




























1180 Ben Franklin Hwy
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



- Location Keys**
-  Artistic Expression
 -  Community Connections
 -  Continuing Education
 -  Lifestyle & Leisure
 -  Outing
 -  Physical Engagement
 -  Spiritual Support









- Location Keys**
- 2nd Floor Kitchen 2FK
 - 3rd Floor Bridge Area 3FBA
 - 3rd Floor Game Room 3FGR
 - 3rd Floor West Rear 3FWR
 - Atrium A
 - Back Patio BP
 - Bottle Bar BB
 - Community Room CR
 - Dining Room DR
 - Living Room LR
 - Personal Care PC
 - Private Dining Room PDR
 - Theater T








- Thursday**
- 8:00  Walking Club 1
 - 10:30  B/P Check [PDR] 1
 - 12:30  "Just Us Gals" [T]
 - 1:00  Poker [3FWR]
 - 1:30  Town Hall
 - 2:30  Cash in your Bingo Bucks [2FK]
 - 3:30  Happy Hour w/Lorrie & James
 - 6:00  Dermatology presentation "Healthy Skin & Skin Cancer Awareness"










- Friday**
- 8:00  Walking Club 2
 - 9:00  **Errand Express-Douglassville Loop** 2
 - 10:15  Seated Volleyball [CR]
 - 10:30  Featured Vendor - Jewelry by Diane Quick [LR]
 - 11:30  **Lunch outing to Sunnybrook**
 - 1:00  Poker [3FWR]
 - 2:00  Mini Manicures [2FK]
 - 2:30  Scattergories w/ Josie
 - 4:00  Catholic Communion Service [T]
 - 6:00  Friday Flick- Residents Choice











- Saturday**
- 12:45  Rummikub [3FGR] 3
 - 2:30  Quarter/ Dime Bingo [2FK] 3
 - 6:00  Movie Night-"When We First Met" starring Adam Devine [T]









- Sunday**
- 9:00  Worship Service w/ the Moses Family [T] 4
 - 1:00  Sunday Service w/ Fr. David from St. Gabe's [CR]
 - 3:00  Sunday Scrabble [3FGR]
 - 6:00  Movie Night-"The Producers" Starring Gene Wilder [T]





- Monday**
- Today is National Cheese Doodle Day!** 5
- 8:00  Walking Club
 - 10:30  Seated Exercise [CR]
 - 12:30  **Errand Express-Walmart**
 - 12:45  Pinochle [3FGR]
 - 1:00  "Ask a Nurse" W/Peg Stoudt from Health Calls
 - 2:30  Bingo [2FK]
 - 4:00  Beer & Wine w/ Tom on Piano
 - 6:00  Kings in the Corner-Card Game [3FGR]





- Tuesday**
- Today is National Dress Day & Oreo Cookie Day** 6
- 8:00  Walking Club
 - 9:00 "Bake Shop"
 - 10:30  Noodle Ball [CR]
 - 1:15  Mini "Spin class" [CR]
 - 1:30  Candlelight Planning Meeting [PDR]
 - 2:00  Dining Services Meeting [PDR]
 - 2:30  Celebrate Oreo cookie day w/ cookies & tea [BB]
 - 4:45  Bingo Night At The Center at Spring Street









- Wednesday**
- HAPPY BIRTHDAY CATHERINE S.!** 7
- 9:00  "Bake Shop" [2FK]
 - 9:00  Yoga [CR]
 - 10:30  Alzheimer's Support Group [PC]
 - 10:30  Seated Exercise [CR]
 - 12:45  Canasta [3FGR]
 - 1:00  "Laugh a Day" Presentation by Chestnut Knoll [CR]
 - 1:00  Wii Bowling [3FBA]
 - 2:30  Quarter/Dime Bingo [2FK]
 - 6:00  Pool

- Thursday**
- Today is International Women's Day** 8
- 8:00  Walking Club
 - 9:00  **Outing to Boscov's East & Lunch at the Greenery**
 - 10:30  B/P Check [PDR]
 - 12:30  "Just Us Gals" [T]
 - 1:00  Poker [3FWR]
 - 1:30  Heart Healthy Menu kickoff [DR]
 - 2:00  Shuffleboard [2FK]
 - 3:00  "Bake Shop" [2FK]
 - 3:30  Happy Hour w/Michael Kropp & Bloody Mary's [A]
 - 7:00  Dress Sale! All dresses \$25-Proceeds go to send care packages overseas [CR]










- Friday**
- Today is National Get Over it Day** 9
- 9:00  **Errand Express-Douglassville Loop** 9
 - 10:15  Seated Volleyball [CR]
 - 10:30  Featured Vendor - Mary Anne Johns [LR]
 - 1:00  Art Class w/ Tammy [CR]
 - 1:00  Poker [3FWR]
 - 2:00  Mini Manicures [2FK]
 - 3:00  Board Games w/ Josie
 - 6:00  Friday Flick- Residents Choice









