March 2018 Assisted Living Lifestyle & Leisure



Assisted Living Life	style & Leisure					with UGUG
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wentworth at East Millcreek Assisted Living	1871 East 3300 South Salt Lake City, UT 84106 801-485-0123	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support		8:00 Breakfast 10:00 Current Events 11:00 Piano Music with Donna 12:00 Lunch 1:30 SS Chicken Soup for the Soul 3:00 F Famous Faces Social 4:00 F This Day in History 5:00 Dinner	8:00 Breakfast 10:00 CC Scenic Drive 12:00 Lunch 1:30 PE Sit and Be Fit 2:00 Bingo 3:00 CE Music History and Piano with Dasha 5:00 Dinner 6:30 Movie and Popcorn	8:00 Breakfast 11:00 Activity Packet 12:00 Lunch 3:00 The Best of Betty White 5:00 Dinner 6:30 Movie and Popcorn
8:00 Breakfast 9:00 SS Tabernacle Choir 10:00 SS LDS Sacrament Meeting 11:00 SS Wilford Ward Singers 12:00 Lunch 1:30 LB Bingo 3:00 LActivity Packet 5:00 Dinner	8:00 Breakfast 10:00 Shopping at Walmart 12:00 Lunch 1:30 Sit and Be Fit 2:30 Manicures 3:30 Karen and Bob's Musical Group 5:00 Dinner 6:30 Classic Movie Night	8:00 Breakfast 10:15 SS Catholic Communion 11:00 LE Remembering the Good Old Days 12:00 Lunch 1:30 AE Flower Arranging 3:00 CE You Be the Judge 4:00 CE Mind Stretchers Trivia 5:00 Dinner	8:00 Breakfast 9:30 Eye Exams with At Home Eye care 10:00 Shopping at Trader Joe's 12:00 Lunch 1:30 Moving and Grooving 2:00 Bingo 3:00 Creative Arts 5:00 Dinner 6:30 SPriesthood and Relief Society Meeting	8:00 Breakfast 10:00 Current Events 11:00 Piano Music with Donna 12:00 Lunch 1:30 SS Chicken Soup for the Soul 3:00 Singer and Guitarist Jen Bradshaw 4:00 Finis Day in History 5:00 Dinner	8:00 Breakfast 10:00 Scenic Drive 12:00 Lunch 1:30 Sit and Be Fit 2:00 Bingo 3:00 For Travel Club - Ireland 5:00 Dinner 6:30 Movie and Popcorn	Happy Birthday Pink Floyd! (Mark's cat) 8:00 Breakfast 11:00 Activity Packet 12:00 Lunch 3:00 The Best of Carol Burnett 5:00 Dinner 6:30 Movie and Popcorn
Daylight Saving Time Begins 8:00 Breakfast 9:00 SS Tabernacle Choir 10:00 SS LDS Sacrament Meeting 11:00 SS Wilford Ward Singers 12:00 Lunch 1:30 LBingo 3:00 LActivity Packet 5:00 Dinner	Happy Birthday Frank! 8:00 Breakfast 10:00 Shopping at Walmart 12:00 Lunch 1:30 Sit and Be Fit 2:00 Bingo 3:00 Manicures 4:00 Manicures 4:00 Manicures 6:30 Classic Movie Night	8:00 Breakfast 10:15 SS Catholic Communion 11:00 Expression Remembering the Good Old Days 12:00 Lunch 1:00 AE Flower Arranging 1:30 AE Craft Corner with liz 3:00 Singer and Guitarist B.D. Howes 5:00 Dinner	8:00 Breakfast 10:00 C Shopping at Big Lot's 12:00 Lunch 1:30 Trip to the Museum of Modern Art 3:30 E Brain Games 5:00 Dinner 6:30 S Priesthood and Relief Society