

## Regular Menu

Meadow Oaks



	Sun 03-11-2018	Mon 03-12-2018	Tue 03-13-2018	Wed 03-14-2018	Thu 03-15-2018	Fri 03-16-2018	Sat 03-17-2018
B R K	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice
L U N	Green Salad <i>or</i> Soup Du Jour Tangy Pork Roast <i>or</i> Autumn Pot Roast Fingerling Potatoes Green and Gold Beans Baked Roll Banana Crumb Cake	Green Salad Soup Du Jour Turkey/Mushroom Sauce <i>or</i> Tender Cranberry Roast Risotto Brussel Sprouts Baked Roll Chocolate Mousse	Green Salad <i>or</i> Soup Du Jour Grilled Polish Sausage <i>or</i> Chef's Choice Entree Baked Macaroni Cheese Herbed Corn Baked Roll Berry Crumble	Green Salad <i>or</i> Soup Du Jour Pan Seared Fish <i>or</i> Glazed Ham Steak Roasted Rosemary Potatoes Fresh Asparagus Baked Roll Strawberry Angel Cake	Green Salad <i>or</i> Soup Du Jour Marinated Turkey <i>or</i> Veal Marsala Fresh Mashed Potatoes/Gravy Baby Carrots Baked Roll Bread Pudding/Vanilla Sauce	Green Salad <i>or</i> Soup Du Jour Garlic Parmesan Chicken <i>or</i> Pepperoni Pizza Roasted Red Potatoes Sauteed Yellow Squash Baked Roll Layered Dessert	Green Salad <i>or</i> Soup Du Jour Irish Beef Pie <i>or</i> Almond Crusted Chicken Fresh Mashed Potatoes Irish Blend Baked Roll Shamrock Pie
S U P	Soup Du Jour Roasted Chicken/Red Potatoes Asparagus/Balsamic Sauce <i>or</i> Deep Dish Spinach Quiche Greek Salad Cherry Fluff	Soup Du Jour Salmon Caesar Salad <i>or</i> Classic Spaghetti Meat Sauce Butternut Squash Gratin Crusty Garlic Bread Coffee Cake	Soup Du Jour Honey Mustard Deli Sandwich Classic Macaroni Salad <i>or</i> Lemon Grilled Chicken Caramelized Turnips Mushroom Rice Fresh Lemon Bars	Soup Du Jour Hot Pork Sandwich Green Salad <i>or</i> Chinese Pepper Steak Sesame Snap Peas Pad Thai Egg Custard Pie	Soup Du Jour Bruschetta Chicken Bake Corn <i>or</i> Chef's Special of the Day Garlic Green Beans Long Grain Wild Rice Pilaf Oreo Cheesecake	Soup Du Jour Classic Taco Salad Taco Salad Veggies Lime Cilantro Rice <i>or</i> Bacon Cheddar Pork Chops Broccoli Lime Cilantro Rice Ice Cream Sundae	Sausage/Marinated Vegetables Garden Pasta Salad <i>or</i> Cheese Tortellini/Basil Cream Sauce Garlic Zucchini Saute Garlic Bread Glazed Lemon Pound Cake
	Milk offered at every meal						Week 3

Dietitian's Signature: *Diane Jagu, R.D.N. 6/10/28*  
1-1-2018