- Saturday**
- 12:45  Rummikub [3FGR] 10
 - 2:30  Quarter/ Dime Bingo [2FK] 10
 - 3:30  **Shuttle to St. Gabe's Catholic Church**
 - 6:00  Movie Night-"Evan Almighty" Starring Steve Carell [T]











- Sunday**
- Daylight Saving Time Begins** 11
- 9:00  Worship Service w/ the Moses Family [T] 11
 - 1:00  Sunday Service w/ Fr. David from St. Gabe's [CR]
 - 3:00  Sunday Scrabble [3FGR]
 - 6:00  Movie Night-"Paddington" Starring Hugh Bonneville [T]




- Monday**
- Today is National Napping Day** 12
- 9:00  **Errand Express-Giant/Target**
 - 10:00  Leave to volunteer at Pottstowns Community Table
 - 10:30  Seated Exercise [CR]
 - 12:45  Pinochle [3FGR]
 - 1:30  Mini Spin Class [CR]
 - 2:30  St Patrick's Day Bingo [2FK]
 - 4:00  Beer & Wine w/ Tom on Piano
 - 6:00  Kings in the Corner-Card Game [3FGR]

- Tuesday**
- Today is National Good Samaritan Day - Do something Good for someone** 13
- 8:00  Walking Club
 - 9:00  Grief Support Group w/ Don Eisenhower [CR]
 - 10:30  Noodle Ball [CR]
 - 1:00  Irish Music by Rev Steve Simpson [A]
 - 1:00  Senior Circle Bridge [3FGR]
 - 2:00  Seated Yoga w/ Vicky [CR]
 - 3:00  **Movie Outing TBA**

- Wednesday**
- Today is National Potato Chip Day** 14
- 9:00  Yoga [CR]
 - 10:30  Seated Exercise [CR]
 - 11:00  **Men's Outing w/ Michael to Kelsey O'Shay's**
 - 12:45  Canasta [3FGR]
 - 1:00  Activities Meeting- Bring your ideas & suggestions [PDR]
 - 1:00  Wii Bowling [3FBA]
 - 1:30  The Blue Mountain Strings Perform [A]
 - 2:30  Quarter/ Dime Bingo [2FK]
 - 6:00  Pool

- Thursday**
- HAPPY BIRTHDAY STEVE B.!** 15
- 8:00  Walking Club
 - 10:30  B/P Check [PDR]
 - 11:00  Outing to The Center at Spring Street for Lunch & Entertainment
 - 12:30  "Just Us Gals" [T]
 - 1:00  Poker [3FWR]
 - 2:00  Shuffleboard
 - 3:30  Happy Hour sponsored by Senior Helpers w/ Steve Walker- Irish show
 - 6:00  Tai Chi w/ Betsy [CR]

- Friday**
- Today is National Get Over it Day** 16
- 8:00  Walking Club
 - 9:00  **Errand Express-Douglassville Loop** 16
 - 10:15  Seated Volleyball [CR]
 - 10:30  Featured Vendor - Barbara Lambriodes [LR]
 - 11:00  **Outing to Doc's Irish Pub**
 - 1:00  Robert Moulant-18th Century Irish Music [A]
 - 1:00  Poker [3FWR]
 - 2:15  Shamrock Shakes [BB]
 - 4:00  Catholic Communion Service [T]
 - 6:00  Friday Flick- Residents Choice

- Saturday**
- St. Patrick's Day** 17
- 10:00  Necklace Beading w/ the Harris' [CR]
 - 12:30  Mini Manicures [2FK]
 - 12:45  Rummikub [3FGR]
 - 1:00  Sing-A-Long w/ Dave Antonio [A]
 - 2:30  Quarter/ Dime Bingo [2FK]
 - 3:30  **Shuttle to St. Gabe's Catholic Church**
 - 6:00  Movie Night-"My Fair Lady" [T]