Meeting	8:00 Breakfast 10:00 Current Events 11:00 Piano Music with Donna 12:00 Lunch 1:30 Singer and Guitarist David Fairbanks 3:00 Creative Arts 4:00 Finis Day in History 5:00 Dinner	8:00 Breakfast 10:00 CC Scenic Drive 12:00 Lunch 1:30 PE Sit and Be Fit 2:00 Bingo 3:00 CE St. Patrick's Day Celebration 5:00 Dinner 6:30 Movie and Popcorn	St. Patrick's Day 8:00 Breakfast 11:00 Activity Packet 12:00 Lunch 3:00 The Best of Andy Griffith 5:00 Dinner 6:30 Movie and Popcorn
8:00 Breakfast 9:00 SS Tabernacle Choir 10:00 SS LDS Sacrament Meeting 11:00 SS Wilford Ward Singers 12:00 Lunch 1:30 LB Bingo 3:00 LActivity Packet 5:00 Dinner		8:00 Breakfast 10:15 SS Catholic Communion 11:00 LE Remembering the Good Old Days 12:00 Lunch 1:30 AE Flower Arranging 3:00 LE Pianist and Singer Bob Shorten 4:00 E Mind Stretchers Trivia 5:00 Dinner	8:00 Breakfast 10:00 Shopping at Harmon's 11:45 Lunch Bunch - Olive Garden 12:00 Lunch 2:30 Service Club - Gift Bags for Primary Children's Hospital 3:30 Exercise Essentials 5:00 Dinner 6:30 SPriesthood and Relief Society Meeting	8:00 Breakfast 10:00 Current Events 11:00 Piano Music with Donna 12:00 Lunch 1:30 Famous Faces 3:00 Wine and Cheese Social 4:00 This Day in History 5:00 Dinner	8:00 Breakfast 10:00 CC Scenic Drive 12:00 Lunch 1:30 PE Sit and Be Fit 2:00 Bingo 3:00 Pianist and Singer Scott Larabee 5:00 Dinner 6:30 Movie and Popcorn	8:00 Breakfast 11:00 Activity Packet 12:00 Lunch 2:00 Saturday Social 3:00 The Best of Betty White 5:00 Dinner 6:30 Movie and Popcorn
8:00 Breakfast 9:00 SS Tabernacle Choir 10:00 SS LDS Sacrament Meeting 11:00 SS Wilford Ward Singers 12:00 Lunch 1:30 III Bingo 3:00 III Activity Packet 5:00 Dinner	Happy Birthday Martin! 8:00 Breakfast 10:00 Shopping at Walmart 12:00 Lunch 1:30 Sit and Be Fit 2:00 Bingo 3:00 Chefs Corner with Sharon 4:00 Manicures 5:00 Dinner 6:30 Classic Movie Night	8:00 Breakfast 10:15 SS Catholic Communion 11:00 LL Remembering the Good Old Days 12:00 Lunch 1:30 AE Flower Arranging 3:00 PE Chi Gong and Tai Chi Class 3:45 AE Poetry Club 5:00 Dinner	8:00 Breakfast 10:00 Shopping at Smith's Marketplace 12:00 Lunch 1:30 Moving and Grooving 2:00 Moving and Grooving 2:00 Stuffing Easter Eggs 5:00 Dinner 6:30 SPriesthood and Relief Society Meeting	Happy Birthday Darrel! 8:00 Breakfast 10:00 L Current Events 11:00 Piano Music with Donna 12:00 Lunch 1:30 E Creative Arts 3:00 Resident Council 4:00 E This Day in History 5:00 Dinner	8:00 Breakfast 10:00 C Scenic Drive 12:00 Lunch 1:30 E Sit and Be Fit 2:00 Bingo 4:00 C Community Easter Egg Hunt 5:00 Dinner 6:30 Movie and Popcorn	8:00 Breakfast 11:00 Activity Packet 12:00 Lunch 3:00 The Best of Carol Burnett 5:00 Dinner 6:30 Movie and Popcorn