



Happy St. Patrick's Day
Saturday, March 17th

FROM MCU ADMINISTRATOR: *Moments*

This month training for "Moments" is Life Story. Knowing our residents, truly knowing them, is the key to caring for the whole person. So, how do we get to know someone whose ability to communicate has become compromised? Sometimes we have to become detectives: we follow the clues and do our very best to learn everything we can about them, and then put it in their care plan, so others can get to know them as well.

We can learn about our residents through visiting with them; interviewing their family members and those closest to them and reviewing physician reports, history and physicals, nurse assessments and other information found in their health chart. We can also learn about them through viewing their photo albums and scrapbooks, asking about their memorabilia and watching them as they respond to

different stimuli. Before long we'll learn their patterns, events and conditions that trigger unsettling behaviors and what comforts them.

A Life Story Book is a book compiled to capture memories and stories of a person's life. It is often referred to over and over again by the individual, their family, friends and caregivers. It is a valuable resource for caregivers and can ultimately become a cherished heirloom enjoyed by future generations.

There are many different uses for the life story book. You can:

- Learn about the life experiences that shaped who the resident is
- Learn the stories from the Life Story Book and use them to reminisce with the resident while assisting with personal care.

Steven T. Mays



Gloria W	MARCH 9
Wanda B	MARCH 19
Bruce C	MARCH 29
Julia B	MARCH 29
Marjorie	MARCH 31

WELCOME CORNER:

We would like to extend a special welcome to the wonderful elders who have joined our community over the last couple of months.

| David D. Harriet F.

PRAIRIE HOUSE
Assisted Living and Memory Care



MARCH ACTIVITIES

MARCH 8TH

Veteran's Breakfast

MARCH 8TH

Alzheimer's
Support Group

MARCH 5TH – 19TH

Taco Night at
American Legion

MARCH 16TH

St. Patrick's Day 12 pm

MARCH 16TH

Music with Lynn Farrell

THEME WEEK:

Lucky Leprechauns –
Theme Week will consist
of showing us some green
and gold. Show Prairie
House just how lucky you
are, as we know how truly
lucky we are to have all
of you as our residents.

St. Patrick's Day Celebrations

In recent years, the St. Patrick's Day celebrations in Dublin, Ireland have extended to a week-long event called St. Patrick's Festival, encompassing a spectacular fireworks display, open-air music, street theater and the traditional parade. Over one million people annually attend.

As a part of the celebration, many attendees wear shamrocks on their lapels or caps on St. Patrick's Day, while children wear tricolored (green, white and orange) badges. Girls traditionally wear green ribbons in their hair.

A three-leafed shamrock clover was used by St. Patrick to represent the Christian trinity: Father, Son and Holy Spirit. Shamrocks were considered lucky by the Irish. The shamrock was used by the Irish as a mark of nationalism when the English invaded the Celts. Leprechauns or Irish fairy people are also associated with St. Patrick's festival. In Irish mythology, a leprechaun is a type of elf said to inhabit the island of Ireland.

St. Patrick's Day is celebrated worldwide by the Irish and those of Irish descent. A major parade takes place in Dublin and in most other Irish towns and villages. The three largest parades of recent years have been held in Dublin, New York and Birmingham, England. Parades also take place in other centers, London, Paris, Rome, Moscow, Beijing, Hong Kong, Singapore and throughout the Americas.

In the United States, the Chicago River is dyed green for St. Patrick's Day. Established in Boston in 1737, it is essentially a time to put on a "Kiss Me I'm Irish" button and parade through the streets singing "Danny Boy" in celebration of one's real or imagined Irish ancestry.

The legends revolving around St. Patrick have been inseparably combined with the facts. The day invariably evokes the "I am Irish" sentiments along with celebrating St. Patrick for his services towards Ireland. Together they have helped us know much about the saint and the spirit behind celebration of the day.

ROCKSTARS OF THE MONTH

We are now doing an appreciation award for our residents called the Resident Rockstar of the Month. We encourage residents and employees to vote on a fellow resident who you feel are amazing and need to be told they are a shining star at Prairie House.

Rockstar of the Month: Debra M.

Resident Rockstar of the Month: Patty G.



In Loving Memory

*Though they have left
our presence, they will
never leave our hearts.*

Opal M.

We will miss you dearly.



PHOTO HIGHLIGHTS



UPDATE ON MEALS:

We encourage you to enjoy a meal with our elders, we would ask that you give us a 24 hr notice if you will be joining if possible. Prices for meals for dining with our elders will now be 5 dollars.

PRAIRIE HOUSE

Assisted Living and Memory Care

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Registered Nurse

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Resident Care Coordinator

DEBBIE GANIEANY
Office Manager

SHANNON PALMER
Life Enrichment Coordinator

JONATHAN MITCHELL
Maintenance

VIVIAN PALMER
Housekeeping

PHILIP KEIFER
Dietary Manager

MARCH – WORD SEARCH

A	D	M	I	N	I	S	T	R	A	T	O	R	W	M
O	F	R	U	I	T	S	F	V	L	H	S	I	S	W
E	N	V	I	R	I	S	H	E	P	I	P	W	M	I
J	U	W	P	P	L	S	W	G	O	S	R	Y	I	P
O	T	G	U	P	R	H	K	E	Y	T	I	J	Z	I
G	R	P	L	H	X	A	D	T	E	O	N	C	D	J
R	I	J	M	R	C	M	U	A	M	R	G	L	Q	C
E	T	Z	O	J	T	R	A	B	Z	Y	V	E	F	X
E	I	A	N	Y	C	O	N	L	O	S	C	A	R	S
N	O	P	A	U	X	C	J	E	M	E	L	N	O	N
I	N	F	R	Y	Q	K	Y	S	V	U	Y	I	E	L
V	E	Y	Y	R	I	V	A	L	U	L	S	M	A	V
L	E	P	R	E	C	H	A	U	N	M	O	H	T	B
M	N	O	N	Y	N	O	Q	O	W	W	F	L	K	U
F	X	C	K	R	D	O	C	T	O	R	S	O	N	L

ADMINISTRATOR
CLEAN
DOCTORS
FRUITS
GREEN

HISTORY
IRISH
LEPRECHAUN
NUTRITION
OSCARS

PULMONARY
SHAMROCK
SPRING
VEGETABLES
WOMEN


RIDGELINE
MANAGEMENT COMPANY

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