


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>26096 Elm Street Calumet Township, MI 49913 906-337-0800</div>		<div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle &amp; Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div>	Healthy Snacks & Hydration offered throughout each day!			
				9:00 CC Coffee Club/Tea Time 1 10:30 PE Brain Gym Exercises 11:00 LL Hydration & Socialization 12:30 LL Brain Games 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 2 10:30 PE Fitness Fun 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 12:30 LL Puzzle Builders 2:00 LL Happy Hour! Socialize over Drinks and Snacks! 3:00 AE Arts and Crafts 5:00 LL Movie Night 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 3 10:30 PE Sit and Be Fit 11:00 LL Hydration & Socialization 12:30 LL Pamper and Primp 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Sing-a-longs 7:00 LL Hydration Station & Snacks
9:00 CC Coffee Club/Tea Time 4 10:30 PE Stretching and Strengthening Exercises 11:00 LL Hydration & Socialization 12:30 AE Brain Games 2:00 LL Ice Cream Sunday Social 3:00 AE Arts and Crafts 5:00 LL Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 5 10:30 PE Exercise and Meditation 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 2:00 AE Cheese Sampling Party + History of Cheeses! 3:00 AE Arts and Crafts 6:00 CE Evening News Hour 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 6 10:30 PE Tai Chi Exercises 11:00 LL Hydration & Socialization 2:00 LL Local History Interests & Education w/ Robert Saakinen 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 7 10:30 PE Qigong Energy Exercises 11:00 LL Hydration & Socialization 12:30 AE Tie Dye Purple/Green Bandannas for St. Urho's Day! 1:00 LL Pet Therapy w/ Bowser 2:00 LL Hydration Station and Snacks 3:00 SS Laurium Apostalic Services 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 8 10:30 SS Catholic Services 10:30 PE Brain Gym Exercises 11:00 LL Hydration & Socialization 12:30 LL Brain Games 2:00 CC Local History Interests & Education w/ Robert Saakinen 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 9 10:30 PE Fitness Fun 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 12:30 LL Puzzle Builders 2:00 LL Happy Hour! Socialize over Drinks and Snacks! 3:00 AE Arts and Crafts 5:00 LL Movie Night 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 10 10:30 PE Sit and Be Fit 11:00 LL Hydration & Socialization 12:30 LL Pamper and Primp 1:00 AE Live music w/ The First Baptist Church Musicians 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Sing-a-longs 7:00 LL Hydration Station & Snacks
Daylight Saving Time Begins 11 9:00 CC Coffee Club/Tea Time 10:30 PE Stretching and Strengthening Exercises 11:00 LL Hydration & Socialization 12:30 AE Brain Games 2:00 LL Ice Cream Sunday Social 3:00 AE Arts and Crafts 5:00 LL Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 12 10:30 PE Exercise and Meditation 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 6:00 CE Evening News Hour 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 13 10:30 PE Tai Chi Exercises 11:00 LL *Outing*- Luncheon in Houghton 11am-1pm 11:00 LL Hydration & Socialization 1:00 AE Karaoke with Jessica 2:00 LL Local History Interests & Education w/ Robert Saakinen 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 14 10:30 PE Qigong Energy Exercises 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 1:00 LL Pet Therapy w/ Bowser 2:00 AE *Community Service Project* Making fleece tie blankets for Maternity Ward 2:00 LL Hydration Station and Snacks 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 15 10:30 PE Brain Gym Exercises 11:00 LL Hydration & Socialization 12:30 LL Brain Games 1:00 SS Faith Lutheran Service 2:00 SS Music Magic w/ Guitar George 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 16 10:30 PE Fitness Fun 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 12:30 LL Puzzle Builders 2:00 CC 2-4pm St. Urho's/St. Patty's Day Party w/ Family & Friends 5:00 LL Movie Night 7:00 LL Hydration Station & Snacks	St. Patrick's Day 17 9:00 SS Chicken Soup for the Soul~Daily Read 10:30 PE Sit and Be Fit 11:00 LL Hydration & Socialization 12:30 LL Pamper and Primp 2:00 LL Hydration Station and Snacks 2:00 AE Live Music with Pete Anttila and the TRV Crew! 3:00 AE Arts and Crafts 5:00 AE Sing-a-longs 7:00 LL Hydration Station & Snacks
9:00 CC Coffee Club/Tea Time 18 10:30 PE Stretching and Strengthening Exercises 11:00 LL Hydration & Socialization 12:30 AE Brain Games 2:00 LL Ice Cream Sunday Social 3:00 AE Arts and Crafts 5:00 LL Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 19 10:00 CC Catholic Mass w/ Father Abraham 10:30 PE Exercise and Meditation 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 6:00 CE Evening News Hour 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 20 10:30 PE Tai Chi Exercises 11:00 LL Hydration & Socialization 1:00 AE Bill White Accordion Hour 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 21 10:30 PE Qigong Energy Exercises 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 1:00 Karaoke With Jessica 1:00 LL Pet Therapy w/ Bowser 2:00 CC Local History Interests & Education 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 22 10:30 SS Catholic Services 10:30 PE Brain Gym Exercises 11:00 LL Hydration & Socialization 12:30 LL Brain Games 1:00 LL TASTE and TELL 2:00 CC Local History Interests & Education w/ Robert Saakinen 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 23 10:30 PE Fitness Fun 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 12:30 LL Puzzle Builders 2:00 LL Happy Hour! Socialize over Drinks and Snacks! 3:00 AE Arts and Crafts 5:00 LL Movie Night 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 24 10:30 PE Sit and Be Fit 11:00 LL Hydration & Socialization 12:30 LL Pamper and Primp 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Sing-a-longs 7:00 LL Hydration Station & Snacks
9:00 CC Coffee Club/Tea Time 25 10:30 PE Stretching and Strengthening Exercises 11:00 LL Hydration & Socialization 12:30 AE Brain Games 2:00 LL Ice Cream Sunday Social 3:00 AE Arts and Crafts 5:00 LL Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 26 10:30 PE Exercise and Meditation 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 2:00 SS Baptist Service w/ Pastor Joel 3:00 AE Arts and Crafts 6:00 CE Evening News Hour 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 27 10:30 PE Tai Chi Exercises 11:00 LL Hydration & Socialization 1:00 AE Karaoke with Jessica 2:00 LL Local History Interests & Education w/ Robert Saakinen 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:30 CC Heritage Group Talk 28 10:30 PE Qigong Energy Exercises 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 1:00 LL Pet Therapy w/ Bowser 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 7:00 LL Hydration Station & Snacks	9:00 CC Coffee Club/Tea Time 29 10:30 SS Catholic Services 10:30 PE Brain Gym Exercises 11:00 LL Hydration & Socialization 12:30 LL Brain Games 2:00 CC Local History Interests & Education w/ Robert Saakinen 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Music Therapy 6:00 CC P.E.A.C.E. Dementia Support Group 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 30 10:30 PE Fitness Fun 11:00 LL Hydration & Socialization 12:00 LL Piano Music w/ Mark 12:30 LL Puzzle Builders 2:00 LL Happy Hour! Socialize over Drinks and Snacks! 3:00 AE Arts and Crafts 5:00 LL Movie Night 7:00 LL Hydration Station & Snacks	9:00 SS Chicken Soup for the Soul~Daily Read 31 10:30 PE Sit and Be Fit 11:00 LL Hydration & Socialization 12:30 LL Pamper and Primp 2:00 LL Hydration Station and Snacks 3:00 AE Arts and Crafts 5:00 AE Sing-a-longs 7:00 LL Hydration Station & Snacks