or Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Caramel Apple Cake	Green Salad Classic Beef Stroganoff Grilled Shrimp Or Broccoli Garlic Bread German Chocolate Brownie	Green Salad Rosemary Roasted Turkey Ginger Lime Pork Or Homemade Stuffing Buttery Carrots Baked Roll Peach Cobbler	8 Green Salad Ham with Raisin Sauce Chicken Riviera Or Creamy AuGratin Potatoes Green Beans Baked Roll Soft Snickerdoodle	9 Green Salad Honey Glazed Meatballs Cheddar Crumb Cod or Brown Rice Snap Pea Vegetable Blend Baked Roll Boston Cream Cake	Green Salad Grilled Chicken Corned Beef and Cabbage Or Red Potatoes Harvard Beets Baked Roll Vanilla-Berry Trifle
11 Green Salad Tangy Pork Roast Autumn Pot Roast <i>Or</i> Roasted Yams Green and Gold Beans Baked Roll Pumpkin Pie	12 Green Salad Beef Cube Steaks Turkey/Mushroom Sauce Or Risotto Baked Seasoned Squash Baked Roll Chocolate Marshmallow Cake	13 Green Salad Cranberry Chicken Grilled Polish Sausage Or Baked Macaroni Cheese Herbed Corn Baked Roll Fruit Crisp	14 Green Salad Cajun Seasoned Fish Brown Sugar Ham Or Roasted Rosemary Potatoes Greens Baked Roll Fresh Coconut Cream Pie	15 Green Salad Salisbury Steak/Gravy Marinated Turkey Or Fresh Mashed Potatoes Baby Carrots Baked Roll Angel Food Cake	16 Green Salad Garlic Parmesan Chicken Glazed Salmon Or Mashed Yams Sauteed Yellow Squash Baked Roll Rice and Raisin Pudding	17 Green Salad Braised Pork Hungarian Goulash Or Boiled Potatoes Seasoned Cabbage Baked Roll Chocolate Sugar Cookies
18 Green Salad Glazed Meatloaf Buttermilk Baked Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Mint Brownie	19 Green Salad Honey Curry Chicken Breast Parmesan Fish Fillets <i>Or</i> Seasoned Brown Rice Seasoned Pea Pods Baked Roll Apple Cobbler	20 Green Salad Pork Chops and Gravy Turkey Roast/Stuffing Or Mashed Yams Scandinavian Veg Baked Roll White Almond Cake	21 Green Salad Swedish Patty Orange Glazed Ham <i>Or</i> Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Maple Bar	22 Green Salad Chicken Piccata Hot Pork Gravy Or Seasoned Red Potatoes Green Beans Baked Roll Fruit Marshmallow Dessert	23 Green Salad Lemon Garlic Fish Philly Cube Steak Or Potato Wedges Chef's Steamed Vegetable Baked Roll Key Lime Pudding	24 Green Salad Spaghetti/Marinara Meat Sauce Cranberry Glazed Turkey Roast <i>or</i> Garlic Zucchini Saute Garlic Bread Autumn Spice Cake
25 Green Salad Roasted Ham Orange Teriyaki Beef Or Roasted Yams Sweet Sour Beets Baked Roll Black Bottom Cherry Pie	26 Green Salad Seasoned Baked Chicken Shrimp Creole Or Ranch Potato Bake Sauteed Spinach Almond Sugar Cookie	27 Green Salad Sauteed Meatballs Homestyle Turkey/Gravy Or Best Noodles Skillet Cabbage Baked Roll Chocolate Love Cake	28 Green Salad Balsamic Roasted Pork Three Cheese and Herb Quiche Or Delmonico Potatoes Broccoli Baked Roll Cranberry Apple Crisp	29 Green Salad English Pub Steak Garlic Broiled Chicken Breast Or Garlic Herb Mashed Potatoes Baby Carrots Baked Roll Maple Bread Pudding	30 Green Salad Crunch-Topped Fish Tangy Country-Style Ribs Or Delicious Rice Cheesy Spinach Bake Baked Roll Lemon Cheese Bar	31 Green Salad Turkey Roast/Zesty Rub Seasoned Steak Or Bread Stuffing Green Beans Baked Roll White Poke Cake