March 2018

Independent Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY BIRTHDAY MOONIE V.! 18 9:00 † Worship Service w/ the Moses Family [T] 12:00 † Shenkel UCC Service [CR] 1:00 † Sunday Service w/ Fr. David from St. Gabe's [CR] 3:00 🎒 Sunday Scrabble [3FGR] 6:00 🎬 Movie Night-"Mad Money" Starring Diane Keaton [T]	Today is National Let's Laugh Day 19 10:30 🚶 Seated Exercise [CR] 12:30 ★ Errand Express-Redner's 12:45 🎲 Pinochle [3FGR] 2:30 🎲 Bingo [2FK] 4:00 🍷 Beer & Wine w/ Tom on Piano 6:00 🎲 Kings in the Corner-Card Game [3FGR]	Today is the First Day of Spring 20 8:00 🚶 Walking Club 10:30 🚶 Noodle Ball [CR] 12:30 ★ Outing to The Dollar Tree 2:30 🎲 Board Games w/ Josie 3:00 🎲 New Resident & Family Orientation [CR] 6:00 🎷 Daniel Boone Jazz Band Performs [A]	Mediterranean Theme Dinner Tonight 21 8:30 🍳 Breakfast with the Managers [BB] 9:00 🚶 Yoga [CR] 10:30 🚶 Zumba Gold w/Linda [CR] 12:45 🎲 Canasta [3FGR] 1:00 † Interfaith Service [CR] 1:00 🚶 Wii Bowling [3FBA] 2:30 🎲 Quarter/ Dime Bingo [2FK] 3:30 🎲 Happy Hour w/ Mya The Bellydancer [A] 6:00 🚶 Pool	HAPPY BIRTHDAY JOHN A., KATHY B. & DON V.! 22 10:00 🎲 90's Group [3FGR] 10:30 🚶 B/P Check [PDR] 12:30 🎲 "Just Us Gals" [T] 1:00 🎲 Poker [3FWR] 2:00 🚶 Shuffleboard 3:30 🎲 Happy Hour w/Joe Soltysik [A] 3:30 🎲 90's Group [3FGR] 4:45 ★ Dinner Outing to Red Robin	Today is National Puppy Day 23 8:00 🚶 Walking Club 9:00 ★ Errand Express-Douglassville Loop 10:00 🎒 Featured Vendor- Candy Sale by St Andrews Church [LR] 10:30 🚶 Seated Volleyball Tournament w/Tri County Senior Center [CR] 1:00 🎲 Poker [3FWR] 1:30 🚶 Mini Spin Class 6:00 🎲 Friday Flick- Residents Choice	HAPPY BIRTHDAY ETHEL M.! 24 12:30 🎲 Mini Manicures 12:45 🎲 Rummikub [3FGR] 1:30 🎒 "Bake Shop" for Bake Sale 2:30 🎲 Quarter/ Dime Bingo [2FK] 3:30 ★ Shuttle to St. Gabe's Catholic Church 6:00 🎲 Movie Night-"Love sick" Starring Matt LeBlanc [T]
Palm Sunday 25 9:00 † Worship Service w/ the Moses Family [T] 10:00 † Palm Procession w/ St Gabes [A] 12:00 🎲 Friends & Family Dinner [DR] 12:00 🎒 Easter Flower Sale & Pictures with the Easter Bunny [LR] 1:00 † Sunday Service w/ Fr. David from St. Gabe's [CR] 3:00 🎲 The Eurillo studio of Music Performs [LR] 6:00 🎲 Movie Night-"The Passion of Christ" [T]	Today is National Spinach day 26 9:00 ★ Errand Express-Walmart 10:30 🚶 Seated Exercise [CR] 12:45 🎲 Pinochle [3FGR] 1:00 🎒 Presentation on Senior Fraud & Medicare Fraud [CR] 2:30 🎲 Bingo [2FK] 4:00 🍷 Beer & Wine w/ Tom on Piano 6:00 🎲 Kings in the Corner-Card Game [3FGR]	Today is National Diabetes Awareness Day 27 8:45 ★ Outing to The Sands Casino 9:00 🎒 "Bake Shop" for Bake Sale [2FK] 10:30 🚶 Noodle Ball [CR] 12:30 🎒 Afternoon Chair Travel to Ireland [T] 1:00 🎒 Senior Circle Bridge [3FGR] 2:00 🚶 Seated Yoga w/ Vicky [CR] 6:00 🎲 St Patrick's Day Bunco [3FGR]	9:00 🎒 "Bake Shop" for Bake Sale [2FK] 28 9:00 🚶 Yoga [CR] 10:30 🚶 Seated Exercise [CR] 12:30 ★ Outing to see "Guys & Dolls" at the Fulton Theater 12:45 🎲 Canasta [3FGR] 1:00 🚶 Wii Bowling [3FBA] 1:30 🎲 Cash in your Bingo Bucks [2FK] 2:30 🎲 Quarter/ Dime Bingo [2FK] 6:00 🚶 Pool	Today is National Vietnam War Veterans Day 29 8:00 🚶 Walking Club 9:00 🎒 "Bake Shop" [2FK] 9:30 🎒 St Gabes Easter Egg Hunt [BP] 10:30 🚶 B/P Check [PDR] 12:30 🎲 "Just Us Gals" [T] 1:00 🎲 Poker [3FWR] 1:30 🎒 Sing A long W/ Tom & Mary [LR] 2:30 🚶 Shuffleboard 3:30 🎲 Happy Hour w/Bill Minnich	8:00 🚶 Walking Club 30 9:00 ★ Errand Express-Douglassville Loop 9:45 🎒 Outing to Lancaster Marionette "Peter Cottontail" 10:15 🚶 Seated Volleyball [CR] 10:30 🎒 Featured Vendor - Villa Bakers [LR] 1:00 🎲 Poker [3FWR] 1:30 🎲 March Birthday Party 6:00 🎲 Friday Flick- Residents Choice	12:30 🎲 Mini Manicures [2FK] 31 12:45 🎲 Rummikub [3FGR] 2:30 🎲 Quarter/ Dime Bingo [2FK] 3:30 ★ Shuttle to St. Gabe's Catholic Church 6:00 🎲 Movie Night-"Treasure Hounds" Starring Norm Macdonald [T]