

Regular Menu

Meadow Oaks



	Sun 02-25-2018	Mon 02-26-2018	Tue 02-27-2018	Wed 02-28-2018	Thu 03-01-2018	Fri 03-02-2018	Sat 03-03-2018
B R K	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice	Chef's Choice Pastry Buttermilk Pancakes French Toast Egg of Choice Bacon Sausage Link Fresh Fruit 100% Juice
L U N	Green Salad <i>or</i> Soup Du Jour Tilapia/Savory Herb Butter <i>or</i> Spaghetti and Meat Wine Sauce Garlic Mashed Potatoes Roasted Carrots Baked Roll Fresh Banana Cream Pie	Green Salad Soup Du Jour Honey Roasted Chicken Thigh <i>or</i> Veal Marsala White and Wild Rice Pilaf Country Trio Medley Baked Roll Mixed Berry Crisp	Green Salad <i>or</i> Soup Du Jour Herb Crusted Pork Roast <i>or</i> Cranberry Glazed Turkey Roast Baked Yams Baked Seasoned Squash Baked Roll Spiced Pear Cake	Green Salad <i>or</i> Soup Du Jour Hamburger Steak/Onions <i>or</i> Chef's Special of the Day Lyonnaise Potatoes Oven Roasted Cauliflower Baked Roll Autumn Apple Tart	Green Salad <i>or</i> Soup Du Jour Chicken/Dijon Sauce <i>or</i> Honey Grilled Shrimp Oven Brown Rice Spinach Baked Roll Fruit Cobbler	Green Salad <i>or</i> Soup Du Jour Filet of Fish Meuniere <i>or</i> Baked Ham/Mango Salsa Parsley Rice Garlic Green Beans Baked Roll White Cake	Green Salad <i>or</i> Soup Du Jour Meatloaf/Gravy <i>or</i> Turkey Cutlet/Garlic Tomato Sauce Fresh Mashed Potatoes/Gravy Bacon Brussels Sprouts Baked Roll Peach Crisp
S U P	Soup Du Jour Chicken Stew/Biscuits Parmesan Cauliflower Mash <i>or</i> Hoppin' John Parmesan Cauliflower Mash Fresh Cornbread Fudge Squares	Soup Du Jour Manicotti/Cheese Sauce Green Beans Italian <i>or</i> Soft Taco Guacamole Spanish Rice Baked Flan	Soup Du Jour Chicken Adobo Chef's Steamed Vegetable <i>or</i> California BLT Sandwich Green Salad Brownie Butter Bread	Soup Du Jour Tuna Melt on Rye Pickle Spear French Fries <i>or</i> Moroccan-Style Pork Stew with Couscous Grilled Mixed Vegetables Frozen Sherbet Cake	Soup Du Jour Shepherds Pie/Gravy Romaine Salad/Dressing <i>or</i> Turkey Tetrazzini Broccoli Carrot Cake Cookie	Soup Du Jour Chicken Salad on Croissants Sauteed Mushrooms <i>or</i> Homemade Manicotti Sauteed Mushrooms Crusty Garlic Bread Four Layer Pudding	Soup Du Jour Pork Fried Rice Glazed Carrots Spring Eggroll <i>or</i> Sweet Sour Lemon Chicken Glazed Carrots Fried Brown Rice Oreo Ice Cream
	Milk offered at every meal						Week 1

Dietitian's Signature: *Diane Jagu, R.D.N. 6/10/28*
1-1-2018